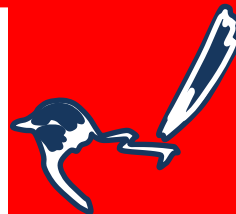


THE LINK



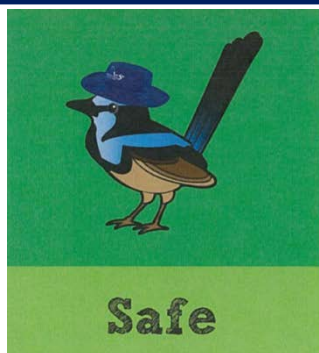
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397 Victoria Road
Rydalmere 2116

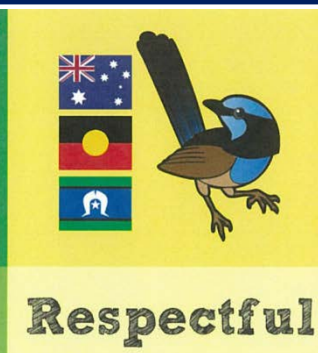
Email: rydalmere-p.school@det.nsw.edu.au
Web: rydalmere-p.schools.nsw.edu.au

Ph: 9638 1568
Fax: 9898 0161

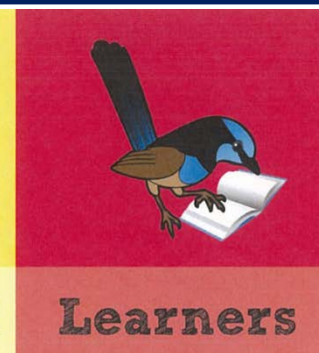
Term 3 – Week 8: Issue 14/2016



Safe



Respectful



Learners

DATES TO REMEMBER

07/09/16	<i>Preschool Science Show</i>
12/09/16	<i>Celebrating the Arts</i>
20-22/9/16	<i>Bathurst Camp</i>
23/09/16	<i>Last Day Term 3</i>
10/10/16	<i>Students Return Term 4</i>

19/10/16	<i>Dan Haesler Parent Session</i>

PRINCIPAL'S REPORT

Giving back

The community of Rydalmere is very giving. This is no different for the staff of Rydalmere PS. Just as your children need great teachers, so do university students studying teaching. Over the year our staff love to 'give back' and share their expertise developed over the years to ensure the legacy of great teachers lives on.

This term, we welcome two prac teachers on their journey into 'teaching' to two of our classes. Mrs Lucas has joined 1M on her internship (10 week block) which is her final practicum before being a fully-fledged teacher. Mr Kilpatrick joins 4/5/6M and is on his second year practicum (4 week block). I would like to thank Mrs Martelli and Mrs Messer for their leadership, sharing of expertise and capacity building in this area. This is a vital role which ensures all classrooms have competent 'great' teachers before your children. I would also like to congratulate Mrs Lucas and Mr Kilpatrick on the great job they are doing in 1M and 4/5/6M.

SASS Recognition Week

Last week we celebrated SASS recognition week. This is a time when we recognise the outstanding work done by the School Administrative and Support Staff at the school. This year the theme for SASS Recognition week was "SAS Staff Essential". We know how true that is here at Rydalmere. We are very fortunate to have a wonderful team of SASS at Rydalmere. These staff members go above and beyond each day to assist with many aspects of school life. We sincerely thank:

- * Mrs Kushturian (SAM)
- * Mrs Camporeale (SAO)
- * Mrs McKay (Preschool SLSO)
- * Mrs Hunter (SLSO – KG)
- * Mrs McDonald (SLSO – 1M)
- * Miss Ellie (casual SLSO Preschool) and
- * Mr Tom (GA)



At Rydalmere we take a S.T.A.N.D

A stand against bullying and a proactive approach rather than being a bystander. Teachers will be reinforcing this in classrooms and we will continue to send home information to our parents and carers.

S tay Calm	
T ry To Ignore	
A sk Them To Stop	
N ever Fight	
D uty Teacher	

Book Week

Thank you to all of the children and their families who took the time to prepare costumes for our annual book week parade. Your efforts are appreciated, and the enjoyment in your children's eyes is well worth it!!

Again the weather was not kind to us, but we didn't let that dampen our spirits. Our book parade went ahead in full colour, celebrating "Australia! Story Country". The book fair was a huge success with a considerable amount of sales, providing over \$300 worth of book rewards to our library from Scholastic. Thank you to everyone for your support of this event.

