



# The Link

*A fortnightly publication of Rydalmere Public School*

Term 3: Issue 13

2 September 2013

## DATES TO REMEMBER

Term 3	
2.9.13	Celebrating the Arts Concert – Riverside Theatre, Parramatta
4.9.13	“Paint Parra Read” – Ermington Library (Years K-2)
7.9.13	Election Day BBQ
19.9.13	P & C meeting - 7pm - Library
16.10.13	Kindergarten Orientation Morning

## FROM THE PRINCIPAL

### Rydalmere Public School - improving communication

Rydalmere Public School is making strides into social media with the establishment of a twitter account. The idea is to be able to communicate the life of the school more immediately. Teachers will be able to tweet events as they happen and even class activities if appropriate. Parents will be able to become members by becoming a follower and as a result receiving all the tweets from the school. Parents are also able to tweet and retweet. The twitter account will be monitored and the following rules will apply:

- Children's names will not be mentioned
- Only school activities, or matters pertaining to areas of interest to the school and community, will be the subject of the account
- The Principal will monitor and vet followers and posts
- If a follower is deemed inappropriate, they will be blocked
- Followers who post inappropriate content will be immediately blocked

The twitter handle is @rydalmereps. Please do a search and become a follower.

*Risks of social media to the children and the school.* We are very aware of the risks to children of having their images put on the internet. This risk is addressed in the rules that surround our use of Twitter and its my responsibility to monitor the account. The teachers also take responsibility to only place images of the children and make comments about them and the school that enhance the life of the school. The responsibility of tweeting parents is to respect the rules as well. Although all parents have given permission for the school to use the images of their children, any parent who has concerns should contact the school and speak to an executive member, Mrs Ryan or myself.

In the spirit of including other schools in the larger DEC, Mount Pritchard Public School is following us and we are following them, and so you will see their “feed” included on our page. We will not be following any individuals to ensure that personal/private matters are kept separate from public/school matters.

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Fax: 9898 0161 Web: www.rydalmere-p.schools.nsw.edu.au



## MultiLit

A recent article in the Australian mentioned MultiLit as part of a review. "A new report released on 22nd August by the Australian Council for Educational Research (ACER) has found that the MultiLit Reading Tutor Program is one of only 2 literacy interventions out of the 15 reviewed that is backed by solid evidence that it helps struggling children learn to read." You may know that Rydalmere Public School has used this program for some years now to good effect. We are proud of our use of research-backed programs that we know work in the interests of our children. Two other research backed programs at our school are L3 in Kindergarten and Focus on Reading in the primary school. The use of these three programs has resulted in large gains in reading throughout the school reported in the Annual School Report which is available on the school website. I am very proud of the work of our students and teachers and applaud their efforts.

## BOOK WEEK VISIT TO ERMINGTON LIBRARY

On Thursday 29 August, all students Years 3-6 walked to Ermington Library to take part in a Book Week performance. The performance was based on the Book Week theme '*Read Across the Universe*'. The performance included a discussion about reading in space, learning about some of the books short listed for awards this year and some balloon art. Two students had a space jet pack and a martian made out of balloons for them to keep. All students really enjoyed the performance and were keen to visit the library again in their own time. – Mandy Ryan



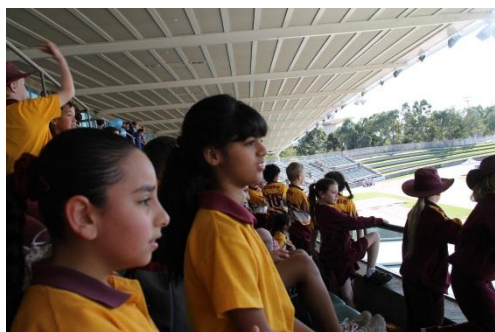


### **Celebrating The Arts**

We wish all the choir members good luck for their concert tonight at Parramatta Riverside Theatres. The students are very excited about singing on stage in a choir with more than 200 children from schools in the local area. – Mandy Ryan

### **Zone Athletics**

The Zone Athletics Carnival was held last week with a group of children from Rydalmere competing in many events. The students represented the school in an exemplary manner in effort, achievement and conduct. It is always wonderful to see the school values of Respect, Responsibility and Learning being reflected in outside activities. Two students have been selected to go to Area Championships as a result of achievement during the day. Congratulations to Ulita for qualifying on time in the 200 metres and Ella for qualifying in the discus. Well done to all those who participated, you are a credit to our school.



