



**THE LINK**

*A publication of Rydalmere Public School*

**Term 4: Issue 5**

**8<sup>th</sup> December 2014**

<b>DATES TO REMEMBER</b>	
<b>Term 4</b>	
<b>9.12.14</b>	Presentation Day
<b>10.12.14</b>	3 Day Pre School - Last day – Party Day
<b>11.12.14</b>	Year 6 Formal
<b>12.12.14</b>	2 Day Pre School – Last Day
<b>12.12.14</b>	Party Day P-6
<b>17.12.14</b>	Last day of school for students
<b>28.01.15</b>	Students return for Year 1 to Year 6
<b>28 to 30.01.15</b>	Best Start Assessment for Kindergarten – please refer to your letter for times and dates

### **From the Principal**

***Wow – Another year almost over!!***

I must start with thanking ALL of you – students, parents and staff for making my first year as Principal of Rydalmere Public School an absolute joy!! Reflecting back on the year, it seems as though the time has flown, but we all know how much hard work, effort and learning has gone into the year that was 2014. Last week, I had the pleasure of presenting to the P&C just ‘some’ of our highlights this year. I’d now like to share this list with you, a list that continues to grow!!

- Increase in student numbers from 95 to 101, plus our preschool at full capacity



**Rydalmere Public School 397 Victoria Road, Rydalmere 2116**

Phone: 9638 1568 Email: [rydalmere-p.school@det.nsw.edu.au](mailto:rydalmere-p.school@det.nsw.edu.au)  
Fax: 9898 0161 Web: [www.rydalmere-p.schools.nsw.edu.au](http://www.rydalmere-p.schools.nsw.edu.au)





- Harmony Day celebrations with an African Drumming Extravaganza put on by the school

## *HARMONY DAY 2014*



*We  
Belong*





Celebrating  
our  
differences  
together in  
Harmony





- Easter Hat Parade



- Our Preschool Rated as **Exceeding National Standards**



- Education Week Open Day and Family Luncheon provided by the school



- Grandparents Day with High-Tea provided for Grandparents, Parents and their children







- Music Count Us in –we joined with 500,000 other students in Australia to sing ‘Paint Me a Song’
- Choir – performed at Celebrating The Arts and was only one of two schools to perform at the Christmas Celebrations in Parramatta



- Small School PSSA Soccer semi-finalists





- Outstanding NAPLAN results showing sustained growth in student achievement through the years
- Community Hub development – so many opportunities for our families and community members thanks to our Hub Leader Margarita Diaz
- Primary OSHCare in 2015 and beyond



- Media appearances x 6: New uniform, Harmony Day, Centre of Sydney, Grandparents Day, Winners of CHS academic challenge & Community Hub Crowd Funding.



- Students who represented our school at District, Regional and state level in athletics, swimming, football and golf





- Hapkido after school
- Playground painting & Sensory Garden



- K-2 excursion to the farm
- 3-6 excursion to Canberra and the snow



- XO rollout P-6





- Talk Like a Pirate Day



- Book Week Parade and visit by Author Michael Salmon



- Cumberland High School Band Performances each semester



- The dedicated staff who make every second of your child's day at school meaningful



Good luck to our out-going Year 6 students – don't be strangers, pop in and say Hi and tell us how you're going. I would like to wish all of our families a safe and happy festive season. We look forward to seeing you all back here in 2015!!

*Bek Jadow*  
Principal



## ASSEMBLY AWARDS: 28th November 2014

<b>Safe Award</b>	Yusura N, Bulut B, William, Barin S
<b>Respectful Award</b>	Alexis B, Tiahna T, Jayden, HaaniaB
<b>Learner Award</b>	Umut B, Terry T, Davood, Haylie H

