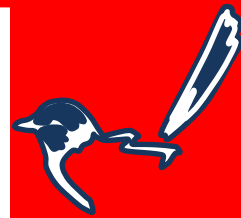


THE LINK

A publication of Rydalmere Public School



397 Victoria Road
Rydalmere 2116

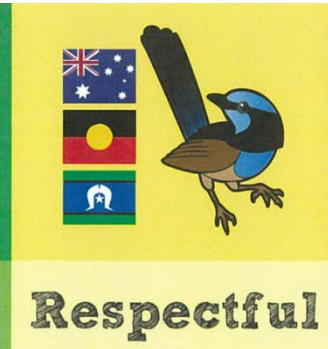
Email: rydalmere-p.school@det.nsw.edu.au
Web: rydalmere-p.schools.nsw.edu.au

Ph: 9638 1568
Fax: 9898 0161

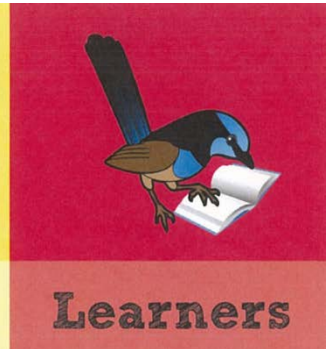
Term 4 – Week 4: Issue 17/2016



Safe



Respectful



Learners

DATES TO REMEMBER

01/11/16	Grandparents Day
02/11/16	Big Day In – Yrs 5 & 6
02/11/16	Kindy Transition
04/11/16	125 Assembly – 11:30am
05/11/16	125 Fete 10am-2pm

11/11/16	Book Fair
01/12/16	Year 6 Mini Fair
08/12/16	Presentation Day
09/12/16	Year 6 Farewell
16/12/16	Last Day for Students

PRINCIPAL'S REPORT

125 Year Celebrations

I look forward to welcoming our Rydalmere community to our two major activities, celebrating 125 years of public education at Rydalmere Public School. We hope to see as many ex-students, ex-staff, as well as all of the current members that make Rydalmere Public School such a fabulous place to be. Key dates and times are:

Assembly - Friday 4/11 @ 11:30am

Fete – Saturday 5/11 @ 10am

Rydalmere PS is growing!! PLANNING FOR 2017 CLASSES:

With our biggest Kindergarten on record for 2017, we are set to make SIX classes next year, providing numbers do not change. Having accurate numbers is vital for our 2017 planning and staffing. If you know of any changes in your circumstances that mean your child will not be attending RPS in 2017, please let us know now. We thank you for your help with this. As always, please continue to positively promote our school so that our local children continue to come to us!

At Rydalmere we take a S.T.A.N.D

A stand against bullying and a proactive approach rather than being a bystander. Teachers will be reinforcing this in classrooms and we will continue to send home information to our parents and carers.

Stay Calm	
Try To Ignore	
Ask Them To Stop	
Never Fight	
Duty Teacher	

Visit from Executive Director & Director

In Week 2, we had the privilege of having two very special guests at our school. We had:

*Ms Jane Simmons – Executive Director
Macquarie Park*

*Ms Julie Kennedy Director – Parramatta
Network*

Ms Kennedy is my direct boss and has coverage of all Parramatta Principals. Julie has visited a number of times throughout the year for me to showcase the wonderful learning happening at RPS.

Ms Simmons is one of four Executive Directors who have coverage of the four operational directorates across the state. The Macquarie Park area goes from the Blue Mountains, across Western Sydney, into parts of Northern Sydney and all the way up to and beyond Gosford.

This visit was particularly special because I had the opportunity to speak one-on-one with Ms Simmons and Ms Kennedy and talk about the impact we are having on student learning through the programs we run, the initiatives we tailor to our students and the quality professional learning we provide to staff to ensure our students have the highest quality of teachers in every classroom every day at Rydalmere PS.

We were able to discuss our participation in Bump It Up, the plan we have written for Bump It Up and the initiatives the staff are explicitly implementing in response to our students' need.

While the weather tried to dampen our day, this did not stop us from being able to do a whole school tour with Ms Simmons and Ms Kennedy to show them first-hand what is happening in every classroom Preschool – Year 6 across our school.