### **School Environmental Management Plan.**

**Do you wish to make a contribution to the environment of the school? Do you have some good ideas?**

I would like to ask parents to consider being involved in a committee to develop a plan for the care of the school environment. This initial committee will not be large, but should reflect the various arms of the school, be able to work effectively and efficiently and be the group that would direct where the school should go to appropriately develop this school site in the interests of the students. This group will be led by a member of the school executive and will be asked to do the following:

Development of a School Environmental Management Plan (SEMP) which would include

- Use of outdoor areas of the school
- Enhanced garden areas (We have a grant application in to fund a sensory garden)
- Enhanced play areas, cubby house(s) shade areas for passive play or for shelter
- The colour of walls of buildings
- Entry areas to the school to enhance visual appeal
- Other ideas that spring to mind and can be included in the overall plan.
- Implementation of the plan.

If you would like to be involved you can indicate by calling the school office to volunteer. Meetings will be determined by the group according to the need to fulfil the brief above.

**What if I don't want to join the group, but would like to do something else?**

You can indicate that you can provide your enthusiasm and muscle/effort on days when you are available, for example Working Bees, or that you have some specific expertise that you can offer over a limited time. Please call the office and indicate what you can offer.

**Next Week is the School Administrative Staff Recognition Week – Vital to education.**

This is an opportunity for all members of our school community to recognise and celebrate the work of the support staff in our school. The grounds look clean and tidy and well maintained because of the efforts of Clayton Foster. The Office runs smoothly because of the efficiency of Mrs Kushturian (School Administrative Manager) and Mrs Ewings (School Assistant Monday and Tuesday). Mrs MacKay is one of the educators in the Preschool and she is also part of the support staff of the school and should be recognised at this time. Our thoughts also extend to Mr Tony (Cleaner, 25 yrs) who, although he isn't an employee of the school he helps us like he is one. Our great thanks go out to these people who quietly go about their work making this school the great place that we find it to be.

Please make an effort to come to the office during next week especially to thank them for their work. The teaching staff will be having a morning tea to thank them.

*Martin Naylor*

**Principal**

***BOOK WEEK – BOOK FAIR***

*Thank you to all our parents & carers who supported our Book Fair which was held on 20<sup>th</sup> August as part of our Book Week Celebrations. \$1,500 worth of books were purchased. The commission received by the school was \$450 and this will be spent on new books for the school*

**ASSEMBLY AWARDS: 23 August 2013**

<b>Safe Award</b>	Geoffrey L, Madison F, Sam R, Will R
<b>Respectful Award</b>	Oceana F, Adam F, Haania B, Ulita W
<b>Learner Award</b>	Hilal S, Aaesha E, Hayzam N, Summa R



# Rydalmere Public School

Parents - Friends - Community



**It's unbelievable that we have only three weeks of term to go until the spring holiday break. There's been a lot going on. Our primary fundraising event still to come for this term is the Election Day BBQ.....**

## **Election Day BBQ – Saturday 7<sup>th</sup> September**

With less than a week to go – this Saturday 7<sup>th</sup> September, we will be running an Election Day BBQ (Bacon and Eggs, sausages) and a cake stall here on the voting grounds at our school. We will commence at the start of voting – 8am and continue through until 2pm. If you have not yet put your name down to help out on the day, **please complete the note which was sent home with your child recently or see Diane Cole.** There are still some spots remaining where your help would be very much appreciated (either on the BBQ, serving, or selling cakes). We will also be promoting the Ladies Market Night which is coming up soon.

This is not only a great opportunity to help with fundraising but also to showcase how our school community gets involved. Preschool is being involved with this also and preschool parents will be happily baking cakes to donate to the stall.

**We would very much appreciate your donation of home-made cakes or slices for the stall.**

## **Father's Day Stalls**

The children were so excited buying gifts for their dads, grandads, carers and uncles ☺ Thank you to everyone who contributed. We will let you know how much funds were raised and the worthwhile cause they will be put toward in the next newsletter.

**Thank you** to everyone who purchased or was able to sell an Entertainment Book. They have now all been sold ☺

## **Ladies Market Night – Friday 1<sup>st</sup> November**

Keep this evening free! Update meetings about the Market Night are held regularly and everyone is welcome to attend. Please see Michelle or Dorothy to find out when the next meeting is scheduled for. If you are unable to attend and have some ideas/suggestions please let either Michelle or Dorothy know.

## **Reminder:**

### **OOSH (Out of school hours)**

Please return your completed OOSH survey to the school office this week. Thank you.

