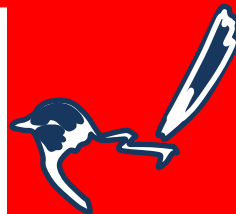


# THE LINK

A publication of Rydalmere Public School



397 Victoria Road  
Rydalmere 2116

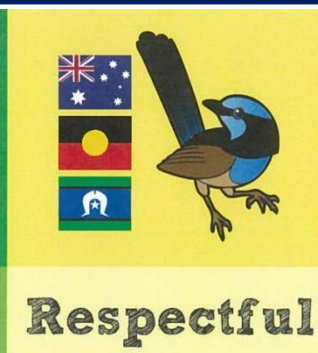
Email: rydalmere-p.school@det.nsw.edu.au  
Web: rydalmere-p.schools.nsw.edu.au

Ph: 9638 1568  
Fax: 9898 0161

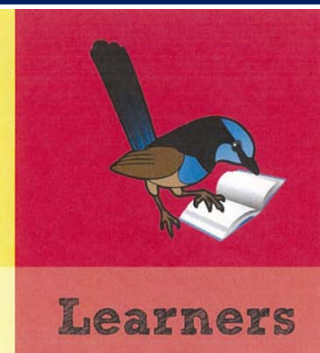
Term 1 – Week 2: Issue 2/2016



Safe



Respectful



Learners

## DATES TO REMEMBER

18.02.16	K-6 Assembly 2:15pm
19.02.16	School Swimming Carnival
01.03.16	Zone Swimming Carnival
04.03.16	School Photos Day 1
08.03.16	School Photos Day 2


## PRINCIPAL'S REPORT

### ***Vision & Strategic Directions***

Now is a good time to remind our Rydalmere Community of our jointly constructed vision and strategic directions. These form the core of everything we do at Rydalmere Public School.

***“At Rydalmere PS we are dedicated to creating a dynamic and engaging school community of safe, respectful learners who belong. Our priority is developing global citizens for the future.”***

**Strategic Direction 1:**  
Leadership and capacity building at all levels

**Strategic Direction 2:**  
Dynamic and engaging learning environment

**Strategic Direction 3:**  
Enhance school community values and culture

### ***Sport House Captains***

Today we held our annual election of Sport House Captains. They will be presented with their badges at this week's K-6 Assembly. I am pleased to announce that the following students were elected:

**Blaxland:** Elizabeth (C) and Sufiya (V)

**Macarthur:** Sam (C) and Emily (V)

**Schaeffer:** Ana (C) and Nicolette (V)



## Working With Children Check

If you are a volunteer at our school either in the classroom or for the P&C or Rydalmere Hub, then you are required to have a Working With Children Check completed and provide a copy to our school office to keep on file. It is a simple process and as a volunteer is free. You all know how seriously we take safety here at Rydalmere PS – your children are our first priority and this is just one measure we take to ensure this. To access the forms required, please go to the following website. Once you have completed the form online you must submit it online, then present at a Motor Registry Office with your Application Number. Our closest Motor Registries are located at:

**Silverwater Driver Test Centre**  
1-15 River Street  
Silverwater NSW 2128  
Phone: 13 77 88

**Parramatta Service Centre**  
27 - 31 Argyle Street  
Parramatta NSW 2150  
Phone: 13 77 88

**Auburn Service Centre**  
100 Parramatta Road  
Auburn NSW 2144  
Phone: 13 77 88

<http://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check/apply/apply>

- Click on the green 'Apply for your Check'

- Click 'Continue and apply'

- Complete the form pages as required:

- After you submit.....



- .....Record your Application Number. Take this to the Motor Registry, along with your **proof of identity**. As a volunteer, you will not need to pay a fee.

Alternatively, an informative youtube clip can be located at the following address. This will guide you through the application process: <https://www.youtube.com/watch?v=HmfvQWrqMZk> Upon receiving your WWC Check Number, please provide a copy to the office.

## Swimming Carnival

Our competitive swimmers are looking forward to the carnival which is to be held this Friday 19 February at Granville Pool. We welcome parents and community member to cheer our swimmers along and to assist with time-keeping on the day.

