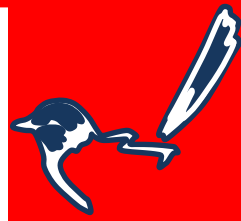




THE LINK

A publication of Rydalmere Public School

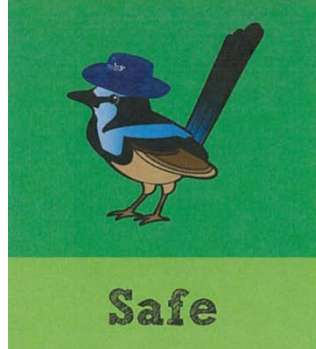


397 Victoria Road
Rydalmere 2116

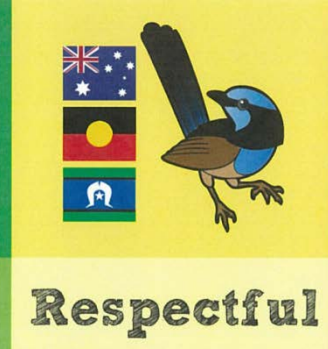
Email: rydalmere-p.school@det.nsw.edu.au
Web: rydalmere-p.schools.nsw.edu.au

Ph: 9638 1568
Fax: 9898 0161

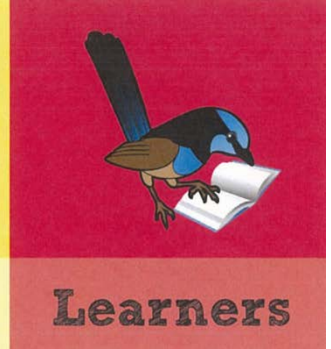
Term 1 – Week 10: Issue 5/2015



Safe



Respectful



Learners

DATES TO REMEMBER

31.03.15	Parent Teacher Interviews
02.04.15	Easter Hat Parade
02.04.15	Last day of School for Term 1
20.04.15	Staff Development Day
21.04.15	Students Return for Term 2

PRINCIPAL'S REPORT

Easter Holiday Break

This is our last newsletter for the term, and what a busy term it has been!! Your children have all achieved many great things this term in their learning, and it is important they recognise this and reflect on it with you at home. All parents and carers have the opportunity to discuss your child's progress during our Parent/Teacher interviews being held this week.

I would like to take this opportunity to wish you a happy and safe holiday break. To our lovely students, be kind to your family members, be helpful to them and please make sure you read something EVERY day!!

The staff and I look forward to seeing you all back here on Tuesday 21st April, ready for another term of learning, where our expectations are that all Rydalmere PS students are: **Safe, respectful learners who belong.**

Harmony Day

Another fabulous event that brought our school community together to celebrate our differences and enjoy belonging together. Thank you to all of the families who contributed to our day, and also thank you to Mrs Brady for her organisation of this day.

We completed our Harmony Day activities with the annual planting of our Harmony Day Orange Tree in our orchard, which now has 3 trees!! Please enjoy the picture below and further on in 'The Link'.



ASSEMBLY AWARDS

Each fortnight, as a part of our Positive Behaviour for Learning across the school, we award students for meeting our expectations of being safe, respectful learners who belong.

	 Safe	 Respectful	 Learners
KA	Liam	Tarryn	Adam Mahdi
1G	Alexis	Imran	Yusra Husna
2R	Geoffrey	Dana	Sejin Cameron
3/4M	Aaesha	Connor	Bilal Serge
5/6G	Georgia	Alison	Mitchell Nour

Each class teacher awards 1x Safe award, 1x Respect award and 2x Learner awards



A Splash of Colour

This time a year ago I was able to report that a generous donation from Nutech Paint in Rydalmere was going to enable us to create a mural to brighten up some of our outdoor play area. While the mural is still a work in progress, I thought it might be interesting for you to see a 'then' and 'now'.