## **Canteen**

The canteen is now open every 2<sup>nd</sup> Friday.

Wednesdays: Canteen is open for sandwiches, hot food and snacks.

Thursdays: The year 6 students are selling ice-creams in the canteen.

Fridays: Every 2<sup>nd</sup> Friday for sandwiches, hot food and snacks.

**Open Friday 13<sup>th</sup> and 27<sup>th</sup> September.**

We would love to get the canteen opened more often so if **you can spare an hour or two please see Jenny Mercer** (Canteen Co-ordinator) or give her a call on 0419299784. Jenny is Aliyah's Mum in Year 5 ☺

## School Banking

**School banking day is Wednesday.** Melissa Ball (Lachlan's Mum from Year One) is co-ordinating school banking.

## Our next get-together - Thursday 19<sup>th</sup> September 2013

Join us in the Library on Thursday 19<sup>th</sup> September at 7pm. Come for a chat and have some input into what is being planned for the year ahead ☺

## Uniform Shop

### Important notice:

Limited stock is available in the uniform shop and we are not ordering any additional stock for the remainder of the year, so we are asking you to please assess uniform requirements for your children now.

Will you need any summer or sports uniforms?

If so, to ensure you will have what you need, you must pre-order and pay for your uniforms soon. Otherwise you will miss out as we may not have what you need in stock. Thank you!

## Uniform shop - open on Fridays

When you need some uniforms, come and see Yvette on **Fridays mornings from 8:50am - 9:15am** (just down the corridor from the front desk in the office building). If you're unable to make it on Friday, you can leave your order with the office staff or see Rita Cottam.

Enjoy the sunshine.....see you around ☺

## COMMUNITY NEWS



**Attention Parents: Come and join the party!**  
Fitness for adults. Great cardio workout if you're looking to shed a few extra kilos, while toning up. No experience required, suits all levels of skill and fitness!  
**RYDALMERE PUBLIC SCHOOL HALL**  
**6.30PM WEDNESDAY NIGHTS**  
CALL, TEXT OR EMAIL TO REGISTER  
**KAREN 0423 688 088 [jk.bates@hotmail.com](mailto:jk.bates@hotmail.com)**  
Cost \$10 per class  
Classes start 6<sup>th</sup> April.

## Jeans for Genes

Congratulations to students and staff on raising \$55.45 in support of Jeans for Genes and the Children's Medical Research Institute.



# Social Media Forum

Welcoming parents who want to increase their awareness & knowledge about social media, cyber safety and how to discuss this with their children.

Dates:

**Monday 9<sup>th</sup> September 2013**

**Session 1:** Special guest speaker who will be providing useful information & answering questions about social media & cyber safety.

**Monday 16<sup>th</sup> September 2013**

**Session 2:** How can we speak openly with our kids about social media & help them make wise decisions about its use?

Time: 5:15 - 7pm, we would love you to join us for dinner afterwards

Where: 16 Shortland St, Telopea

Cost: Free

Details: Childcare available.

Please contact Jo for more information and to RSVP: **9638 7955**



# PLAY TENNIS

## *Professional tennis coaching and training*

*Tennis promotes health and wellbeing, improves fitness and strength, positivity and an overall healthy mind and body.*

*Group Lessons*

*45 minutes*

*\$15 per lesson*

*Lesson Times*

*Monday/Thursday afternoons*

*3.00-3.45/3.45-4.30*

*Tennis racquets are provided. Beginners, intermediate and advanced students all welcome.*

*Court Location: Dundas Public School, Calder Road Dundas 2117.*

**Tennis Lessons commence on the 4<sup>th</sup> of August 2013. For bookings & enquiries, call Lauren any time on 0410439943.**



**SUE STERN  
PSYCHOLOGY**

# NEUROFEEDBACK

ASSISTANCE WITH

ADD/ADHD

BULLYING

LEARNING  
DIFFICULTIES

BEHAVIOURAL  
PROBLEMS

ANXIETY

MEMORY AND  
CONCENTRATION

32 Albion Street Harris Park NSW 2150

Phone: 9635 6535 Mobile: 0418 113 212

Email: [suestern1@optusnet.com.au](mailto:suestern1@optusnet.com.au)

**FREE fun program for kids to become fitter, healthier & happier**



**Register now for programs in: Parramatta, Granville, Dundas,  
Merrylands**

**Go4Fun**

you have a child 7 to 13 years old?