## Pre-School News



Health  
Western Sydney  
Local Health District

### VISION SCREENING CLINICS

**It is important to identify eye problems early before children start school.**

**If your child is 4 - 5 years old you can make an appointment for a free vision test in your area.**

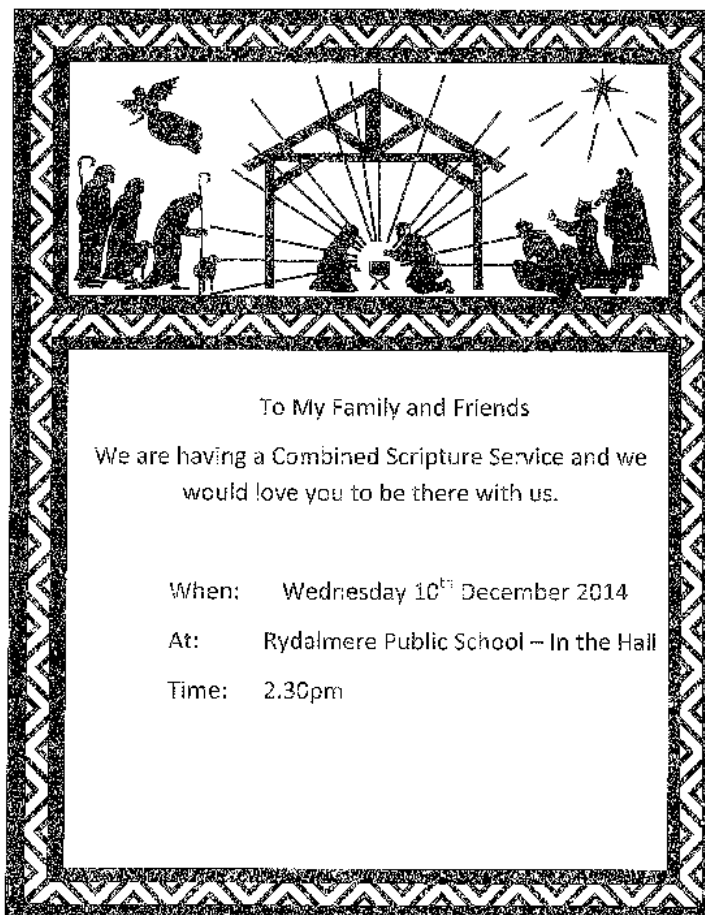
**Bookings are being taken until Friday 19<sup>th</sup> December 2014 or from Monday 12<sup>th</sup> January 2015 (M-F 8.30am – 12.30pm)**

**Clinics will be held up until December 2014 and will be available in the last week of school holidays in January and again in April 2015.**

**For further information and/or details of clinics held please phone 9881 1213.**



## Christmas News



To My Family and Friends

We are having a Combined Scripture Service and we would love you to be there with us.

When: Wednesday 10<sup>th</sup> December 2014

At: Rydalmere Public School – In the Hall

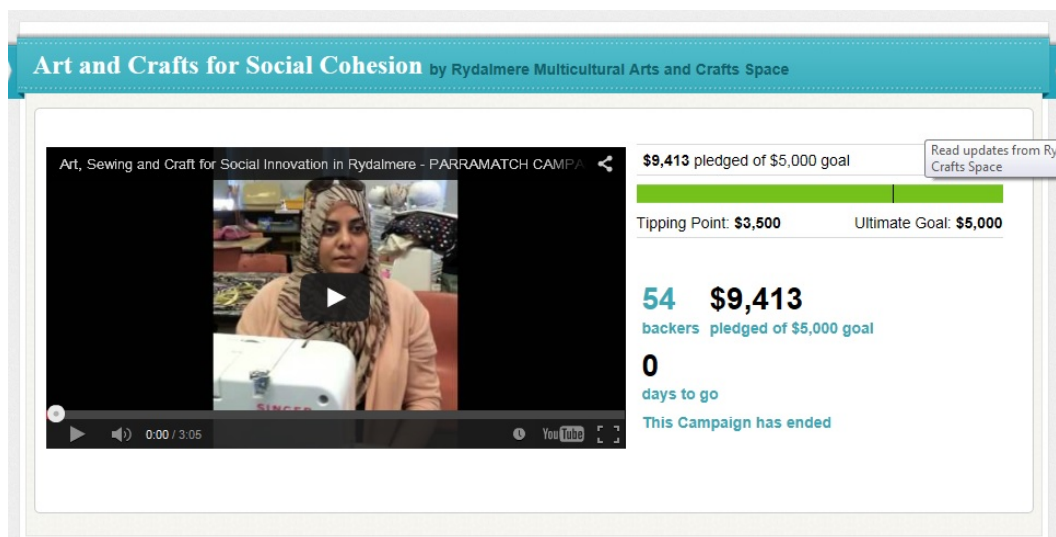
Time: 2.30pm





### Rydalmere Community Hub Update:

-Our project '**Art, Sewing and Craft for Social Innovation**' completed its Parramatch campaign successfully. Rydalmere Public School, Rydalmere Community Hub and our Multicultural Sewing Group want to thank everyone who pledged their support. This achievement is for everyone! We would like to let everyone know that our Multicultural Sewing Program is developing fantastic sewing and craft projects for next year. We will meet as usual, every Friday from 9.15 to 11.15 am



-Our **Fitness Program** will be back next year! We will be offering low impact Fitness Classes every Wednesday and Friday, at the school Hall, from 9.15 am to 10.15 am. Join the fun!

