



A publication of Rydalmere Public School



Term 4: Issue 17

11 November 2013

DATES TO REMEMBER	
Term	
14.11.13	1-2-3 Magic & Emotion Coaching Parent Course, 10am-12 noon at school.
14.11.13	“Mini Kindy” transition day – What do I pack in my School bag? - 11:30am-12:45pm
20 & 21.11.13	Life Education visits
21.11.13	P&C Meeting in the Library – 7pm
29.11.13	School Disco and Christmas Stall 5 – 7pm – All welcome
4.12.13	High School Orientation Day
5.12.13	P&C Annual General Meeting + General Meeting in the Library – 7pm
10.12.13	Presentation Day – Ermington Community Hall – 10am
12.12.13	Year 6 Farewell
17.12.13	Fun Day – Class Parties
18.12.13	Last Day for students for the year

FROM THE PRINCIPAL

Dear Parents,

Welcome to the ‘new-look’ newsletter with our new school logo. The Communication Steering Group has worked tirelessly for the past two years in re-designing the school image which includes the new logo. The Blue Wren has taken on a modern design and the new school colours – red, navy and white, look great. The new uniform is nearing closer to a launch date. All new students in 2014 will be purchasing the new uniform. Students are very excited about the change. This will bring a fresh look to our school and distinguish Rydalmere Public School from other local schools in the community.

Last week all teachers, students and parents farewelled Mr Naylor and wished him all the best for his new school. Having taught many students whilst being the teaching principal, Mr Naylor spoke fondly of his time at Rydalmere. We welcome Miss Melissa Gallace to teach 4/5/6R for the rest of this term whilst I am Acting Principal. Miss Gallace has been a valued casual teacher this year and the students in 4/5/6R will no doubt enjoy having her as their teacher.

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Remembrance Day

Students and teachers gathered together at 11:00am today to acknowledge Remembrance Day. Today is a significant time for all to stop and observe a minutes silence at 11:00am to remember the sacrifice so many men and women have made during times of war.

Teacher Professional Learning

All class teachers have attended professional learning workshops and spent time looking at the new English Syllabus which is to be taught from the beginning of 2014. The new syllabus expands the skills of students and ensures they learn how to reflect on their personal learning experiences. The new English Syllabus is the first of many new documents to come into effect over the next three years. These new documents have been designed to reflect the new Australian curriculum.

Mandy Ryan

Acting Principal

LIBRARY NEWS

This week will be the last week students may borrow books from the school library. All books will need to be returned any day from Monday 18 November so the annual Library Stocktake can commence.

Overdue notices will be sent home this week. If your child has misplaced the book, please see the office to pay for a replacement.

Cynthia Brady
Librarian



Rydalmere Public School

Parents - Friends - Community

Ladies Market Night

Once again the Ladies Market Night has been a huge success! Funds raised totalled \$3234. Thank you to the organisers – Michelle and Dorothy and to all the parents, teachers and friends who volunteered their time and skills to achieve such a wonderful result. Well done!

Change of plan

We are now combining the Term 4 disco/BBQ and the Christmas gift stall to have them on the same evening. The Christmas gift stall will run while the disco is on.

Term 4 disco / BBQ and Christmas Stall - Friday 29th November 5pm to 7pm.

We would love to have everyone come along and celebrate all our achievements of 2013 with an end of year disco and BBQ. A chance for the students, parents and friends to start winding down to a well needed break. This is also a great opportunity to buy those last minute gifts for family and friends.

More information about the Disco and Christmas stalls will be sent home this week. Look out for the flyers in your children's bags ☺

School Banking

School banking day is Wednesday. Melissa Ball (Lachlan's Mum from Year One) is co-ordinating school banking.

Canteen

The canteen is open:

Wednesdays: Canteen is open for sandwiches, hot food and snacks.

Thursdays: The year 6 students are selling ice-creams in the canteen.

Fridays: Every 2nd Friday for sandwiches, hot food and snacks.

Open Friday 22nd November and Friday 6th December

We would love to get the canteen opened more often so **if you can spare an hour or two please see Jenny Mercer** (Canteen Co-ordinator) or give her a call on 0419299784. Jenny is Aliyah's Mum in Year 5 ☺

Our next get-together - Thursday 21st November 2013

Join us in the Library on Thursday 21st November at 7pm for the November P & C Meeting. Come for a chat and have some input into what is being planned for the time ahead ☺

Our final get-together for 2013 – Thursday 5th December 2013 Annual General Meeting (AGM) and General Meeting

Our Annual General Meeting will be held on Thursday 5th December at 7pm in the Library. This will be followed by the final general meeting for this year.

At the AGM, there will be a time for the Election of Office Bearers for the Parents and Citizens Committee. If you are interested in nominating for any of the positions or know someone that might be, please come along and be involved. All positions are up for re-election. A note was sent home last week with your children with more information.

Uniform Shop - open on Fridays

When you need some uniforms, come and see Yvette and Maryanne on **Friday mornings from 8:50am - 9:15am** (just down the corridor from the front desk in the office building). If you're unable to make it on Friday, you can leave your order with the office staff or see Rita Cottam.

Courses run by Parramatta Mission: please see attached flyers for information on these courses.