Are you worried about their weight?

Go4Fun can help & runs after school in school terms

**1800 780 900**

[www.mendcentral.org/go4fun](http://www.mendcentral.org/go4fun)



**Health**  
Western Sydney  
Local Health District





# Paint Parra **REaD**

**READ TO YOUR CHILD FROM BIRTH!!!**

## Annual Reading Days



<b>DUNDAS</b>	Dundas Community Hall, Tuesday 30 <sup>th</sup> July, 10am-12pm
<b>GRANVILLE</b>	Granville Library, Friday 16 <sup>th</sup> August, 10.30am-12.30pm
<b>ERMINGTON</b>	Ermington Library, Wednesday 4 <sup>th</sup> September, 10am-1pm
<b>PARRAMATTA</b>	Parramatta Mall, Wednesday 18 <sup>th</sup> September, 10am-12pm
<b>CONSTITUTION HILL</b>	Constitution Hill Library, Wednesday 23 <sup>rd</sup> October, 11am-12.30pm
<b>GUILDFORD</b>	Guildford Library, Wednesday 6 <sup>th</sup> November, 11am-1pm

**A community literacy  
strategy which aims to  
promote the  
importance of**

**Reading to,  
Talking to,  
Singing to &  
Playing with**

**children from BIRTH**



**Project is a partnership between**

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## Family and Relationship Service July - October 2013

Group	Outline	Date & Time
<b>Triple P Seminar – The Power of Positive Parenting</b>	This one off seminar is for parents of children aged 3 - 8 years. It provides practical answers to everyday parenting concerns. It will look at the power of positive parenting.	<b>Friday Morning</b> <b>19<sup>th</sup> July</b> Time: 10am till 12pm
<b>Beyond Abuse</b>	This eight week program will provide a safe place where women can share their experiences of domestic violence. Support will be offered and education about the cycle of violence. Strategies to challenge the effects of abuse and the new awareness needed for future relationships will be discussed.	<b>Thursday Mornings</b> <b>8<sup>th</sup> August till 26<sup>th</sup> September</b> Time: 10am till 12pm
<b>3 Choices- Incorporating 123 Magic and Emotional Coaching</b>	This three week program will assist parents of children aged 2 – 12 years to: <ul style="list-style-type: none"> <li>Engage children's cooperation</li> <li>Set clear expectations</li> <li>Help children develop frustration tolerance</li> <li>Respond to children's behaviour with less emotion</li> </ul>	<b>Wednesday Evenings</b> <b>7<sup>th</sup> 14<sup>th</sup> &amp; 21<sup>st</sup> August</b> <b>AND</b> <b>4<sup>th</sup> 11<sup>th</sup> &amp; 18<sup>th</sup> September</b> Time: 5.30pm till 8pm
<b>Parenting After Separation</b>	This five week program includes: <ul style="list-style-type: none"> <li>Education on the importance of children's emotional and physical safety</li> <li>Recognition that distress felt in separation is a normal process</li> <li>Acknowledgment that separation creates change which can be viewed as a destructive event or a time for personal growth</li> <li>Education on awareness of parents actions impacting on themselves and their children</li> </ul>	<b>Friday Mornings</b> <b>2<sup>nd</sup> 9<sup>th</sup> 16<sup>th</sup> 23<sup>rd</sup> &amp; 30<sup>th</sup> August</b> Time: 10am -12pm
<b>Engage 4 Mums</b>	This four week program is designed for Mums who have limited time with their children. The program includes: <ul style="list-style-type: none"> <li>Identification of both a healthy and unhealthy relationship; in their lives and with people in authority; the effect of domestic violence on children is discussed</li> <li>Education on the necessity for a child to have a secure base and the importance of attachment with one primary caregiver. Individual grief is discussed with strategies for self care.</li> <li>Modelling the use of play as an engagement tool with children is shown to develop a plan for quality time</li> <li>Persistence and resilience needed for the life long relationship with a child not in their care</li> </ul>	<b>Friday Mornings</b> <b>20<sup>th</sup> 27<sup>th</sup> Sept &amp; 4<sup>th</sup> &amp; 11<sup>th</sup> October</b> Time: 10am -12pm
<b>Prior Booking Essential: 9895 8054</b>	<b>Venue: ANGLICARE Family and Relationship Service</b>	<b>Level 3, 16 Parkes St. Parramatta 2150</b>

To gain a certificate of attendance you must attend all set course days.  
Unfortunately we are unable to offer child minding for any of our courses.