Kindergarten Enrolment 2017

Do you have a child who is turning 5 before July 31 in 2017? If so, **NOW** is the time to enrol your child at our wonderful school. Alternatively if you have neighbours and friends within our local area, please encourage them to enrol now.

As we now provide every student in our school with their own designated XO (laptop) computer for the year, it is vital we know how many new students we will be getting so that

we can have these ready to go at the start of 2017 for all new students. Please collect enrolment forms from the office or download online and return to our office. **KINDERGARTEN ORIENTATION BEGINS ON 12TH OCTOBER – ENROL NOW** to be a part of this wonderful transition to school.

Celebrating the Arts (CTA)

The Celebrating the Arts Concert will be held at the Parramatta Riverside Theatre next Monday, 12th September. This year, our choir will perform as part of the Schools Combined Choir. Tickets for Celebrating the Arts are \$18 and are selling fast!! Book your tickets at the Riverside Theatre ticket office, online or over the phone to avoid disappointment.

Premier's Reading Challenge

Our student began their participation in the Premier's Reading Challenge in March. The Challenge has now finished. All of our students K-6 completed the challenge and will receive a certificate for their participation. These will arrive in early December. Thank you to the parents who supported their child in entering the data at home.

Camp for 3-6

Our annual school camp for years 3-6 is only two weeks away!! This year we are travelling to Bathurst (via the Blue Mountains and Scenic World) to experience life in the Goldfields. Our students and staff are looking forward to the wonderful experiences we will share. Attending the camp is Miss Gallace, Mrs Messer, Mr Kilpatrick and myself (Mrs Zadow). Any student not attending must compulsory attend school to continue their learning onsite.

Dan Haesler Parent Session **ENROL NOW!!**

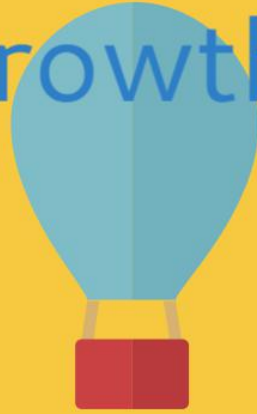
In the last 'Link' I informed our community about a very exciting parent event we have organised in conjunction with our Community of Schools. Please RSVP to the following link to confirm your attendance for catering purposes. (Flyer on next page)

<https://www.eventbrite.com.au/e/parent-session-with-dan-haesler-future-proofing-your-kids-with-a-growth-mindset-tickets-27184755335>

Bek Zadow
Principal



Future-Proof Your Kids with a Growth Mindset



DAN HAESLER

As parents we want what's best for our children. But what if our best intentions could actually be undermining their potential to succeed in an ever-changing economy, workplace and society? What if our attempts to boost our kids' self esteem were actually having the opposite effect?

In this talk, Dan Haesler will share with you some compelling research that suggests we should rethink our attitudes towards success, failure, self esteem and how we talk to our kids.

Wednesday 19 October 2016, 6:30-7:30PM
Cumberland HS Hall (entrance via Dunmore Ave)

Eventbrite

To register for this event:
Go to <https://www.eventbrite.com.au/> and then search for Parent Session with Dan Haesler, click on the link and then follow the prompts. If viewing online, simply click on the EventBrite link.

CUMBERLAND COMMUNITY CONNECTION

<http://www.cumberlandcc.education.nsw.gov.au/>





Rydalmere Public

@rydalmereps

Year 5 participating in Science

@CumberlandHS - lit their names up in
ignition fluid #wow #science @bek_zadow



Sep 4, 2016, 10:18 AM

1 RETWEET

1 LIKE



5/09/2016, 6:14 AM

1 RETWEET 4 LIKES

Reply to Bek Zadow

As of this morning, we have now gone 'live' in our new finance and administration system!! We'll keep you updated on payment methods as the migration comes to completion.



Nutrition Snippet

The simplest way

...to get behind Fruit & Veg Month.

Vegetables are funky!

That's the tune NSW primary schools will be singing during Fruit & Veg Month from August 29 to September 23.



The Healthy Kids Association initiative aims to:

- remind kids why fruit and veg are so good for them;
- increase the amount and variety of fruit and veg that students eat and;
- encourage kids to try new fruits and vegetables.

Add fruit and veg to the lunch box and in meals and snacks at home and you'll be well on your way to helping your kids set up healthy habits for life.

Go to eatittobeatit.com.au for recipe ideas and fruitandvegmonth.com.au for Fruit and Veg Month news.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.