The afternoon was a rare opportunity and a really proud moment for me. I am so very proud of the education we offer our students at Rydalmere Public School and the enormous effort our students put in to their work!!

NSW Primary Principal's Conference

Last week you may have noticed my absence late in the week. I was attending the annual NSW PPA Conference. Every year, I walk away from the conference feeling like I have just had the best professional learning of my year. This year was no different.

There is nothing better than being with 600 of your colleagues and joining in some of the most prestigious professional learning on offer for Principals – learning that can only be of benefit to the staff and students in our schools.

The featured speakers, whom I took so much from based on their experiences as a student and as prominent leaders in their field were: Craig Reucassel, Peter Greste, Todd Sampson, Anthony Howard, Dr Simon Breakspear, Kirk Pengilly, Lt General David Morrison AO and Paul de Gelder. I will share some of the poignant messages at the next P&C meeting – please join us if you would like to hear them.

In another lucky twist, I entered a competition to win Rydalmere an online positive behaviour reward system called Vivo.....and I WON!! For the students, I have won a year-long subscription to Vivo. This online system works much like a dojo, however students can trade their 'Vivo Points' in for prizes in the online shop. This will begin in 2017 and will complement our other Positive Behaviour for Learning strategies.

Kindergarten Enrolment 2017

Do you have a child who is turning 5 before July 31 in 2017? If so, **NOW** is the time to enrol your child at our wonderful school. Alternatively if you have neighbours and friends within our local area, please encourage them to enrol now.

As we now provide every student in our school with their own designated XO (laptop) computer for the year, it is vital we know how many new students we will be getting so that we can have these ready to go at the start of 2017 for all new students. Please collect enrolment forms from the office or download online and return to our office.

Bek Zadow
Principal



ASSEMBLY AWARDS

Term 4 Week 2 20/10/2016

			
KG	Chris	Matthias	Blake
			Nakita
1M	Mona	Leila	Ahmed
			Kassidy
2A	Arabella	Laily	Dekoda
			Lucas
			Atia
			Alharith
3/4G	Kory Geoffrey	Ahmad D Aaesha	Ahmed R
			Paige
			Rhys
			Terry
4/5/6M	Bilal Madison	Jacquelyn Erin	Emily
			Olivia
			Will C
			Sameer

WHAT'S HAPPENING IN 1M?



1M enjoying
GYMNASTICS!

WHAT'S HAPPENING IN 2A?

WHAT'S HAPPENING IN 2A

Last Term 2A went back in time to see what schools were like in the past.

We visited the Schoolhouse Museum at North Ryde.



The girls wore pinafores and the boys had to wear sailors collars. The students played traditional games for fitness and in particular enjoyed dancing around the Maypole.



First we went into the 1877 classroom. We read a story and learnt how to write using slate pencils on slate boards. We also learnt how to write the alphabet using pen and ink.



Next we went into the 1960 classroom. The students got to print using stamps and from an old "jelly" pad. They cooked toast on an open fire and enjoyed looking at the memorabilia.



P&C NEWS

UP COMMING EVENTS

- ✓ **Thursday 17th November** – P&C General Meeting 6.45pm school Library –**ALL WELCOME**
- ✓ **"Saturday 5th November – 125th Birthday Celebration FETE"**
- ✓ **1st-5th December- "Canteen closed for renovation"**

**Get involved...
make a difference!**

All members of the school community are welcome to join our P&C and help decide on Fundraising events and what school resource we invest the our money in. Membership is only \$1.

Position Vacant

Vice President – Provides support and assistance to the President
Please see Michelle Ly, for a full job description.

P&C General Meeting – Thursday 17th November

Our next P&C General Meeting will be held on Thursday 17th November in the school Library.
Please arrive at 6.45pm for a 7pm start.

- ✓ Principal Report
- ✓ Teacher guest speaker
- ✓ General Business as: Preparation for AGM review, P&C suggestion box, Crunch & Sip etc.

☺Remember getting involved make a different to the school ☺!!!!!!

Working Bee

Thank you to all the families that braved the rain and came to help prepare our school grounds for the fete. We worked hard and got a lot accomplished. *A special thank you to Mrs Ryan for donating the morning tea for us.* ☺



Uniform shop

The uniform shop is open by Appoiment or every First Thursday of the month, in the morning between 8:50 and 9:15.

