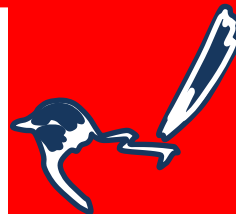


THE LINK

A publication of Rydalmere Public School

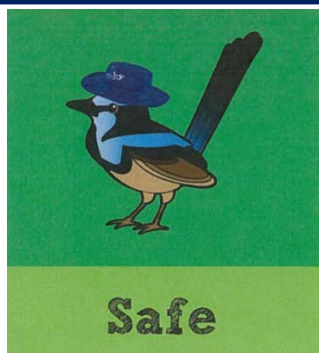


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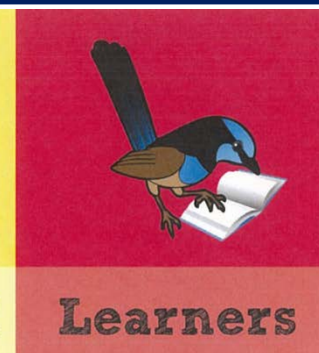
Term 4 – Week 6: Issue 18/2016



Safe



Respectful



Learners

DATES TO REMEMBER

16/11	Book Fair
01/12/16	Year 6 Mini Fair
08/12/16	Presentation Day
09/12/16	Year 6 Farewell
09/12/16	Preschool Blue Last Day

14/12/16	Preschool Green Last Day
15/12/16	Preschool 2017 Orientation
16/12/16	Last Day for Students

PRINCIPAL'S REPORT

Election of School Captains and Prefects

This Term, Year 5 students who would like to nominate for a school leadership position will prepare Election speeches at home and present these to all students and teachers in the school during a special assembly. Students who are elected as a school captain or school prefect are given opportunities throughout Year 6 to:

- welcome visitors to the school;
- be a student representative in whole school decision making processes;
- organise and set up the fortnightly school assembly equipment;
- present whole school concerts and functions to the wider school community;
- represent the school when invited to local community events.

The table below indicates the number of school captains and prefects the school has according to whole school enrolment numbers.

Students wishing to nominate for a leadership position will present their speeches to the school on MONDAY 28 NOVEMBER.

Total school enrolment	School Captains	School Prefects
Less than 80 student K-6	Two captains	No prefects
Between 80 and 140 students	Two captains	Two prefects
More than 140 students	Two captains	Four prefects

Surveys

As part of our continuous whole school evaluation, we seek feedback from you in a variety of areas. This week, survey links will be sent out with your children. We value your opinion and will use the data we gather from the surveys to make Rydalmere and even better place for your families to be!! We value your voice – make sure we hear it!!

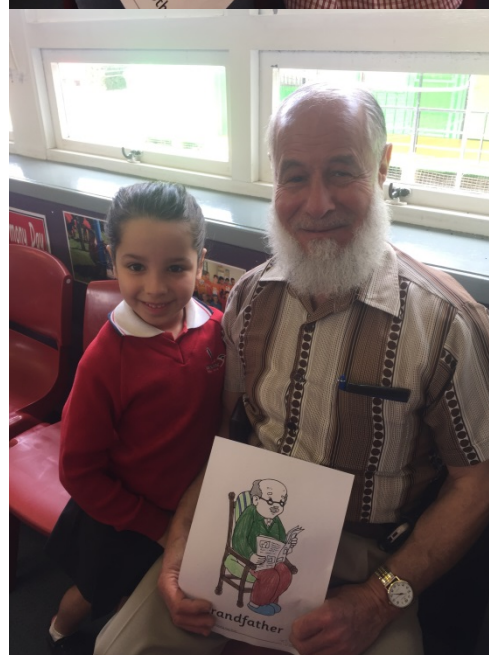
Presentation Day

Our Presentation Assembly will be held on Thursday 8th December where special awards will be presented at a formal assembly. Parents of those children receiving an award will be invited to attend the assembly via an invitation. These will be sent home once the award winners are finalised.

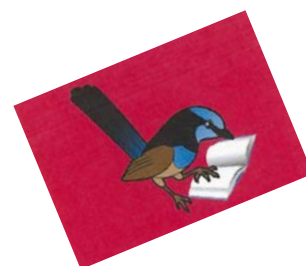
Grandparents Day

Thank you to all of the Grandparents who were able to join us for our celebrations. Each of these pictures speaks a thousand words – enjoy.






