



THE LINK

A publication of Rydalmere Public School

DATES TO REMEMBER

Term 2	
03 & 05.6.14	Steps Vision (Pre-School)
04.6.14	ICAS Science
09.6.14	Queen's Birthday Public Holiday
16 & 17.6.14	ICAS Writing & Spelling
19.06.14	P&C Meeting 6:30pm in Library

From the Principal

Winter Uniform

Congratulations to all of our students who are so proudly wearing their school uniform every day. As we enter the season of Winter and the days grow cooler, we will see all students wearing their Winter Uniform from now on and right into Term 3. Our winter uniform for both boys and girls consists of Navy Blue slacks, Red polo shirt and Red knitted jumper.

Parramatta Zone Cross-Country Carnival

Congratulations to our 23 students who represented Rydalmere Public School at the recent Parramatta Zone Cross-Country carnival. All of our students ran competitive races, with many finishing in the top 20 (out of 80) for their age group. Our best placed runner on the day was Kelsey who finished 5th in her age division. This was very exciting news for Kelsey and Rydalmere Public as it means that she has qualified to represent the Parramatta-Merrylands PSSA at the Sydney West Area Cross-Country. This will be held in Penrith on Friday 13th June. This is an outstanding achievement and we wish Kelsey all the best for her next race.

South West Sydney Rugby Union

Michael Geddes has made it through to the South West Sydney Rugby Union trials. This is the second code of football this year that he has made it to such a high level. Michael will participate in these trials on Thursday 12th June. We wish him all the best for this event and we hope he can secure himself a place on the team.



Jewellery

A number of students have been wearing unsafe jewellery (in particular, dangling earrings) to school. As a rule, jewellery should not be worn to school. Students may wear a watch and small stud/sleeper earrings only. The only exceptions to this rule are medical alert bracelets and religious medals worn around the neck, but underneath the uniform.

P&C

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school's P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation's Annual General Meeting and councillors who will serve on the Federation's Board of Management. More information will be available on the Department's website:

<http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php>.

Nationally Consistent Collection of Data On Students With Disability

Our school is participating in the collection of nationally consistent data on school students with disability.

We will be collecting information already available in the school about the support that is being provided to students with disability. Better data will help the Government plan for students with disability.

The data collection will have no direct impact on your child and they will not be involved in any testing process.

The NSW Department of Education and Communities will provide data to the Australian Government from all NSW public schools in such a way that no individual student or school will be able to be identified. In this way, we will ensure the privacy and confidentiality of all students.

All information is protected by privacy laws which regulate the collection, storage and disclosure of personal information. Information about the Australian Government's Privacy Policy can be found here: <http://education.gov.au/condensed-privacy-policy>. Information about the NSW Government's privacy policies can be found here: <http://www.ipc.nsw.gov.au/>

If you do not want your child to be counted in the data collection you must complete the attached form and return it to the school before the end of Term 2, 2014. A decision to exclude your child will not affect the support they currently receive. Further information about the data collection can be found on the Australian Government Department of Education website:

<http://education.gov.au/nationally-consistent-collection-data-school-students-disability>

If you **do not** want your child to be counted in the data collection, please complete the attached form and return it to the school before the end of Term 2, 2014.

Nationally Consistent Collection of Data on School Students with Disability – 2014

I/we _____

Name of parent/carer

do not wish my child _____ to be counted

Name of child

for the purposes of the collection of nationally consistent data on school students with disability.

Parent/Carer signature: _____ date: _____

Nutrition Tips

 Nutrition Snippet

The simplest way

...to manage fussy eating

Kids can get anxious when trying a new fruit or veg, so try providing a smaller serving for the first few times.

This approach is less overwhelming and you might find that they will ask you for more.



Did you know it may take more than 10 times before your child accepts a new food?

Give your kids two options that you're happy with. Rather than saying "Would you like any vegetables?" offer a limited choice, for example "Would you like peas or beans?"


Stay calm + persistent in your approach!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

 Health
Western Sydney
Local Health District




 Nutrition Snippet

The simplest way

...to find new recipe ideas

Eat It To Beat It has a jammed packed website, including hundreds of healthy eating recipes that are all Cancer Council NSW approved!

This means you can make them knowing that your family is getting the very best from every meal!




Eating well can help to fight against cancer, so try and aim for at least 2 serves of fruit and 5 serves of vegies every day.


Check out our website for more healthy tips and loads of free new recipes for you to print out and keep.

Visit www.eatittobeatit.com.au today!

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.