If your child has grown out of their school uniform, why not donate it to the uniform shop. All money raised from the sale of uniforms is donated back to the school to help supply resources and equipment that government funding does not cover.

CANTEEN



Canteen is opened every **TUESDAY** and **FRIDAY**, for **LUNCH ORDERS ONLY**.

Keep an eye, and ear, out for special days, the canteen will be opened, and special menu items. Volunteers are needed to open the Canteen on other days.

(If you are able to spare a few hours one day, please let Nichole know).



BREAKFAST CLUB

Free Breakfast for the children. If your child doesn't get a chance to eat in the morning come on down to the canteen between 8:45 and 9:00 on **MONDAY, TUESDAY WEDNESDAY** and **FRIDAY** for a bowl of nutritious Corn Flakes, Sultana Bran or Rice Bubbles.

Toast is available on **MONDAY** and **WEDNESDAY** only.

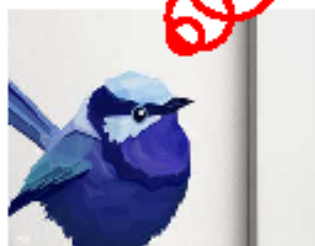
(If you are able to help between 8:45 and 9:00. Please see Karen the Hub Leader)

Thank you to our Bronze sponsor Mitsubishi
Electric

Also thank you to these companies for donations to our raffle

- | | |
|-------------------------------|----------------------|
| ✓ Ryde/Parramatta Golf Club. | Taronga Zoo. |
| ✓ Ryde/Eastwood Leagues club. | City Extra. |
| ✓ Scenic World. | Canterbury Ice Rink. |
| ✓ Captain Cook Cruises. | Museum of Fire. |
| ✓ Featherdale Wildlife Park. | Ryde Aquatic Centre. |
| ✓ Powerhouse Museum. | Sydney Olympic |
| ✓ Park. | |
| ✓ Parmalat. | |

& all our lovely donations from our school community THANK YOU.



Come Along and help Rydalmere Public School celebrate turning 125 years on **Saturday 5th**
November from 10am – 2pm.

Hall of History, Gladiator Arena, Jumping Castle, Swinging Ladder, Open Classrooms,
Entertainment, Stalls, Tarot Reading, BBQ, Gozleme, Kiddie Kartz, Memorabilia, free Craft, and
much more.

Volunteers Needed Come and help!!!!!! ☺



RYDALMERE PUBLIC SCHOOL

125 YEARS FETE CELEBRATION

NOVEMBER 5th 10am-2pm

PRE-PURCHASE WRISTBAND

- **Preschool and Younger Children \$10.00**

Includes - unlimited access to Jumping Castle, bubbles, ball games, temporary tattoos and hairsprays

- **K-6 and older \$27.00**

Includes - Jumping castles, slide, bungee run, swing ladder, gladiator ride, hairsprays, nail polish, paper planes and temporary tattoos!

Pre-purchase your wristbands by Monday October 31st to save and receive a free slushy on the day!

Wristbands available to be purchased on fete day. Pre school and younger wrist bands \$13.00 and K-6 wristbands \$30.00

✂ -----

RYDALMERE PUBLIC SCHOOL

Learning is Growing



Return Slip for Wristbands 125 Fete Celebrations

Children's name(s) _____

Grade and teacher's name _____

Number of Pre-school wristbands required _____

Number of K-6 wristbands required _____

Total: _____

Please return slips to the Office. Thank you :)



Rydalmere Community Hub Update:

Greetings everybody! I cannot believe we are almost half way through Term 4! I have been busy working alongside the dedicated Fete Committee for our upcoming 125 years Celebrations Fete. Make sure to visit the school on November 5th, 2016 from 10am to 2pm. There will be many rides, stalls including yummy foods, crafts activities and history timeline about Rydalmere Public School.



I am also sad to announce that I will be leaving the Rydalmere Community Hub on November 11th, 2016. I would like to express my utmost gratitude to Mrs Zadow, Mrs Ryan, all RPS Teaching Staff, Admin Staff and of course the families I have had the pleasure to have worked alongside. Thank you for all our pleasant interactions, smiles and laughs shared.