-**Breakfast Club**: Last Friday we had a great breakfast with our school Principal Mrs Bek Zadow. She prepared eggs, toast and delicious pancakes for all students who come regularly to Breakfast Club. Thanks Mrs Zadow! Breakfast Club will be back next year, every Monday, Wednesday and Friday, from 8.30 am to 8.55 am.



## Community Hub Update



**-Rydalmere Playgroup:** Monday 05<sup>th</sup> December we had the visit from Louise, music therapist from Sing&Grow. The children sang, danced and played different types of instruments. Louise explained to parents the importance of music and dance to develop their children's language and motor skills. Rydalmere Playgroup will meet Monday from 9.30 to 11.30 am in 2015.



ALL MEMBERS OF THE COMMUNITY ARE WELCOME TO PARTICIPATE IN THE RYDALMERE COMMUNITY HUB  
ACTIVITIES: MUMS, DADS, UNCLES, AUNTIES, COUSINS, GRANDPARENTS, NEIGHBOURS,  
ETC. Please contact Hub Leader Margarita Diaz, if you have any suggestions or you would  
like to register for any our programs.

Contact: [margarita.diaz7@det.nsw.edu](mailto:margarita.diaz7@det.nsw.edu) mobile: 0434 198 236

Follow us: <https://www.facebook.com/rydalmerehubcommunity>



## School Banking News

### SCHOOL BANKING

As the school year draws to a close it's time to wrap up school banking for another year. The last day for school banking will be Wednesday 10th December. We've had quite a few rewards redeemed by banking children this year, which is fantastic. Just last week the following school bankers received their rewards in assembly:

Oscar, Techit, Gabriel, Zach, Rhys and Luke. Lachlan and Hamish had also received rewards but being the children of the Banking Co-ordinator they refused to wait until assembly! Michael & Hyein also received rewards during this year.

There is a fantastic list of rewards each year for children to claim every 10th deposit. And don't forget, a deposit can be as little as 5c, it doesn't have to be big. This year, there were plush toy keyrings, scented pencils, handballs, projector cups, swimming bags and underwater toys. There will be a new range of rewards next year so I encourage everyone to get into school banking next year so they can claim some of these rewards (and learn to save money, of course!)

I hope everyone has a happy and safe Christmas/New Year and I will see you next school year for more school banking.

Melissa

*Rydalmere Public School  
Parents and Citizens Association*



### Committee's message

Another year has come to an end and as we all enjoy the festivities associated with end of year celebrations we remember the many achievements we as a P&C have made in 2014.

The P&C have hosted a welcome BBQ and a Halloween BBQ, several Bunnings BBQ's and cupcake stalls. We have held Mother's Day and Father's Day stalls, had a successful Easter raffle and several smaller fundraisers along the way. The P&C held their first outdoor movie night which was enjoyed by many and received positive feedback from the school and its community. The P&C was also able to assist in the cost of the school camp for years 3 to 6 and saw the successful implementation of the new uniform.

All these things would not have been possible without the support of the school staff, parents and students of the school. *Thank you to everyone involved in making 2014 a successful year and we wish you all a safe and happy summer holiday.*

As the year finishes some dates to remember are:

### School banking

Last school banking day is this Wednesday, 10<sup>th</sup> December

### Canteen

Trading as usual, even the last day of school, with the exception of Tuesday 9<sup>th</sup> December (presentation day)

### Uniform shop

The uniform shop will be open on Tuesday 27<sup>th</sup> January for uniform sales. This is a staff development day, students start school on Wednesday 28<sup>th</sup>.





## THE WARRIORS FENCING CLUB

CALL NOW TO BOOK YOUR FREE INTRODUCTORY LESSON

The Warriors Fencing Club is made up of several fencing club houses spread out across Sydney, NSW.