## Learning in Classrooms

How lovely it has been to spend time in all classrooms P-6. I get so much enjoyment from watching learning as it takes place and to engage with our students during this process. So far, I have seen:

**Preschool** – learning which colour hat is theirs and how to identify their name pocket for their hat. They've also had a lot of fun play in our outdoor environment.

**K6** – learning how to form letters and numbers and I even saw them playing an interactive counting game on the Commbox!!

**1M** – we've got some students destined to be on Australia's Spelling Bee I think. They were sorting words and word sounds like the pros.

**2A** – Are loving their Science lessons with Mrs Ryan. Their garden plot is looking fantastic.

**3/4C** – I think we have a few 'bookworms' in this class. They were so quiet in the library, with their heads in books and lots of borrowing.

**4/5/6M** – Imaginations a go-go here. The ideas they were brainstorming in pairs for their imaginative text writing were amazing. I'm really looking forward to reading these!!

*Bek Zadow*  
Principal

## P&C NEWS

Welcome back and a very warm welcome to our new parents and carers. We hope you had a great break and are refreshed and ready for 2016.

### Upcoming events

P&C General Meeting – Thursday 18<sup>th</sup> February at 6:30pm in the library. All new parents are welcome to come and join in P&C discussion and decision.

### Crunch & sip

Crunch & sip will start back up again next week. If there are any volunteers who can come to help cut up fruit in the morning, please come and see Maryanne regarding the roster. Don't forget you will need a Working With Children check.

### Breakfast Club

Breakfast Club at the school provides a free breakfast for the children. If your child doesn't get a chance to eat in the morning come on down to the canteen between 8:45 and 9:00 on Monday- Thursday for a bowl of nutritious Corn flakes or Sultana Bran. Toast will be available on Monday and Wednesdays. Volunteers are needed for breakfast club on a Friday.

### School banking

Leonie Beasley Co-ordinates the Banking and this is done on Wednesday's. If you would like any information regarding Banking please don't hesitate to contact the office.

### Uniform shop

The uniform shop is open every Friday morning between 8:50 and 9:15. If you can't make it on that day and would like to buy something, just come and find Maryanne and organise a time to suit you both.

If your child has grown out of any uniforms the uniform shop will take any donated items.

### ICECREAMS

The Year 6 students will be selling ice-creams on Tuesday and Fridays. Prices range from 50c to \$2

## REMINDER

**Stewart House Bags will be collected from the school on 15<sup>th</sup> March. Please return your donations to the school (outside B Block) by 11<sup>th</sup> March**

## RPS KNITS & SEWS

Craft Workshops continued....

All parents/carers of our School Community are welcome to join our free craft groups offered in Term1.

Last term the sewing group made many items including a personal wrap, knitting roll, eye covers, and toy rabbits. This term we are working on a simple (square) patchwork quilt. The knitting group worked as a team last term to each knit a square or two in the school colours to make a blanket to be used in the PC room (lounge). This term they are working on learning new stitches, different techniques etc.

Please see Leonie (Y2 mum) or Michelle (K, Y2, & Y3 mum) in the playground if you wish to join or simply turn up on the day. No experience is necessary – we will teach you. There is no childcare available this term sadly due to funding. This means no children will be allowed to accompany you in the sewing workshops.

### RPS KNITS

Tuesdays - during school terms

9am – 11.30am

PC room – opposite office building

Second hand knitting needles can be purchased for \$2.00 on the day.

### RPS SEWS

Fridays - during school terms

9am – 11.30am

PC room – opposite office building





## **RYDALMERE OSHC CENTRE**

### **SCHOOL NEWSLETTER INCLUSION**

**January/February 2016**

It's hard to believe that we have been in operation for a complete year! We have returned from an eventful vacation care at Ermington West OSHC Centre, and RoseHill OSHC Centre. Both centres featured excursion/incursion days, and there was also a joint-centre day with Ermington West, RoseHill, and Mortlake OSHC, where the children and educators joined up to play group sports together!

At this current point in time, we do not have any enrolments from the preschool, or the kindergarten, but we are hoping to work in collaboration with the school community to try and build the numbers this year.