THEN (End Term 1, 2014):



NOW:



Bek Zadow

Principal



Harmony Day 2015





**Harmony Day
2015: 'Flamenco
is not a bird'
performance**







Harmony Day 2015:
Celebrating our differences
together



**Harmony Day 2015:
Multicultural Feast**



Harmony Day 2015:
WE ALL BELONG



Rydalmere OSHC Centre News!

ryoshc@primaryoshcare.com ph. 0419 816 734

February 2015.

Welcome to the year in OSHC (Out of School Hours Care). We hope that you have had a relaxing break over the holiday period and we look forward to sharing 2015 with you and your Family.

Our brand new Centre here at Rydalmere Public School has been beautifully set up and furnished

and is all ready to offer fun and exciting programs to your child from 7.00 to 9.00am and from 3.00 to 6.00pm each day. We offer breakfast and afternoon tea. The service is regulated under the National Law and we are fully compliant with all government regulations, approved under ACECQA (Australian Children's Education and Care Authority). We have qualified staff and comprehensive health and safety systems. You may be interested in reading more about the National Quality Framework on the following website <http://www.acecqa.gov.au/>. Please come and meet our staff- Dola Haddad (Co-ordinator) and Cathy Ho (Assistant Co-ordinator). You will also meet Maria Karam

Regional Manager and the Centre's Educational Leader. Please see the Parent Information Board for information about certified staff as well as our invitation to participate notices and Community Term Planner, menu and program details.

We are looking forward to collaborating with and sharing the Rydalmere Community.

See you soon!

Have a great day

Dola, Cathy, Suzanne and Maria

**Have a great Easter and school holidays
& Thank you for supporting the P&C this
term.**

Upcoming events

Easter Raffle – Due Date Monday 30th March drawn
on Thursday 2nd April

School banking

Melissa Ball (Hamish yr 1 or Lachlan yr 3) Co-ordinates
the Banking and this is done on Wednesdays if you
would like any information regarding Banking please
don't hesitate to contact the office.

Canteen

We Are looking for **Volunteers** to help in the
canteen just remember without your help the canteen
will not run so come on down and see Jenny (Canteen
Co-ordinator) or phone her on 0419 299 784.

This is a treat for your children so please think about
helping even for a couple of hours..

The Canteen is Open on

Monday, Tuesday & Wednesday for Hot Food &
sandwiches & snacks

Friday – Ice creams sold by Year 6s in canteen.

Uniform shop

The Uniform shop is open every Friday morning
between 8:50 and 9:15.

If you need winter uniform please remember that it
takes 3 weeks for the order to come in and it has to
be paid for when you order. We Do Not stock the
winter tracksuit or pants in the uniform shop.

Any old uniforms can still be donated to the Uniform
shop.

Easter Raffle

This year we are holding our annual Easter Raffle
again.

Good luck to those people who have brought ticket in
our easter raffle if you would like any more ticket
please come and see the office, the tickets are either
50cents each or 3 for \$1.

Don't forget to bring in your donations the more that
is donated the more Hampers you have a chance of
winning.

THANK YOU

Election BBQ

A **Big Thank u** to the P&C members for organising the
Election Day BBQ and to all our helper that either
helped by cooking on the BBQ or serving food and
taking time out to come up and help. Also thank you
to who donated cakes to be sold so all together we
raised \$552.

DON'T FORGET Our Next Meeting will be
held on Thursday 23rd April in the library at 6:30pm.

Come along and meet our new committee members
and be involved in planning and chatting for the year
ahead.

HAPPY EASTER and see u all again next term

COMMUNITY NEWS

Meet new friends...
Have fun...



