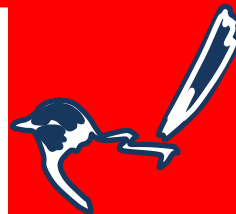


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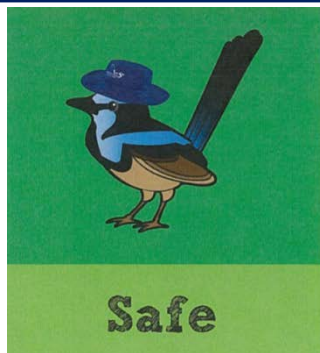
A publication of Rydalmere Public School

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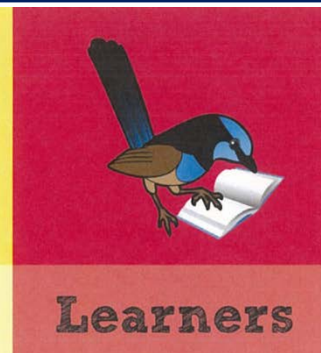
Term 3 – Week 4: Issue 12/2015



Safe



Respectful



Learners

DATES TO REMEMBER

07.08.15	Jeans for Genes Day
10.08.15	CTA Rehearsal @Westmead PS
11.08.15	ICAS Maths
12.8-14.8	Dental Van
13.8.15	Crazy Hat Mufti Day

15.08.15	Bunnings BBQ Fundraiser
20.08.15	Book Week Fair
20.08.15	Zone Field
24.08.15	Zone Track
26.8-28.8	School Camp

PRINCIPAL'S REPORT

Education Week

Thank you to all of the families that joined us for our Education Week celebrations. I would like to share my Principal's address in this report for those parents who were not able to make it:

"Good morning parents, carers, grandparents and family members. Welcome to Education Week and to our Open Day at RPS. Education week is celebrated in every NSW Public School each year, allowing us to open up classrooms and showcase student talent and achievements.

This year, RPS is celebrating 124 years of educating students in the Rydalmere community. That means that next year when we turn 125 (our quasiquicentennial – KWOZ-KWI-centennial - birthday) we get to have an even bigger party, and an opportunity to 'show-off' even more!!

The theme for this year's Education Week is Celebrating Local Heroes'. I know we all have famous heroes we admire, but coming back to the core of our being at a local level to recognise the

'heroes amongst us is so important. Sitting amongst us today are the heroes of our community – we have lots of 'super men' and 'wonder women' that contribute to our community every day in the work that they do. To our adult visitors today, thank you for being our local heroes.

We know that a good education can lead to financial success for many students– a well-rounded education will produce citizens who are ready to face the world. I have no doubt that RPS has in the past and will continue to produce pilots, nurses, doctors and lawyers, we will produce hairdressers, workers in emergency services and armed forces, retail workers, artists and skilled trades men and women.....and maybe even some teachers. To the children of RPS – YOU are our future local heroes. I know that with your dedication to your learning combined with the wonderful teaching staff who each day challenge your thinking in creative and reflective learning experiences, that sitting before me today I have 135 local heroes in the making!! What a wonderful choice your parents have made in enrolling you at Rydalmere PS – one of the best Public Schools in the state!!

Finally, my thanks to Mrs Ryan for your organisation of our Open Day and also to the teachers and ancillary staff for your contribution to the day.

Parents carers and visitors, enjoy our Open Day and lunch, and this time with your children – they have been looking forward to spending this time with you.”

Celebrating 100 Years of Women Policing

Today I had the privilege of accompanying 4 of our Year 6 girls to participate in a Baton Relay with Rosehill LAC policewomen, celebrating 100 years of women in policing.

Nour, Alison Haania and Diana were brilliant representatives of our school on the 5km relay and during the ceremony. Following are some pictures of the day. We would like to thank Rosehill LAC for asking us to accompany them on the relay and to participate in the celebrations afterwards.

Start: Ermington Police Station



Midway: we had a couple of stops



Midway: The Mounted Police joined us



End: We made it!!