To remain informed about up-to-date follow us and LIKE our Rydalmere Hub page. <https://www.facebook.com/rydalmerehubcommunity>



Breakfast Club & Crunch n' Sip

Do you have 30 minutes to spare (8:30am to 9:00am) before the school bell?

Our school offers free breakfast and chopped fruit daily to all our students. Daily we need 2 volunteers; 1 to serve breakfast and another to chop fruit for platters Crunch and Sip.

Crunch and Sip choppers needed for every Friday.

Breakfast Club for every - Monday and Friday.

All fruit, cereals and toast are provided ready to be served.

THANK YOU for the dedication of our existing parent volunteers including the fabulous canteen team!

Your on-going help goes a long way and continues to benefit our school.

TAFE Children's Services - 2 FREE Units



Registrations open now! ... From 4th of November Rydalmere Hub will be offering 2 units which will go towards a Certificate III in Children's Services.

The 2 units will be offered every Friday for 7 weeks. Classes from 9:30am to 1:30pm in the school library.

For more information please contact Karen via 0421 723 305.



Playgroup

Playgroup this Term 4 will meet in pre-school room every Monday from 9:30am to 11:30am. All children aged 0-4 years with their parents are invited to attend. We enjoy playing, singing and reading together. All toys, book and facilities provided. Please bring a hat, morning tea and a gold coin donation.



Annual Grandparents Day 2016



It is that time of year again where we show *extra special* appreciation to our Grandparents and Senior Citizen friends. Rydalmere Hub and RPS are holding a morning tea and crafts activities morning in the

School Hall on November 1st, 2016 from 9:30am to 11:00am. Notes have been sent home to all students.



Thank You to our Sponsors

Bakers Delight Carlingford

Kelloggs

Woolworths Ermington

SecondBite

CSR Sugar



Thank you our kind sponsors for their ongoing dedication in supporting our school every week. All donations goes towards our making our daily Breakfast Club and Crunch n' Sip possible.

Rydalmere PS - 'Link' together to read all about it ..



Every fortnight on a Wednesdays Karen will be printing a few paper copies of the RPS Link Newsletter. Please meet at school playground from 2:30pm if you are interested to read or listen to the happenings of our school as they appear in the Link.

125 Years Celebrations Stuffed Toys

Thank you to the RPS knitting, RPS sewing groups and additional parents who donated their knitted, sewn stuffed toys to go towards donations to Stewart House. On November 3rd, 2016 from 9:30am to 11:30am, there will be a 'Sewing Bee' in the Hub Room to finalise toys. Everyone is welcome to attend on the day.



Stewart House is a Children's Charity organisation supported by RPS.

RPS Knits Updates

The RPS Knitting group have started to get into the Christmas spirit. A new project they have started are creating crocheted light up Christmas ornaments. Parents, grandparents and carers are invited. Wool can be purchased for \$1.00 or bring our own.



Annual Reading Day - Paint the town ReAd

On Wednesday 26th of October, 2016 it was Annual Reading Day. Rydalmere Hub, Parramatta City Library and Rydalmere PreSchool partnered to host a reading and activities afternoon. All were encouraged to wear something Red to celebrate the day. Thank you to Mrs McKay and Ms Regan for hosting the event.



Rydalmere Community Hub Update continues ...

Upcoming events and community happenings

Rydalmere Public School Playgroup



Indoor and Outdoor Play • Crafts • Storytelling • Music
• Singing

Mondays – 9:30am to 11:30am during school term
Meet at "School Hall"

Rydalmere Public School - 397 Victoria Ln, Rydalmere 2116
Children 0-4yrs with Parents & Grandparents.

Please Bring:

A Hat
A Drink
Morning Tea
Gold Coin Donation

Enquires Please Phone Karen
0421 723 305



Join **Redsee the Readasaurus**
for the 2016 Paint Parra REAd

Annual Reading Day!

Wednesday 26 October

10am-11.30am

Join us for a few stories in our reading
tent on the grass at Centenary Square,
Parramatta

11.45am-1pm

Story time at Westfield Parramatta
(outside Kmart)



Read to your child every day from BIRTH!

Paint Parra Read is a partnership between City of Parramatta Council
and the Community Migrant Resource Centre. Paint the Town Read is licenced
by Rhonda Brain under a Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported Licence.