Health
Western Sydney
Local Health District



Nutrition Snippet

The simplest way

...to serve spring salads.

Spring brings sunshine ... and salads!

A salad is a great way to enjoy a light and lovely meal packed full of veg. Enjoy as a side dish or add some lean meat, fish, cheese or hard-boiled egg and make a meal of it.

Here are five of our spring salad favourites (for full recipes go to eatittobeatit.com.au):

- Tabbouleh.
- Thai beef salad.
- Asian chicken salad.
- Basic garden salad.
- Mixed bean salad.



For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.



Health
Western Sydney
Local Health District



CHILD PROTECTION WEEK

All students this term are engaging in Child Protection lessons every week. These lessons are a mandatory component of our PDHPE curriculum. This week recognises the importance of child protection awareness in our community.

PROTECTING CHILDREN IS EVERYONE'S BUSINESS



Employers

Show leadership. Explore ways you can offer staff work-life balance. If you support a parent, you help a child.



Grandparents

Play with your grandchild. Play is fun and can help shape the way a child thinks, learns and behaves now and in the future.



Parents

Build caring connections and encourage your child to make good friends. Connected children are safer. Take time for you. Ask for help. All parents need support from family, friends and professionals.

**PLAY
YOUR PART**
napcan.org.au



Teacher/Coach

Help build confidence. Comment frequently when students demonstrate integrity, persistence and kindness.

NATIONAL CHILD PROTECTION WEEK

4 - 10 SEPTEMBER 2016

Supported by: Department of Social Services

NAPCAN
PLAYING CHILD ABUSE & NEGLECT

RYDALMERE OSHC CENTRE WEEKLY SUMMARY

Date: 29th August – 2nd September 2016

Hi Families,

Welcome to our Weekly Summary for this week at Rydalmere OSHC Centre.

This week, we acknowledged FRUIT AND VEG MONTH, World Water Week, National Wattle Day and Father's Day. All the children were eager to have a turn at reading or writing for a discussion this week so the Educators gave each child the opportunity to either read or write. As Father's Day is coming up the children wanted to create a very special card for their fathers. The children all created their very own designed tie for their dads.

Both Cathy and Isabella would like to thank the parents who participated in the community meeting and have recently given us positive feedback. We really appreciate it.

PROGRAM

This week's highlights

The children enjoyed having a dance off to their favorite hits. They even did some breakdancing and dropped some new funky moves. The children also expanded on their cultural diversity by doing the world culture puzzle together. The Educators then discussed each person on the puzzle and explained their individual culture to the children. The children also had the opportunity to do some free craft, which we have displayed on the wall. Please take a look!

This week's menu:

Monday- Spring Rolls

Tuesday – Cheese and Chicken Toasties

Wednesday – Chicken Noodles

Thursday – Cruskits with spreads

Friday – Nachos

There is always fresh fruit available during afternoon tea



The children dropping their best dance moves to their favorite music.

UPCOMING CENTRE EVENTS

National Child Protection Week – 4th to 10th September

R U OK DAY? – 8th September

Sustainable House Day – 9th September

CHILDREN'S INPUT

"I liked playing with the ball with Lily"

- Ridwaan (29th August, Daily Journal)

FEEDBACK/STAFF UPDATE

Please feel welcome to express your feedback to Isabella and Cathy verbally, or to the email/numbers below.

CONTACT US at ryoshc@primaryoshcare.com.au

Ph: 0419 816 734 Or Alison Hurst (Manager) 0447 719 883

See us at: www.primaryoshcare.com.au



[Primary OSHCare Facebook Page](#)



The children making their very own craft creations.

P&C NEWS

UP COMMING EVENTS

Thursday 15th September – P&C General Meeting 6.45pm

school Library –**ALL WELCOME**

Saturday 10th September –Bunnings Cake Stall- **CANCELLED**

Saturday 5th November – 125th Birthday Celebration FETE



All members of the school community are welcome to join our P&C and help decide on Fundraising events and what school resource we invest the our money in. Membership is only \$1.

POSITIONS VACANT

Vice President – Provides support and assistance to the President

Please see Michelle Ly, for a full job description.

P&C General Meeting – Thursday 15th September

Our next P&C General Meeting will be held on Thursday 15th September in the school Library.

Please arrive at 6.45pm for a 7pm start.

Fundraisers Update



FATHERS DAY F.U.D.G.E STALL

Thank you to everyone who support this years Father's Day stall by purchasing gifts for the male role models in their life.