Our program will continue to feature the same clubs as last year – Sustainability, Music, and Fitness Thursday. These clubs were very successful with children, so educators will continue to offer the club experiences, or possibly create new clubs also.

We have been highlighting our menu items each week, in our weekly summary. This weekly summary is sent out to our parents consistently every week, letting them know about the experiences and events that we participate in or acknowledge with the children.

Sadly, our co-ordinator from last year, Dola Haddad, has relocated to another service closer to her home. We wish her the best at her new service and are confident that she will do a fantastic job. Cathy Ho, the previous assistant co-ordinator will now take the position as centre co-ordinator, and Isabella Caruana will work alongside her as a permanent educator.

Cathy Ho, and the centre regional manager also will be attending the P&C meetings together each term.

Families can contact staff at the centre by calling 0419 816 734 or emailing [ryoshc@primaryoshcare.com.au](mailto:ryoshc@primaryoshcare.com.au). Centre Managers can be contacted directly by emailing [headoffice@primaryoshcare.com.au](mailto:headoffice@primaryoshcare.com.au).

# SCHOOL BANKING

## Welcome back to another new school banking year!

School banking has started and will continue on Wednesdays in 2016. If you are a new starter and have not yet received your bank book, please visit the Commonwealth Bank and obtain your BSB and account name/number – I will then be able to set you up with a banking book and your child can then start saving!

On Wednesdays, make sure your child brings with them their banking book and money for depositing. The child/ren will need to put these in the school mailbox (located on the office wall – building A) each Wednesday morning before the school bell.

Every deposit your child/ren makes earns a reward token, every ten (10) tokens earns a reward. This year's reward theme is the Australian Outback.

If you are new to school banking or have not yet joined please see Leonie Beasley, School Banking Co-ordinator for further details. Or leave a message with the school office and I'll get back to you.

Happy Banking,

Leonie Beasley

### 2015 Disneyland School Banking Holiday WINNER!

Well done to the thousands of School Bankers nationally who displayed regular savings habits throughout 2015 and were eligible to enter our 2015 School Banking Grand Prize Competition.

Congratulations to School Banker T. Ivers of Taree NSW who is the lucky winner of the Commonwealth School Banking competition and has won a family trip to Disneyland, California.

## 2016 Rewards Program



- Flying Snake Tail and Wildlife Writer Set, released Term 1
- Mud Splat Handball and Outback Pat Bag Tag, released Term 2
- Backtrack Eraser Pen, and Jump and Skip Rope, released Term 3
- Bush Fly Fan and Wiggly Glow Worm, released Term 4

## 2016 Outback Savers can go wild at Australia Zoo!

The School Banking program can help put your child on the path to good savings habits. And it might even put them on a path to Australia Zoo, where they'll meet Bindi and Robert Irwin (not to mention koalas, wombats and wallabies) as part of the wildest family adventure you can imagine.

Every student who makes 15 or more School Banking deposits by the end of Term 3, 2016 will automatically go into the draw to win a family trip for two adults and three children to meet the Irwins at Australia Zoo.

### The Grand Prize

- Full day Platinum Zoo Adventure Tour at Australia Zoo , Travel around the zoo in style with your own personal zoo guide, Get up close with the animals, Meet Bindi and Robert Irwin on part of your tour, Enjoy morning tea, lunch and afternoon tea while watching crocodiles and koalas in the open-air Feeding Frenzy Food Court, Have your own personal photographer to capture every moment with Bindi, Robert and the animals., Return domestic flights to Brisbane or Sunshine Coast, Qld (airport destination subject to flight availability), 4 nights' accommodation at the Oaks Oasis, Sunshine Coast in a two bedroom villa with breakfast included, 5 days' car hire, \$1,000 spending money, Return domestic flights to Brisbane or Sunshine Coast, Qld (airport destination subject to flight availability), 4 nights' accommodation at the Oaks Oasis, Sunshine Coast in a two bedroom villa with breakfast included



## RYDE PANTHERS FOOTBALL CLUB



### ON-LINE REGISTRATION NOW OPEN

[www.rydepanthers.com](http://www.rydepanthers.com)