The longest standing policewoman – 44 years of service and still going strong!!



Tour: of some Police resources



Bek Zadow
Principal

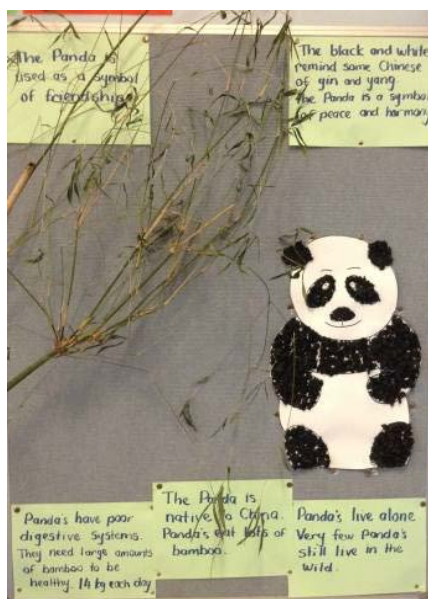
PRESCHOOL NEWS

Preschool News

This week Preschool had a wonderful time extending our learning about China and Chinese culture. The 3 day class performed their 'Hello' song in Chinese at the Education week open day.



Our learning continued during the week as we used the internet to hear the legend of how the panda's became black and white. We also learnt that panda's eat 14kg of bamboo each day. We used scales to weigh ourselves and discovered some of the pre-schoolers weigh 14kg. Mrs McKay brought in some real bamboo for us to feel.



WHAT'S HAPPENING IN 3/4M

In Visual Arts, 3/4M experimented with oil pastels and watercolour paints to create mood and drama in their artwork. Students were able to choose between warm and cool colours – either way, they created some very spooky artwork!



PSSA NEWS

The Term 3 PSSA soccer season is underway! Both of our teams are enjoying being back on the field and are putting in a tremendous effort.

Week 3 Results:

Junior team: 4-1

Senior team: 5-0

'Today the Junior team won their PSSA soccer match. The score was 4-1! Caden scored two goals and so did Ahmad. Caden scored one goal in the first half and then another goal in the second half. Ahmad scored two goals at the end. All our defenders, midfielders and our goalkeeper were outstanding.'

By Ahmad D. and Bilal S.

Good luck to our teams for their next matches!



EDUCATION WEEK



**EDUCATION WEEK 2015:
CELEBRATING LOCAL HEROES**



Thanks for joining
us 😊

P&C NEWS

A BIG REMINDER PLEASE **DO NOT** DROP YOUR CHILDREN AT SCHOOL BEFORE 8:30. WE NOW HAVE OOSH AVAILABLE IF YOU NEED SOMEONE TO LOOK AFTER YOUR CHILDREN

Upcoming events

Bunnings BBQ – Saturday 15th August

Cake Stall – Saturday 29th August

Father's Day Stall – Tuesday 1st September & 4th September – Michelle Ly

Movie Night – 20th November

If you would like to help our school raise some much needed funds for your children's education, please come and see Maryanne who has the roster or put your name down at the office if you could help out at the Bunnings bbq. Without your help we CAN'T raise funds.

MOVIE NIGHT

We are holding meetings regarding the movie night. If you would like to come and help be part of this great school community event, come and join us in the P&C room. Our next meeting is on Friday 8th August at 2:00pm.

EARN & LEARN

DON'T FORGET. We are collecting stickers for Earn & Learn again this year. Do your shopping at Woolworths and for every \$10 spend you are given an Earn & Learn sticker. Put these on your sticker sheet and send this in with your child/ren to school. These stickers all add up to earn some educational equipment for the children to use. A collection box is at Woolworths Ermington, West Ryde & Newington & also in the Canteen & the Office.

Breakfast Club

Breakfast club please come and join us in the Canteen from 8:30. Open Every day Monday, Tuesday, Wednesday, Thursday & Friday. There are cornflakes, Rice bubbles & sultana bran. A great way to start the day is with a nutritious breakfast.