 Health
Western Sydney
Local Health District



Bek Zadow
Principal

ASSEMBLY AWARDS: 23rd May 2014	
Safe Award	Husna O, Anna L, Lachlan B, Haylie H
Respectful Award	Imran N, Will C, Sam R, David E
Learner Award	Serena K, Tiahna T, Amelia T, Ryan M

Peer Support Program

We have commenced Peer Support lessons. The whole school will participate in Peer Support for 30 minutes on Friday each week this term. Two Peer leaders from Year 5 and Year 6 facilitate a small group of 6-7 students from Kindergarten to Year 4, who work together through a number of structured activities. Each teacher will supervise up to 3 groups in their classroom. We are working on a module called *Promoting Harmony* helping us define individual and community values, build relationships and improve decision making skills.

The Peer Support program aims to provide a positive and safe learning environment for students. It is a valuable learning experience that builds confidence, teaches life skills through fun and safe activities, forms positive relationships and allows students to practise cooperation and collaboration



Committee's message

Some of our committee members went to a networking event attended by other local P&C members. This proved to be a valuable evening and we are looking forward to growing our P&C and sharing knowledge with fellow parents.

If anyone is interested in being on the email distribution list for the P&C. Email rydalmerepandc@hotmail.com and we will add your email. This is a great way to keep informed about the P&C happenings, especially if you want to be involved but are unable to make the meetings.

School banking

Term 1 banking rewards have gone to Rhys F in 1/2 R and Luke F in 3 day pre school. Rhys chose scented pencils and Luke chose a bouncy ball. Banking day is Wednesday, see Melissa Ball (Lachlan's year 2 and Hamish kindy mum).

Canteen

There has been lots going on in the canteen with a new menu and new hours.

The canteen is now open Tuesday, Wednesday and Friday for recess and lunch. Orders can now be placed for recess so warm up with a toasted cheese sandwich, raisin toast or some of Garlo's famous snack sized pies.

Year 6 are selling ice creams on Thursday lunch.

Uniform shop

Maryanne and Michelle Ly have spent many hours sorting and packaging the first order of long pants. These have now been handed out to the students. The uniform shop will not be keeping these in stock but will be ordering them on an as needs basis. The next order will be placed on the 20th June.

The uniform shop is open every Friday morning between 8:50 and 9:15.

Fundraising

Our main fundraising goal this year is shelter and drainage for the oval. This will make the oval more versatile.

Entertainment books – Thanks to everyone who purchased a book or returned the unused book. 12 books were sold. There are still some books to be returned, see Michelle Bolliger to pay for or return a book.

Chocolate drive – The chocolate drive was a success, we raised about \$1,400. Maryanne is still waiting on payment from some people.

Upcoming events

Father's day stall – Tuesday 2nd September and Friday 5th September

Bunnings BBQ – Saturday 6th September

Movie night – Friday 12th September

Family Photos – Saturday 13th September

Fruit Box Drive – end of term 3

Movie night

This is a wonderful opportunity for us to build relationships with the wider community while showing off our school grounds and the sense of community within the school. Our first brainstorming session last week went well. If anyone has any ideas to help make this night a success please see Nichole or come to the next meeting in the P&C room on Friday 6th June at 9:30. We will also be canvassing local businesses for donations/sponsorship and to sell advertising space. If anyone knows of a company or would like to approach the company they work for see Nichole. In the lead up to the night and on the night itself there will be plenty of opportunity to help out. So let's work together to make this night the best it can be.

Next P&C Meeting

The next P&C meeting is on Thursday 19th June at 6:30 in the Library. Come along and be involved in the planning for the year ahead.

Payments to the School – if you would like to make electronic payments for P&C items such as school uniforms please see Maryanne Thompson (our Uniform Co-ordinator) or another Committee Member and we will provide you with the Bank Account details. Please do not transfer money into the Rydalmere Public School account if it relates to uniform purchases.

Aussie Farmers Direct

Reminder: If you are an Aussie Farmers Direct customer and haven't yet linked your account to our P&C charity, please support our school by going on-line to: aussiefarmers.com.au/linkmyaccount and have your customer number and the name of our group – “Rydalmere Public School Parent's Association” ready to enter.

Enjoy your week ☺

RYDALMERE PUBLIC SCHOOL – PARENTS ASSOCIATION
UNIFORM SHOP ORDER FORM

Date:	Prices Effective April 2014
Parents Name:	Childs Name:
Contact Ph:	Childs Class:
Payment Method <input type="checkbox"/> Cash <input type="checkbox"/> Cheque*	
Cheques payable to 'Rydalmere Public School P & C Uniform Shop'	
<ul style="list-style-type: none"> Refunds for cheque payments will be made in cash once proceeds of cheque have cleared. Any un-presented (ie bounced) cheque fee incurred by the uniform shop, must be paid by the cheque account holder. 	