Junior Mixed League & AA Men play Saturday

PINK Panther Girls & AA Womens play Sunday

**Missed our Registration Information Day?**  
**Not to worry, registrations are STILL OPEN!**

10% prompt payment discount applicable if you pay online by 21.2.16.  
**All Juniors receive FREE Club shorts and socks in 2016**

For further information, please contact:  
 Jen # 0405 817 007 [minipanthersroar@gmail.com](mailto:minipanthersroar@gmail.com)  
 or  
[secretary@rydepanthers.com](mailto:secretary@rydepanthers.com)




**THE FAMILY FRIENDLY CLUB—est 1959**

## Healthy Harold's First Family Fun Day

**Sunday**  
 21st February  
 10am-3pm  
 10 Hewitt St Colyton  
 (Life Education NSW)



**Special guests!!!**  
 Interactive sessions in  
 our Vans and classrooms  
 Prizes  
 Face Painting  
 Activities  
 Food stalls  
 Entertainment

Come and say "Hi" to  
 Healthy Harold



To find out more, get involved or support by sponsoring or volunteering please call Lillian 02 9679 3322  
[www.lifeeducation.org.au](http://www.lifeeducation.org.au)

## Cumberland High School

### Excellence in Education



Experience  
 Excellence at  
**Cumberland  
 High School's  
 Open Evening.**  
 Monday 29  
 February 2016  
 from  
 5pm to 8pm.





Cumberland High School provides an  
 extensive range of academic and vocational  
 opportunities delivered by our professional,  
 experienced and highly committed teachers.

183 Pennant Hills Road Carlingford NSW 2118  
 Phone 9871 7718  
[www.cumberland-h.schools.nsw.edu.au](http://www.cumberland-h.schools.nsw.edu.au)



# Parenting Programs

## Child & Adolescent Parenting

### WHAT'S ON IN TERM 1 - COURSES/WORKSHOPS FOR PARENTS/CARERS

#### **Tuning in to Kids Course** (3-10yrs)

Help your child develop emotional intelligence, manage emotions & deal with conflict.  
Chatswood 5wks/2.5hrs (25/2 -24/3, 7.00-9.30pm)

#### **Triple P (Positive Parenting Program) Seminars** (3-8yrs)

Series of 3 seminars on Positive Parenting & Raising Confident, Competent & Resilient Children  
Chatswood (9/3, 16/3 & 23/3, 7.00 - 9.00pm)

#### **Communicating with Kids Workshop** (based on PET) (4-12 yrs)

Communication skills for building effective long term relationships with your children & family.  
Chatswood (5/4, 7.00-9.30pm)

#### **Tuning in to Teens Course**

Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.  
Chatswood 5 wks (1/3 to 29/3, 7.00-9.30pm)

#### **Toddlers Workshops** (1-3yrs)

Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep  
Chatswood (22/2-29/2 & 7/3 (3 wks/2.5hrs each, 7.00-9.30pm)

#### **Helping Your 3-6 Year Old Child with Anxiety**

Series of 2 workshops for parents to assist with young children showing signs of anxiety  
Chatswood 21/3 & 4/4 (2.5hrs each, 7.00-9.30pm)

#### **Resilient Kids Workshop**

Strategies to accept & express feelings, develop optimistic thinking & coping skills  
Chatswood (30/3, 7.00-9.30pm)

#### **Dealing with Teen's Backchat Workshop**

Learn how to restore a respectful & positive relationship between you & your teenager  
Chatswood (23/2, 7.00-9.30pm)

### WORKSHOPS ON REQUEST - PHONE 8877 5152 (2-2.5 hours)

- |  |  |
|--|--|
| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School                     |
| ★ Tucker without Tantrums/Toilet Training          | ★ Transition to High School                |
| ★ Speech & Language Development/Sleep              | ★ Triple P Seminar Series 1-12 yrs & Teens |
| ★ Older Sibling - New Baby                         | ★ Communicating with Kids                  |
| ★ Dealing with Teen's Back Chat                    | ★ Grand Parenting                          |
| ★ Resilient Kids                                   |  |

**Enquiries: Child & Adolescent Parenting 8877 5152**

**[www.nslhd.health.nsw.gov.au/services/CAP](http://www.nslhd.health.nsw.gov.au/services/CAP)**



Health  
Northern Sydney  
Local Health District