See you around 😊

Ladies Market Night

Congratulations to all those people who helped in so many ways to make the Ladies Market Night a huge success. In particular the teachers who went above and beyond, it was greatly appreciated and the school looked beautiful.

We had even more participants than the previous year, with a number of the silent auctions very hotly contested. The bubbly and desserts were a big hit with everyone.

It was pleasing to see many of the stallholders had returned from last year to join in the fun that everyone had. The new stallholders brought a range of exciting products for all the ladies to enjoy.

A huge thank you goes out to all the businesses who made a donation, we ended up with over \$7500 worth of vouchers to give away and products to use in the running of the night.

Again, a big thank you on behalf of Rydalmere Public School to all those who came along and had fun on Friday night, we raised over \$3000. which is a great outcome. We look forward to seeing you all again at next years' Ladies Market Night which promises to be even bigger and better.

We still have 4 rego checks valued at \$36 each for a start price of \$10 and a minor service valued at \$250 start price of \$50 if anyone is interested they can see the ladies in the office, this is a first in offer.

Thankyou
Michelle Bolliger
Market Night Coordinator

COMMUNITY NEWS

See following pages



Attention Parents: Come and join the party!

Fitness for adults. Great cardio workout if you're looking to shed a few extra kilos, while toning up. No experience required, suits all levels of skill and fitness!

RYDALMERE PUBLIC SCHOOL HALL

6.30PM WEDNESDAY NIGHTS

CALL, TEXT OR EMAIL TO REGISTER

KAREN 0423 688 088 j.k.bates@hotmail.com

Cost \$10 per class

Classes start 6th April.

Homework Group/ Parent Support Group

Need help assisting your children to complete their homework? Like most parents, helping your children to complete their homework can sometimes be challenging. So why not register for our Homework Group for your child/children.

The lead facilitator will be supporting your children to complete their homework on a weekly basis, in a safe, supportive and encouraging environment.

Details:

Location: Rydalmere Public School (Library)

When: Tuesday from 3-4pm.

First session will take place on the 4th Feb 2014

Contact: Nada on 0448 825 219 for registration

PLAY TENNIS

Professional tennis coaching and training

Tennis promotes health and wellbeing, improves fitness and strength, positivity and an overall healthy mind and body.

Group Lessons

45 minutes

\$15 per lesson

Lesson Times

Monday 3.00-3.45/ 3.45-4.30

Thursday 3.00-3.45/ 3.45-4.30

NEW SATURDAY LESSONS starting 24th August

Saturday 9.00-9.45/ 9.45-10.30

10.30-11.15 /11.15-12.00

Tennis racquets are provided and can be purchased at lesson. Beginners, intermediate and advanced students all welcome.

Court Location: Dundas Public School, Calder Road Dundas 2117.

For bookings & enquiries, call Lauren any time on 0410439943.

The LDC's Term 4 seminar is coming up. This seminar will be relevant for teachers, parents and health professionals. A registration form is attached (please fax/post/email to the office) or you can register online next term: www ldc org au

**Sleep Deprivation in Children & Teenagers:
How parents and teachers can recognise it and what they can do to help**

Presented by Dr Chris Seton - Paediatric & Adolescent Sleep Physician

Tuesday 12 November 10am - 12pm (including question time), Parramatta Leagues Club

Cheers,
Wendy
LDC Office

Give your child the best start in life with Move, Play & Learn.

Date: Mondays during the school term
(starting 14th October)

Location: Parramatta Town Hall, Church St.

Move, Play & Learn is a pre-school program for young children aged 18 months to 4 years, to assist with their physical and gross-motor skill development.

The structured program gives you and your child the opportunity to socialise with other young families, learn about healthy lifestyles and encourage active play and movement.

For session times and to register visit
www.parracity.eventbrite.com.au

PARRAMATTA
FUTURE GENERATION



1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A three-session program for parents and carers
at Rydalmere Public School
John Street, Rydalmere
on 14th of November at 10-12pm.

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

Registration

Register for this course contacting Rita Chemouni at Parramatta Mission on 0400393513

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

Who is running it?

The presenter for this course is Rita Chemouni who completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training in 2012.

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that only parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control!

For more information call Rita on 0400393513

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au

Entering Employment Program

Are you looking for a new job?

or

Are you entering the workforce after some time off?

Why not join us in a NEW employment program.

The 'Entering Employment Program' will provide valuable information to help you secure employment. Learn the steps into designing an application cover letter and resume, gain practical skills for the interview process, learn techniques to stand out from the other applicants.

Date: Wednesday

Time: 1:00pm-2:30pm

Venue: Telopea 'Schools as Community Centres Project'. (SaCC)

Childcare: **FREE** childcare is available.

Register: **Nada Mohamed** (Family and Community Worker) Parramatta Mission

phone: 0448825219

Or

Pip Martins Telopea SaCC Facilitator

phone: 9898 3448

email: phillipa.martins@det.nsw.edu.au

Bookings are essential for this FREE course.

Afternoon Tea will be provided.



SOUTHERN CROSS CULTURAL EXCHANGE

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students. These students arrive in February 2014 for 3, 5 or 10 month programs in Australia. Our international students from France, Germany, Italy, Austria, Finland, Canada, U.S.A, Colombia, Mexico and Japan will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaust@scce.com.au or call us toll free on **1800 500 501** to request our international student