GIRLS UNIFORM					
<u>ITEM</u>	<u>SIZE AVAILABLE</u>	<u>UNIT PRICE</u>	<u>SIZE REQUIRED</u>	<u>QUANTITY REQUIRED</u>	<u>COST</u>
Dress	4 - 16	\$45.00			
Polo With Emblem	4 - 16	\$25.00			
Navy Pleated Skort	4 - 16	\$20.00			
Navy Boot Leg Pants	4 - 16	\$28.00			
Red Jumper with Emblem	4 - 16	\$50.00			
Hat	XS-S/S-M/ M-L	\$15.00			
Socks 3 Pack – White	9-12/13-3/2-8	\$9.00			

BOYS UNIFORM					
Polo With Emblem	4 - 16	\$25.00			
Navy Shorts	4 - 16	\$20.00			
Navy Pants	4 - 16	\$25.00			
Red Jumper with Emblem	4 - 16	\$50.00			
Hat	XS-S/S-M/ M-L	\$15.00			
Socks 3 Pack – Navy	9-12/13-3/2-8	\$9.00			

SPORTS UNIFORM					
Polo With Emblem	4 - 16	\$25.00			
Sports Shorts	4 - 16	\$20.00			
Winter Microfibre Tracksuit (Jacket & Pants)	4 - 16	\$72.00			

MISC ITEMS					
Backpacks	O/S	\$40.00			
Total Order Amount					\$



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**FREE healthy lifestyle program for
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For a perfect finish ! Introducing



Pavecoat H₂O

Nutech Paint has developed a revolutionary new water based penetrating concrete sealer, Pavecoat H₂O. This single pack water-based acrylic concrete sealer has been developed to achieve excellent penetration and adhesion to concrete to overcome the problems associated with traditional organic solvents solutions based concrete sealer Pavecoat H₂O is developed using NANO technology, rapid hardness development, good chemical resistance and excellent adhesion to concrete and masonry surfaces. Most importantly the sealer has low odour, non-toxicity and non-flammability characteristics.

Pavecoat H₂O is cost effective and there is no need for solvent thinners or disposing of brushes and rollers. Unlike solvent based sealers that covers an area of 4m² per litre. Pavecoat H₂O can be thinned with water and covers an area 6m² per litre. This equates to a cost saving of 33%. When cleaning up only use water to wash your tools. These tools can then be reused.



Nu-ecoPaint Architectural Range

Nu-ecoPaint environmentally friendly, low VOC (Volatile Organic Compound) is 100% pure acrylic high quality interior coating suitable for plaster, timber, masonry, brick or other similar building surfaces. Available in a wide range of colours, this paint has excellent covering power, low splatter and simple water wash-up



Nu-ecoSafe-Strip

The chemical paint and coating strippers that have been produced over the years can only be described as harmful to both the environment and to the general health and safety of workers. Government regulations are now forcing all users to seek less harmful alternatives to the harsh and toxic chemicals used in the past. Nutech Paint has developed a most effective, water bases Nu- ecoSafe-Stripper solution.

FOUR STEPS OF COATING REMOVAL

- 1) Apply Nu-ecosafe-stripper to surface approximately 3 to 5 millimetre thick
- 2) Allow the Nu-ecosafe-stripper to do it's magic, penetrating through the coatings
- 3) The coating adhesion to the surface is released from the substrate
- 4) Scrape and high pressure wash surface ready for recoating

Nutech Paint would like to offer all Rydalmere Public School Staff and Parents a
10% discount on all purchase. Present this voucher to Nutech Paint at

18 South Street, Rydalmere

Phone 02 9638 7089



This offer is valid till 30th September 2014

(Code RPS)



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Children's Garden Workshops 2014

“Let's Get Our Garden Started!”

This five week practical program facilitated by
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3-5 years plus one parent/carer.

Topic areas will include:

- **Parent Information Session**
(Parents/carers only. Childcare available)
- **'Creative Composting'**
- **'We Love Worms'**
- **'Wonderful Water'**
- **'Growing our Garden'**



- VENUE:** Telopea Public School 'Edible Garden and Orchard' and Telopea 'Schools as Community Centre' (SaCC) Rooms
- DATE:** Five consecutive Mondays starting 19th May
(19, 26 May, 2, 16 & 23 June)
- TIME:** 9:45am-11:15am
- CHILDCARE:** Free limited child care is available for siblings under three years.

REGISTRATION is essential!

For further enquiries and registration please contact
Pip Martins Telopea SaCC Facilitator.
Phone: 9898 3448
Email: phillipa.martins@det.nsw.edu.au





PARRAMATTA CITY LIBRARY SERVICE

Evening Storytime

Come in your pyjamas to experience the magic of storytime with your child at the library. This storytime is intended for lower primary school children. The interactive session includes stories, songs, dances, crafts or other extension activities



Milk and cookies will be provide, so hurry up!

*Ermington Branch Library
First Monday of the month
6 pm — 7 pm
Enquiries 9638 2270.*



PARRAMATTA
CITY COUNCIL