Bek Zadow



Principal

ASSEMBLY AWARDS

Term 4 Week 4 3/11/2016

			
KG	Matthew	Mitchell	Andriana
			Stephen
1M	Tarryn	Abby	Liam
			Mahdi
2A	James	Ayden	Tairell
			Cynthia
			Yusra
			Gabriel
3/4G	Sejin Oceana	Lilly Lewis	Faisal
			Clayton
			Ridwaan
			Alex
4/5/6M	Emily Hyein	Alana Souhayb	Jared
			Robert
			Connor
			Jasmine



The last book club order for 2016 is being sent home this week. Thank you to all who have participated in book club this year. For every book that is purchased our school receives reward points which go towards new books for the school. This is a great way to increase your child's reading and to support your school's reading library.

There are some great savings in this edition of Book Club so get in early for Christmas gifts. Please return your order form and money to school by Friday 26th November, or by Loop on line, to ensure delivery before the school term ends.

P&C NEWS

UP COMMING EVENTS

- ✓ Thursday 17th November – P&C General Meeting 6.45pm
school Library –ALL WELCOME
- ✓ 1st-5th December- "Canteen closed for renovation"



Get involved...
make a difference!

All members of the school community are welcome to join our P&C and help decide on Fundraising events and what school resource we invest the our money in. Membership is only \$1.

Position Vacant

Vice President – Provides support and assistance to the President
Please see Michelle Ly, for a full job description.

P&C General Meeting – Thursday 17th November

Our next P&C General Meeting will be held on Thursday 17th November in the school Library.

Please arrive at 6.45pm for a 7pm start.

- ✓ Principal Report
- ✓ President Report
- ✓ Treasurer- Financial Reports including Canteen and Uniform Shop.
- ✓ Canteen Report
- ✓ Uniform Shop Report
- ✓ Teacher guest speaker
- ✓ General Business as: CommBiz presentation on how it works and how it differs to personal banking, Wrap up of networking bootcamp, Term1,2017 events. Kindy welcome morning tea and welcome disco etc.

☺Remember getting involved make a different to the school ☺!!!!!!.

Share the Dignity Charity Drive

The P&C are again this year supporting the Share the Dignity Charity organisation who collects female hygiene products which they distribute to the female homeless. If you would like to support this worthy cause, you can drop of any personal hygiene products to the P&C/Community Hub room (**purple building**) anytime this term. Items include, but not limited to, toothbrush, toothpaste, brush, combs, pads, tissues, deodorant. If you have an old hand bag, in good condition, the items can be put in, that would be very helpful too. Thank you for your support.



A Crunch&Sip School

The Crunch & Sip is a set break to eat fruit or salad vegetables and drink water in the classroom. The students re-fuel with fruit or vegetables during the morning or afternoon, assisting physical and mental performance and concentration in the classroom. This gives kids a chance to refuel, a bit like putting petrol in a car.

The fruit and vegetables have been donated to our school by **Woolworths Ermington**, for the students to enjoy at crunch and sip time. Cutting can be done between 8.45am and 9.15am daily in the school canteen.

The Crunch & Sip program is an easy way to help Kids stay healthy and happy!!!

Uniform shop

The uniform shop is open by Appointment or every First Thursday of the month, in the morning between 8:50 and 9:15. It's not opening on Friday anymore for the rest of the term.

If your child has grown out of their school uniform, why not donate it to the uniform shop. All money raised from the sale of uniforms is donated back to the school to help supply resources and equipment that government funding does not cover.



CANTEEN

Canteen is opened every **TUESDAY** and **FRIDAY**, for **LUNCH ORDERS ONLY**.

Keep an eye, and ear, out for special days, the canteen will be opened, and special menu items. Volunteers are needed to open the Canteen on other days.

(If you are able to spare a few hours one day, please let Nichole know).

ICECREAMS



Year 6 students are selling ice-creams on **TUESDAY** and **FRIDAY**. Prices range from 50c to \$1.50.

Term 3 SPECIAL

Dragonpop and Troposaurus Paddle Pop ONLY \$1.00 each



BREAKFAST CLUB

Free Breakfast for the children. If your child doesn't get a chance to eat in the morning come on down to the canteen between 8:45 and 9:00 on **MONDAY, TUESDAY WEDNESDAY** and **FRIDAY** for a bowl of nutritious Corn Flakes, Sultana Bran or Rice Bubbles. **Toast** is available on **MONDAY** and **WEDNESDAY** only.

(If you are able to help between 8:45 and 9:00.)