P&C NEWS

Canteen

We are still looking for **Volunteers** to help in the canteen. Just remember without your help the canteen will not run. So come on down and see Jenny (Canteen Co-ordinator) or phone her on 0419 299 784.

This is a treat for your children so please think about helping even for an hour to take orders in the morning. Every bit counts.

Don't Forget: The Canteen is Open on

Monday, Tuesday & Wednesday for Hot Food, sandwiches & snacks

Friday – Ice creams sold by Year 6s in canteen.

Come and check out canteen refurbishments going on when you come and put a lunch order in. The canteen is starting to look very vibrant and colourful.

Uniform shop

Great news the Sports jackets are back so if you would like to order the Winter tracksuit come on down to the uniform shop. Please remember if we do not have in stock it will take 3 weeks for the order to come in. Please note the **NEW** prices of the school uniform effective of 9th June 2015.

The Uniform shop is open every Friday morning between 8:50 and 9:15. But if you need anything during the week just come and see Maryanne.

School banking

Melissa Ball (Hamish yr 1 or Lachlan yr 3) Co-ordinates the Banking and this is done on Wednesdays if you would like any information regarding Banking please don't hesitate to contact the office.

FUNDRAISING

The P&C is helping the school with Smart Boards. \$8000 has been donated from fund raising efforts to help towards the purchase of these Smart Boards. We are sure you will all agree that this is a great effort from our fundraising. So Thank you.

DON'T FORGET Our Next Meeting will be held on Thursday 21st August in the library at 6:30pm. Come along and be part of the schools fundraising plans, there is no such thing as a bad idea.

COMMUNITY NEWS



Cumberland High School Excellence in Education



Cumberland High School 2016 Year 7 Gifted and Talented Program

Applications now open.
Scholarship opportunities available.
Application close: 14 August 2015



Cumberland High School is a comprehensive high school offering quality education in a caring environment.

183 Pennant Hills Road, Carlingford NSW 2118
Phone: 9871 7718
www.cumberland-h.schools.nsw.edu.au

Entering Employment Program

Are you looking for a new job?

or

Are you entering the workforce after some time off?

Why not join us in a NEW employment program.

The 'Entering Employment Program' will provide valuable information to help you secure employment. Learn the steps into designing an application cover letter and resume, gain practical skills for the interview process, learn techniques to stand out from the other applicants.

Date: Wednesday 26th of August, 2nd September and 9th September 2015.
Time: 1:00pm-2:30pm
Venue: Telopea 'Schools as Community Centres Project'. (SaCC)
Childcare: FREE childcare is available.
Register: Sharlene Pasqual (Family and Community Worker) Parramatta Mission
phone: 0439 978 721
Or
Pip Martins Telopea SaCC Facilitator
phone: 9898 3448
email: phillipa.martins@det.nsw.edu.au

Bookings are essential for this FREE course.

Afternoon Tea will be provided.



DUNDAS

COMMUNITY FAIR

NEW VENUE!
FEATURING BILLY CART WORKSHOP!
PRIZE DRAWS!

Artwork by Kathleen Street, Telopea Public School

Be Active. Join In. Take Part.

PERFORMANCES. CHOIRS. FUN KIDS' ACTIVITIES.
SPORT DEMONSTRATIONS. BBQ. CAKE STALLS.

