



## STAGE 3 CAMP

Dear Parents and Carers,

Camp is less than three weeks away and the excitement is building. Most of the students in years 5 and 6 will be attending camp. Details are below.

*[Please note that year 6 students attending a public High School will have their orientation session the day before camp begins on the 28 November. Please ensure that they come to school ready for camp on Wednesday 29 November.]*

**When:** Wednesday 29 November – Friday 1 December

**Where:** Sydney Academy of Sport And Recreation - Narrabeen

**Time:** Departs RPS 29/11/2023 arrive by 9:00am and returns 1/12/2023 by 3:00pm

**Travel:** Coach with seat belts

**Teachers:** Mrs Taylor, Mr Ross, Miss Yap, Mrs Jaitani and our SLSO, Miss May

If you need to contact your child while on camp, please contact the school on **9638 1568** to arrange communication with the onsite teachers and supervisors. General enquiries can be made to Narrabeen by calling, **13 13 02**.

**Angela Taylor**  
Assistant Principal

**Warren Yee**  
Principal

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### STAGE 3 CAMP PHOTO PERMISSION

*(Please complete and return to class teacher)*

Students may NOT bring phones, cameras or electronic devices on camp. Regular photos of the camp will be shared via Rydalmere PS's Facebook page. Please complete the form and return it by **Friday 17 November**.

STUDENT NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_

☐ has permission to have their photo published on RPS's Facebook page

☐ DOES NOT have permission to have their photo published on RPS's Facebook page

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Warm regards,

**Angela Taylor**  
Assistant Principal

**Warren Yee**  
Principal



## STAGE 3 CAMP Packing list

Please note this packing list is the same one shown on the Sydney Sport and Recreation Camp website when registering your child.

Luggage should be **limited to one bag** equivalent in size to airline 'carry on' luggage with **maximum weight of 10kg** and a separate sleeping bag, plus a small backpack per child. Remember, your child will be required to carry their luggage so it is essential to make sure it is not too big or heavy.

### WHAT TO WEAR TO SCHOOL ON WEDNESDAY 29 NOVEMBER

- |   |   |
|---|---|
| <input type="checkbox"/> shorts         | <input type="checkbox"/> socks and enclosed shoes (joggers) |
| <input type="checkbox"/> t-shirt        | <input type="checkbox"/> hat and sunscreen                  |
| <input type="checkbox"/> jumper if cold |   |

### WHAT TO BRING IN THEIR SMALL BAG

- |   |   |
|---|---|
| <input type="checkbox"/> morning tea – low litter           | <input type="checkbox"/> small pencil case, pen, pencils, sharpener |
| <input type="checkbox"/> lunch – low litter                 | <input type="checkbox"/> water bottle                               |
| <input type="checkbox"/> sunscreen and hat                  | <input type="checkbox"/> raincoat that must be knee length and      |
| <input type="checkbox"/> insect repellent (NO AEROSOL CANS) | WATERPROOF- not a spray jacket                                      |

### WHAT TO PACK IN THEIR LARGE BAG (10 kg limit)

#### Bedding

- ☐ pillow
- ☐ warm sleeping bag **OR** doona and top and bottom sheets

#### Personal Items

- |  |   |
|--|---|
| <input type="checkbox"/> toiletries (soap, toothbrush, toothpaste, brush or comb in a container or a sealable plastic bag) | <input type="checkbox"/> two pairs of underpants                      |
| <input type="checkbox"/> towels (1 x bath and x 1 for kayaking)  | <input type="checkbox"/> four pairs of socks                          |
| <input type="checkbox"/> three large plastic bags for wet/dirty clothes  | <input type="checkbox"/> travel pack of tissues                       |
| <input type="checkbox"/> teddy bear or soft toy if needed  | <input type="checkbox"/> ONE old pair of joggers to wear in the water |
| <input type="checkbox"/> book to read, playing cards ( <b>NO</b> electronic games, smart watches, iPads or mobile phones)  | Optional - thongs to wear in the shower                               |

#### Clothing

- ☐ two pairs of jeans or track pants
- ☐ two shirts- both must be long-sleeved
- ☐ two t-shirts
- ☐ two warm jumpers or jackets
- ☐ Kayaking/water activities gear- swimmers, board short, rash shirt and towel
- ☐ Pyjamas or tracksuit to sleep in. These are not to be worn outside- they need to stay clean.



# STAGE 3 CAMP AGENDA

WEDNESDAY			THURSDAY	FRIDAY
Time	Activities		Activities	Activities
8:00			BREAKFAST	
9:00	Session 1 (9-12pm)	Orienteering	Initiatives	Kayaking
10:30		Archery Tag	Archery Tag	Kayaking
12:00	LUNCH			
1.00	Session 2 (1-4pm)	Archery	Bushwalk	Pack up
2.30		Scooters	Damper	Bus home
4-5:30	Lodges			
6:00	DINNER			
6:45-8:30	Night Show	Games in the gym	Tabloids in the gym	