PLAY FOOTBALL
Register online at
www.myfootballclub.com.au
www.parramattacityfc.com.au

**New Under 6 Players
FREE REGISTRATION**

Eric Primrose Park,
John St Rydalmere
Angelo Arnautis 0428 223 091




THE BLUE STAR iSPORT
PARRAMATTA

The New Kids Fitness Program
Starting 6th march till 28th August, 2015

Fridays 4 - 5pm
\$5 a visit
After School Snacks Provided



PCYC | BLUE For more info contact Alia and Zainab on 9635 8242

The artist in me !!



fine art classes for budding artist
Let kids enjoy learning with colours and basics of drawings

Art Teacher - Nayana Mehta
Venue @ PCYC parramatta
Time - Thurs 3:45 - 4:45 pm
Age - 4 - 10 Yrs
Contact - (02)96358242
Email - parramatta@pcycnsw.org.au

DO YOU HAVE A CHILD DIAGNOSED WITH AD/HD ?

ARE YOU LOOKING FOR POSITIVE STRATEGIES TO HELP MANAGE YOUR CHILD'S BEHAVIOUR ?

Is your child between 6 and 12 years old ?


You are invited **FREE OF CHARGE** to attend a well-known parenting program at Macquarie University.

The program is designed to assist parents to manage challenging behaviour and build a positive relationship with their child.

The program is part of an evaluation study and participants will be asked to attend evening sessions and to fill in questionnaires (anonymously).

For more information or to express interest in this study please contact:
Julie Chesterfield (Department of Psychology, Macquarie University)
E-mail: julie.chesterfield@students.mq.edu.au Phone: [0412 414 114](tel:0412414114)

Anglicare Family and Relationship Service
February - April 2015

Course name and description	Date & Time
Parenting after Separation This five week program includes: <ul style="list-style-type: none"> Education on the importance of children's emotional and physical safety Recognition that distress felt in separation is a normal process Acknowledgment that separation creates change which can be viewed as a destructive event or a time for personal growth Education on awareness of parents actions impacting on themselves and their children 	Wednesday Evenings 4 th 11 th 18 th 25 th February & 4 th March Time: 5.30pm till 8.00pm AND Thursday Mornings 5 th 12 th 19 th 26 th March & 2 nd April Time: 10.30am till 12.30pm
1-2-3 Magic & Emotion Coaching This three week program is designed to assist parents and caregivers of 2 - 12yr old children: <ul style="list-style-type: none"> Increase their knowledge about what works in managing difficult behaviour Lessen their feelings of frustration Get better results with less effort and stress 	Monday Mornings 9 th 16 th 23 rd February 10.30am till 12.30pm Wednesday Evenings 25 th March & 1 st & 8 th April Time: 5.30pm till 8.00pm
Engage 4 Dads & Engage 4 Mums This four week program is designed for Dads or Mums who have limited time with their children. The program includes: <ul style="list-style-type: none"> Identification of both a healthy and unhealthy relationships; in their own lives and with people in authority; the effect of domestic violence on children is discussed Education on the necessity for a child to have a secure base and the importance of attachment with one primary caregiver. Individual grief is discussed with strategies of self care and acceptance of their situation. Participants become aware of the importance of play and using play as an engagement tool with their child. Recognition of the feelings in the irregularity of the relationship is explored. Persistence and resilience needed for the life long relationship 	Thursday Mornings Engage 4 Dads 5 th 12 th 19 th & 26 th February Time: 10.30am till 12.30pm Thursday Mornings Engage 4 Mums 23 rd 30 th April & 7 th & 14 th May Time: 10.30am till 12.30pm
Couples Communication Course <i>The Group Edition of Prepare/Enrich is designed to bring couples of various relationship stages together in one group. This experience can lead to a dynamic skill for all. Couples benefit from the realism and interpersonal learning that happens when they witness how other couples cope with life's stressors and express themselves. The group process and content has the ability to re-energise couples with hope and optimism for their future relationship together.</i> https://www.dss.gov.au/our-responsibilities/families-and-children/programs-services/stronger-relationships-trial	Wednesday Evenings 11 th & 18 th March Time: 5.30pm till 8.00pm 

ANGLICARE Family and Relationship Service
Level 3, 16 Parkes Street Parramatta 2150 -
Bookings Essential: 9895 8144 or email education@anglicare.org.au
(If the phone is unattended please leave a message and a staff member will return your call.)
Childminding is unavailable for these courses