RYDALMERE PUBLIC SCHOOL 125 YEAR CELEBRATION FETE



**Saturday 5th
November 2016**

**10:00am until
2:00pm**

**397 Victoria Road
Rydalmere 2116**

**VISIT THE HALL
OF HISTORY & LAUNCH
OF PAVER PATH**

**Stalls, Entertainment, BBQ, Coffee
Rides, Cake Stalls and much more**

Rides wristbands can be pre-purchased or purchased on the day. Contact school office 02 9638 1568 or
email rydalmere.ps.125@gmail.com for further information. ENTRY via John Street, Rydalmere.



innovate_educate

***FREE Training**

Children's Health and Safety

Course Name: Statement of Attainment in
Children's Health and Safety

Course outcomes:
This program provides an introductory unit in
working in the Childcare Services Industry. You will
learn skills to support children's wellbeing and the
skills and knowledge required to provide a first aid
response to infants, children and adults. The training
program includes 2 days of practical work placement
in a childcare setting aged 0-3 years.

Units:

- HLTAID004 - Provide an emergency first aid response in an education and care setting
- CHCE009 - Use an approved learning framework to guide practice

Information Session and Enrolment:

9.30am Friday 21 October 2016
at Rydalmere Public School
397 Victoria Road, Rydalmere 2116

Contact:

To register your interest, contact

Karen Slagg
Community Hub Leader
Mob: 0421 723 305
Email: kstagg@sssi.org.au



Location: Rydalmere Public School
397 Victoria Road, Rydalmere

Duration:
7 weeks (approx. 4 hours per week)
Attend Fridays - 9:30am to 1:30pm

Starts: Friday 28 October 2016
Finishes: Friday 9 December 2016

Cost: *Free if eligible for the NSW Government
Smart and Skills funding. Applicants must be:
• no longer at school, and
• living or working in NSW, and
• an Australian citizen, Australian permanent
resident, Australian permanent
humanitarian visa holder

Note: All students need to have a Unique
Student Identifier (USI) ready for enrolment.



WFO 90000 | CMCOS Provider Code 009916
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subject to change.

COMMUNITY NEWS



Rydalmere Public School
Learning Is Growing

RYDALMERE
PUBLIC SCHOOL

Loading ...

Rydalmere Public School

Download our [NEW FREE RYDALMERE PUBLIC SCHOOL](#) App by scanning the QR code below, or go to your favourite app Store and search for:
Rydalmere Public School



Come & Try Something New! Experience the beautiful Ryde-Parramatta Golf Club

- Beginner Golf Clinics - Ladies & Juniors;
- Relax with family & friends.
- Golf & Social Memberships available.



For more information please contact:
Ryde-Parramatta Golf Club, 1156 Victoria Road WEST RYDE NSW 2114
w: rydeparramatta.com.au e: golf@rydeparramatta.com.au p: 9874 1204

Switch off the screen and get active

Spending time watching TV, going online, playing computer or hand-held electronic games can be fun. It can also be educational. But spending too much time sitting still in front of a screen can be bad for your health.

Effects of too much screen time

- ★ Poor posture
- ★ Poor eyesight
- ★ Strains of the thumb, wrist and elbow
- ★ Sleep problems
- ★ Delayed ability to make friends with others
- ★ Becoming overweight.

How long is too long?

Limit yourself to 2 hours a day of sitting in front of a small screen, including the computer or TV.

“Playing ‘active’ computer games uses more energy than playing ‘sitting’ computer games, but nowhere near as much as playing sport itself.”



Screen time facts

- ★ Kids who watch TV for more than 2 hours each day are more likely to have an unhealthy diet, less likely to eat fruit and less likely to be physically active.
- ★ Nearly half of Year 6 girls and more than 6 out of 10 Year 6 boys spend more than 2 hours of leisure time every day sitting still.
- ★ It is more likely that kids will snack on foods that are high in sugar, salt or saturated fat while watching TV.
- ★ Playing 'active' computer games uses more energy than playing 'sitting' computer games, but nowhere near as much as playing sport itself.
- ★ The energy used playing 'active' computer games is not moderate or vigorous and doesn't count towards your recommended at least 60 minutes (1 hour) of physical activity every day.