Remember many hands make light work and all money raised goes back into the school to assist with the purchasing or upgrading of school resources where funds provided by the government are insufficient.

Celebrating 125 years In 2016



Thank You to all that supported and came and helped Rydalmere Public School Celebrate 125 years on Saturday 5th November.

Thank you to Dance Sensation (Georgia & Elizabeth from 10-teen group) for your great HipHop dance. IF you are interested in joining Dance Sensation please look at their great website. www.dancesensation.com.au, to see if there is anything that might interest your child.

Thank you to Julie Talbot for teaching the children some great line dancing. If you are interested in line dancing give Julie a call on 0402 245 738.

The whole school song was amazing thanks to the children that joined in and showed what a great school spirit we have.

THANK YOU TO all the great volunteers that made the day a success, we won't name you all but thank you without you, the day wouldn't have been a success.

Well done to all the raffle winners. Please see next link for raffle winners names.

Don't forget we are still selling merchandise to celebrate the day. Tea towels, pins & pens are available. Please fill in the form that was sent home with your child if you would like to purchase any of these.

THANK YOU FROM

The FETE COMMITTEE





Rydalmere Community Hub Update:



It is bittersweet to announce that my last day at Rydalmere Public School will be on Friday November 11th, 2016. I would like to express my utmost

gratitude to Mrs Zadow, Mrs Ryan, all RPS Teaching Staff, Admin Staff and of course the families I have had the pleasure to have worked alongside. Thank you for all our pleasant interactions, smiles and laughs shared.

I am optimist that the great work of the Rydalmere Hub will continue. Please keep reading the Link and don't forget to LIKE Rydalmere Hub facebook page <https://www.facebook.com/rydalmerehubcommunity>.

Breakfast Club & Crunch n' Sip

Do you have 30 minutes to spare (8:30am to 9:00am) before the school bell?



Our school offers free breakfast and chopped fruit daily to all our students. Daily we need 2 volunteers; 1 to serve breakfast and another to chop fruit for platters Crunch and Sip.

Crunch and Sip choppers needed for every Friday.

Breakfast Club for every - Monday and Friday.

All fruit, cereals and toast are provided ready to be served.

TAFE Children's Services Term 4



Thank you to all the participants who signed up to undertake Term 4 TAFE Children's Services skills-set courses.

Unfortunately due to limited number of sign ups (we required 18) we are not able to offer courses this term 4. In Term 1, 2017 however TAFE are interested in offering course at Rydalmere Hub and we will endeavour to collect participants and will contact existing people of the waitlist.

Playgroup

Playgroup this Term 4 will meet in pre-school room every Monday from 9:30am to 11:30am. All children aged 0-4 years with their parents are invited to attend. We enjoy playing, singing and reading together. All toys, book and facilities provided. Please bring a hat, morning tea and a gold coin donation. Thank you to Ms McKay and Ms Reagan for your on-going support and by welcoming us into the Preschool room.



Annual Grandparent's Day 2016 Celebrations

What a fantastic morning it was! On Tuesday 1st of November Rydalmere Hub and Rydalmere Public School hosted a Grandparents morning tea. Thank you to all the student who invited their Grandparents and or their Senior Citizen friend. Almost all attendees engaged in craft activities making personalised photo coasters, portrait paintings and colouring in to gift their special guest(s). In addition everyone enjoyed delicious scones, mini dessert and refreshing lemon ice teas!





Thank You to our Sponsors

Bakers Delight Carlingford

Kellogg's

Woolworths Ermington

SecondBite

CSR Sugar



Thank you our kind sponsors for their ongoing dedication in supporting our school every week. All donations goes towards our making our daily Breakfast Club and Crunch n' Sip possible.

125 Years Celebrations Stuffed Toys

Thank you to the RPS knitting, RPS sewing groups and additional parents who donated their knitted, sewn stuffed toys to go towards donations to Stewart House. In total there were 131 toys! Woww fantastic effort! Very soon we will be donating all toys to Stewart House is a Children's Charity organisation supported by RPS.



RPS Knits Updates

The RPS Knitting group have started to get into the Christmas spirit. A new project they have started are creating crocheted light up Christmas ornaments. Parents, grandparents and carers are invited. Wool can be purchased for \$1.00 or bring our own.