The Warriors Fencing Club caters for children from 6 years upwards and is ideal for beginner students from 6 to 16 years of age. You will find more information on our locations and training times on our website [www.warriorsfencing.org.au](http://www.warriorsfencing.org.au)

EMAIL US TODAY ON [info@warriorsfencing.org.au](mailto:info@warriorsfencing.org.au)

TO UNLEASH YOUR INNER WARRIOR!!

CALL US  
MITCH: 0404 508 158  
VINCE: 0424 279 843



MANLY - WILLOUGHBY - UNSW - PARRAMATTA

## Go4Fun

Healthy • Active • Happy • Kids

Want ideas on raising healthy, active and happy kids?



**FREE healthy lifestyle program for 7 – 13 year olds**

**Parramatta and Holroyd locations**

**Limited Places! Register now!**

1800 780 900  
[go4fun.com.au](http://go4fun.com.au)



Health  
Western Sydney  
Local Health District

## Play Netball in 2015

Comets Netball Club

ARE LOOKING FOR:

**NEW players turning 7yrs -Seniors in 2015**  
**Saturday games at Brush Farm for 7-10yrs,**  
**And Meadowbank Park for 11yrs and up!**  
**Register online NOW as registrations are closing soon!**

[www.cometsnetball.com.au](http://www.cometsnetball.com.au)

Call Debbie on 0414 256 864

[president@cometsnetball.com.au](mailto:president@cometsnetball.com.au)




Get up to speed in literacy these summer holidays

- ▶ School readiness program for Kindergarten 2015
- ▶ Intensive intervention programs for primary and secondary students available onsite or online

MultiLit Literacy Centre, Macquarie Park  
1300 55 99 19  
[www.multilit.com](http://www.multilit.com)  
[literacy.centre@multilit.com](mailto:literacy.centre@multilit.com)



LDSE 0308 1114




## 2015 Soccer Registration

When: Sunday 1 February 2015 (10:00am—2:00pm)  
Wednesday 11 February 2015 (6:00pm — 8:00pm)

Where: Cowells Lane Tennis Courts  
Cowells Lane, Ermington (off Fitzgerald Road)

**ALL AGES, GENDER AND SKILL LEVELS WELCOME**

Under 6, 7, 8, 9, 10 & 11 (non competitive, MiniRoos)  
Competition grades: Under 12 - 21, All Ages Seniors and Over 35's  
Ladies and girls (ladies competition played on Sundays)

**COME JOIN A FAMILY FRIENDLY ORIENTATED CLUB**

For further information please contact:  
Rachel Evans: 0419 414 776 (Registrar)  
Paul McNamara: 0432 275 998 (Vice President)

**Registration Day Procedures**  
New players must provide proof of age on the day (birth certificate, passport or drivers license only accepted), as an ID photo will be taken.

**FREE SAUSAGE RIZZLE**  
Sat 1 Feb 2015 at 12:00pm

**FREE FUN TENNIS**  
11 Feb 2015 8:00 (subject to weather)

Representatives of Ermington United Soccer Club can be made to the Registrar via email at [registrar@ermingtonsoccerclub.com.au](mailto:registrar@ermingtonsoccerclub.com.au)

## 2014-2015 NSW Family Energy Rebate



**\$150\* TOWARDS ENERGY BILLS**

**APPLY ONLINE NOW!**

**2 MINUTES TO FILL IN A FORM**  
<https://applications.fer.trade.nsw.gov.au/>

\* eligibility criteria apply



Trade & Investment  
Resources & Energy



**Apply before Midnight 16 June 2015**

FOR MORE INFORMATION & ASSISTANCE  
PHONE - Service NSW 13 77 88  
EMAIL - [fer\\_program@trade.nsw.gov.au](mailto:fer_program@trade.nsw.gov.au)  
WEB - [www.resourcesandenergy.nsw.gov.au](http://www.resourcesandenergy.nsw.gov.au)  
[info.familyenergyrebate](mailto:info.familyenergyrebate)



## Hapkido College of Australia



*Thank you everyone who has supported us  
this year!*

*We have had a very successful year and  
great pleasure in teaching everyone.*

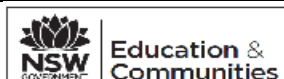
*Please stay safe during the  
holidays and have a  
Merry Christmas and a  
Happy New Year!*

*Training starts 20th January 2015.  
See you on the mat in Block C!*





## Community News



**Free**

### Triple P Program -Seminar.

**The power of positive parenting!**

**A five week parenting course.**

The three P's in 'Triple P' stand for 'Positive Parenting Program'.

