



16 August 2023

LIFE EDUCATION 2023 - PRESCHOOL

Dear parents/carers,

Life Education NSW, Healthy Harold Program, will be visiting our school Monday 4th September to Wednesday 6th September 2023. Students from Preschool to Year 6 will attend. The preschool program supports children's learning and development to live a safe and healthy life. The play based incursion is fun, interactive and designed to help build healthy, safe and mentally resilient little people. The program is suitable for children aged 3-5 years.

The 45 minute interactive program is an interactive session facilitated by the Life Ed Educators. The session includes storytelling, music and songs, energetic active games and hands-on learning experiences.

Preschool students will attend the program called '**Harold's Friend Ship**'. During 'Harold's Friend Ship, students will learn to recognise the importance of relationships and gain skills to seek help in a variety of situations. They have opportunities to practice strategies to manage their feelings and emotions.

COST: \$12.00

The cost per child includes the Life Education lesson, a student workbook and a sticker for each child. Please complete the permission note attached and return to the school office by **Friday 25th August 2023**.

Belinda Arnott

Life Education Coordinator

Corinne Campbell

Principal

Life Education 2023 - Permission to Attend & Payment Confirmation

I give permission for my child..... of preschool group to attend the Life Education lesson to be held Monday 4th September to Wednesday 6th September 2023.

Payment Confirmation. I have:

- I have paid \$12.00 online using the Parent Online Payment (through school website)

Receipt number: _____ Date of Payment: _____

- I have enclosed \$12.00 cash payment with this note
- I have paid \$12.00 by EFTPOS at the school office

If you are unable to pay due to financial hardship, you may be eligible for assistance from the school. Please contact the school office for further information.

Signed..... (parent/carer) Date:.....