Annual Reading Day - Paint the town ReAd

On Wednesday 26th of October, 2016 it was Annual Reading Day. Rydalmere Hub, Parramatta City Library and Rydalmere PreSchool partnered to host a reading and activities afternoon. All were encouraged to wear something Red to celebrate the day. Thank you to Mrs McKay and Ms Regan for hosting the event.



Upcoming events and community happenings

RYDALMERE PUBLIC SCHOOL

Learning is Growing



Dear Parents and Guardians,

Rydalmere Community Hub and Rydalmere Public School are looking for all school aged children for **Stories in the Garden!** The first 25 students to RSVP from Kindergarten to Grade 2 will be invited to attend and receive a little something for their efforts.

Date: Friday, 25th November 2016

Start time: After school on 17:00pm needed by 11:00pm

Finish time: 4:00pm

Location: Under the big tree next to the Community Garden
Garden (outside the Common)

Cost: Free

Please bring a picnic blanket to sit on.

A child must be supervised by an attending parent or carer.
More information please contact Karen 0421 328 508 or the office.



Please return RSVP forms ASAP. Thank you.

RSVP Form: <https://www.scribd.com/document/311111111/RSVP-Form-2016>

Stories in the Garden Event: 25th November, 2016, 3:20 to 4:30pm.

Student's name and grade: _____

Parent's contact phone nr: _____

Rydalmere Public School Playgroup



Indoor and Outdoor Play • Crafts • Storytelling • Music
• Singing

Mondays – 9:30am to 11:30am during school term

Meet at "School Hall"

Rydalmere Public School - 397 Victoria Ln, Rydalmere 2116

Children 0-4yrs with Parents & Grandparents.

Please Bring:

A Hat

A Drink

Morning Tea

Gold Coin Donation

Enquiries Please Phone Karen
0421 328 508



COMMUNITY NEWS



Carols by Candlelight at Old Government House, Parramatta (Parramatta Park)

Saturday 10 December 2016

Time: 7.00pm to 9.00pm Gates open 6.00pm

Start the festive season with a night of carols played by Parramatta City Brass Band.

Enjoy performance from Model Farms High School and a visit from Santa Claus. Entry is via a gold coin and all funds raised go to support Old Government House and Experiment Farm Cottage (two of our most precious heritage properties)

There will be a sausage sizzle, ice creams, candles, drink for sale.

Please bring rugs or low chairs for seating at the front of Old Government House.

LINE DANCING

Josh holds regular linedance classes at the Rydalmere Bowling Club every Thursday evening.

Julie has classes at Ryde Eastwood Leagues club every Thursday and also on Wednesday evenings.

The whole family can participate and you don't need a partner.

Josh's NEW BEGINNERS class start again in February 2017 and I take NEW beginners in every week.

Josh 0407 533 616, Julie 0402 245 738

Switch off the screen and get active

Spending time watching TV, going online, playing computer or hand-held electronic games can be fun. It can also be educational. But spending too much time sitting still in front of a screen can be bad for your health.

Effects of too much screen time

- ★ Poor posture
- ★ Poor eyesight
- ★ Strains of the thumb, wrist and elbow
- ★ Sleep problems
- ★ Delayed ability to make friends with others
- ★ Becoming overweight.

How long is too long?

Limit yourself to 2 hours a day of sitting in front of a small screen, including the computer or TV.

“Playing ‘active’ computer games uses more energy than playing ‘sitting’ computer games, but nowhere near as much as playing sport itself.”



Screen time facts

- ★ Kids who watch TV for more than 2 hours each day are more likely to have an unhealthy diet, less likely to eat fruit and less likely to be physically active.
- ★ Nearly half of Year 6 girls and more than 6 out of 10 Year 6 boys spend more than 2 hours of leisure time every day sitting still.
- ★ It is more likely that kids will snack on foods that are high in sugar, salt or saturated fat while watching TV.
- ★ Playing ‘active’ computer games uses more energy than playing ‘sitting’ computer games, but nowhere near as much as playing sport itself.
- ★ The energy used playing ‘active’ computer games is not moderate or vigorous and doesn’t count towards your recommended at least 60 minutes (1 hour) of physical activity every day.

Come & Try Something New! Experience the beautiful Ryde-Parramatta Golf Club

- Beginner Golf Clinics - Ladies & Juniors;
- Relax with family & friends.
- Golf & Social Memberships available.



For more information please contact:
Ryde-Parramatta Golf Club, 1156 Victoria Road WEST RYDE NSW 2114
w: rydeparramatta.com.au e: golf@rydeparramatta.com.au p: 9874 1204