SATURDAY 22 AUGUST 2015

10am-2pm. Telopea Public School, Telopea



Telopea 'Schools as Community Centres' Project Term 3 2015



MONDAY	<p><u>Australian Red Cross 'Good Start Breakfast Club'</u> 8:30am-9:00am Telopea SaCC Rooms. A healthy breakfast is provided free for Telopea Public School students in a friendly, inclusive environment.</p> <p><u>Sing Rhyme and Story Time</u> 9:30am-10:00am Yates Avenue Public School A weekly Early Literacy Program for parents/carers and children birth to 5 years. This program was awarded Honoured Nominee in 2011 Kookaburra Awards. This program supports parents to assist their children's literacy development.</p>
TUESDAY	<p><u>Meet and Greet</u> 1:00pm-2:30pm Telopea SaCC Rooms Information sharing session for families with baby birth to 12 weeks. Facilitated by Community Health</p> <p><u>Garden Club</u> 8:30am-9:00am Telopea Public School Edible Garden and Orchard Telopea Public School students enjoy utilising the school garden space through this leadership program.</p>
WEDNESDAY	<p><u>Supported Playgroup</u> 10:00am-12:00noon Telopea SaCC Rooms REGISTRATION ESSENTIAL Organised indoor and outdoor activities, story time, music and dancing for families with children birth to 5 years. A friendly, inclusive and supportive playgroup where adult involvement is encouraged and supported.</p> <p><u>Parramatta Mission 'Entering Employment Program'</u> 1:00-2:30pm Telopea SaCC Rooms REGISTRATION ESSENTIAL This three week program will support participants by providing information to secure employment. Design an application cover letter and resume and gain practical skills for the interview process. Free childcare available</p>
THURSDAY	<p><u>Australian Red Cross 'Good Start Breakfast Club'</u> 8:00am-8:45am Telopea SaCC Rooms. Description as above.</p> <p><u>Jiggle'n'Jam Music Program.</u> 3x half hour age specific classes (birth to 12mths@12:00, 12 to 18mths@12:30, 18mth to 2.5yrs@1:30) REGISTRATION for the term IS ESSENTIAL for 1:30pm toddler class. Structured music classes for families with chn birth to 25 years. Facilitated by 'Accent On Music' Music School in Telopea SaCC Rooms</p> <p><u>Baby Playgroup</u> 12:00pm-2:30pm Telopea SaCC Rooms Social gathering for families with children birth to 18 months in safe, air conditioned environment with toys.</p>
FRIDAY	<p><u>Supported Playgroup</u> 9:30am-11:30am Telopea SaCC Rooms Description as above. REGISTRATION ESSENTIAL</p>

Telopea 'Schools as Community Centres' Project (SaCC)

Based in the grounds of Telopea Public School, Chestnut Ave., Telopea N.S.W. 2117

Please direct all enquiries to SaCC Facilitator Pip Martins

Phone: 9898 3448

Fax: 9684 2653

Email: phillipa.martins@det.nsw.edu.au

Parenting Programs

Child & Adolescent Parenting

WHAT'S ON IN TERM 3 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (27/7 - 24/8, 7.00-9.30pm)

Triple P (Positive Parenting Program) Seminars (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children
Chatswood (5/8, 12/8 & 19/8, 7.00 - 9.00pm)

Communicating with Kids Workshop (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.
Chatswood (31/8, 7.00-9.30pm)

Tuning in to Teens Course

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (30/7 - 27/8, 7.00-9.30pm)

Toddlers Workshops (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 28/7, 4/8 & 11/8 (3 wks/2.5hrs each, 7.00-9.30pm)

NEW

Helping Your 3-6 Year Old Child with Anxiety

Series of 2 workshops for parents to assist with young children showing signs of anxiety
Chatswood 26/8 & 9/9 (2.5hrs each, 7.00-9.30pm)

Resilient Kids Workshop

Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (18/8, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop

Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (23/7, 7.00-9.30pm)

WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)

- | | |
|--|--|
| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School |
| ★ Tucker without Tantrums/Toilet Training | ★ Transition to High School |
| ★ Speech & Language Development/Sleep | ★ Triple P Seminar Series 1-12 yrs & Teens |
| ★ Older Sibling - New Baby | ★ Communicating with Kids |
| ★ Bully Busting | ★ Dealing with Teen's Back Chat |
| ★ Resilient Kids | ★ Grand Parenting |

Enquiries: Child & Adolescent Parenting 9887 5830

www.nslhd.health.nsw.gov.au/services/CAP



Health
Northern Sydney
Local Health District