The program aims to support parents with behaviour management strategies for their children birth to twelve years; more than half of its 17 strategies are focused on developing positive relationships, attitudes, skills and conduct. Triple P teaches parents broader principles that may be applied positively in most parenting situations.

#### Triple P helps parents:

- Create a stable, supportive, harmonious family environment.
- Teach their children how to get along with others.
- To deal positively, consistently and decisively with challenging behaviours.
- Encourage appropriate behaviours.
- Develop realistic expectations of their children and themselves. Take care of themselves as parents.

**Date:** Thursday , Commencing on the 19<sup>th</sup> of February 2015 or five weeks.

**Time:** 10am to 11:30am.

**Venue:** Telopea "Schools as Community Centres Project". (SaCC)

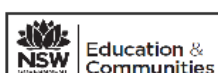
**Childcare:** **FREE** childcare is available.

**Register:** Sharlene Pasqual (Family and Community Worker) Parramatta Mission  
phone: 0448825219

**Or** Pip Martins Telopea SaCC Facilitator  
phone: 9898 3448  
email: [phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)

**Bookings are essential for this FREE course.**

Afternoon Tea will be provided.



### Telopea 'Schools as Community Centres' Project



**Term 1 2014**



MONDAY	<p><b>Australian Red Cross 'Good Start Breakfast Club'</b> 8:30am-9:00am Telopea SaCC Rooms. A healthy breakfast is provided free for Telopea Public School students in a friendly, inclusive environment.</p> <p><b>Sing Rhyme and Story Time</b> 9:30am-10:00am Yates Avenue Public School A weekly Early Literacy Program for parents/carers and children birth to 5 years. This program was awarded Honoured Nominee in 2011 Kookaburra Awards. This program supports parents to assist their children's literacy development.</p>
TUESDAY	<p><b>Meet and Greet</b> 1:00pm-2:30pm Telopea SaCC Rooms Information sharing session for families with baby birth to 12 weeks. Facilitated by Community Health.</p>
WEDNESDAY	<p><b>Garden Club</b> 8:30am-9:00am Telopea Public School Edible Garden and Orchard Telopea Public School students enjoy utilising the school garden space through this leadership program.</p> <p><b>Supported Playgroup</b> 10:00am-12:00noon Telopea SaCC Rooms <b>REGISTRATION ESSENTIAL</b> Organised indoor and outdoor activities, story time, music and dancing for families with children birth to 5 years. A friendly, inclusive and supportive playgroup where adult involvement is encouraged and supported.</p>
THURSDAY	<p><b>Australian Red Cross 'Good Start Breakfast Club'</b> 8:00am-8:45am Telopea SaCC Rooms. Description as above.</p> <p><b>'Triple P' Parenting Program</b> 10:00-11:30 Telopea SaCC Rooms <b>REGISTRATION ESSENTIAL</b> A six week parenting support program facilitated by Parramatta Mission. Free child care available.</p> <p><b>Jiggle'n'Jam Music Program</b> 3x half hour age specific classes (birth to 12mths@12:00, 12 to 18mths@12:30, 18mth to 25yrs@1:30) <b>REGISTRATION IS ESSENTIAL for 1:30pm toddler class.</b> Structured music classes for families with chn birth to 25 years. Facilitated by 'Accent On Music' Music School in Telopea SaCC Rooms</p> <p><b>New Parent Group</b> 12:00pm-2:30pm Telopea SaCC Rooms Social gathering for families with children birth to 18 months in safe, air conditioned environment with toys.</p>
FRIDAY	<p><b>Supported Playgroup</b> 9:30am-11:30am Telopea SaCC Rooms Description as above. <b>REGISTRATION ESSENTIAL</b></p>

### Telopea 'Schools as Community Centres' Project (SaCC)

Based in the grounds of Telopea Public School, Chestnut Ave., Telopea N.S.W. 2117

**Please direct all enquiries to SaCC Facilitator Pip Martins**

**Phone:** 9898 3448

**Fax:** 9684 2653

**Email:** [phillipa.martins@det.nsw.edu.au](mailto:phillipa.martins@det.nsw.edu.au)