A special thank you to **Christa, Delia, Enelee, Pinny and Michelle** who helped with, setting and packing and selling on Tuesday. Thank you to **Karen** who helped tidy up after the stall on Friday.

I hope everyone enjoyed Father's Day on Sunday!!! ☺

Share the Dignity Charity Drive

The P&C are again this year supporting the Share the Dignity Charity organisation who collects female hygiene products which they distribute to the female homeless. If you would like to support this worthy cause, you can drop of any personal hygiene products to the P&C/Community Hub room (**purple building**) anytime this term. Items include, but not limited to, toothbrush, toothpaste, brush, combs, pads, tissues, deodorant. If you have an old hand bag, in good condition, the items can be put in, that would be very helpful to. Thank you for you support.



What is **A Crunch&Sip School**?

***The Crunch & Sip** is a set break to eat fruit or salad vegetables and drink water in the classroom. The students re-fuel with fruit or vegetables during the morning or afternoon, assisting physical and mental performance and concentration in the classroom. This gives kids a chance to refuel, a bit like putting petrol in a car.*

The fruit and vegetables have been donated to our school by **Woolworths Ermington**, for the students to enjoy at crunch and sip time. Cutting can be done between 8.45am and 9.15am daily in the school canteen.

Please see Karen the Hub Leader if you can help.

The Crunch & Sip program is an easy way to help Kids stay healthy and happy!!!

Uniform shop

The uniform shop is open by Appointment or every First Thursday of the month, in the morning between 8:50 and 9:15. **It's not opening on Friday anymore for the rest of the term.**

If your child has grown out of their school uniform, why not donate it to the uniform shop. All money raised from the sale of uniforms is donated back to the school to help supply resources and equipment that government funding does not cover.



CANTEEN

Canteen is opened every **TUESDAY** and **FRIDAY**, for **LUNCH ORDERS ONLY**.

Keep an eye, and ear, out for special days, the canteen will be opened, and special menu items. Volunteers are needed to open the Canteen on other days.

(If you are able to spare a few hours one day, please let Nichole know).

ICECREAMS



Year 6 students are selling ice-creams on **TUESDAY** and **FRIDAY**. Prices range from 50c to \$1.50.

Term 3 SPECIAL

Dragonpop and Troposaurus Paddle Pop ONLY \$1.00 each



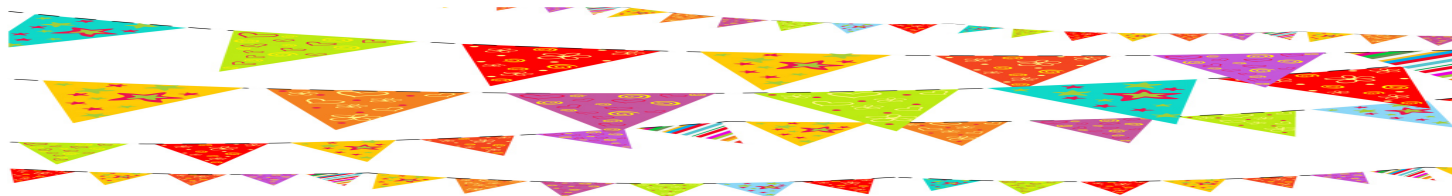
BREAKFAST CLUB

Free Breakfast for the children. If your child doesn't get a chance to eat in the morning come on down to the canteen between 8:45 and 9:00 on **MONDAY, TUESDAY WEDNESDAY and FRIDAY** for a bowl of nutritious Corn Flakes, Sultana Bran or Rice Bubbles.

Toast is available on **MONDAY** and **WEDNESDAY only**.

(If you are able to help between 8:45 and 9:00. Please see Karen the Hub Leader)

Remember many hands make light work and all money raised goes back into the school to assist with the purchasing or upgrading of school resources where funds provided by the government are insufficient.



125th Birthday Celebration Fete

Saturday 5th November

Planning for the school 125th Birthday celebration fete is going well. Anyone wishing to be part of the organising committee is welcome to come along to the weekly meeting held on **Tuesday** from 2.30pm until 3pm in the P&C/Community Hub room (the **purple** building).

The Fete will be held on **Saturday 5th November** between 10am and 2 pm.

Raffle Ticket Prizes 2016

1. Ryde/Parramatta Golf Club – 4 people rounds of golf - **\$280**
2. Ryde/Eastwood Leagues Club Voucher Dinner & Drinks for Golden Hawk Restaurant \$120 & family Pass to Ryde aquatic Centre **\$25.90**
3. Taronga Zoo 2 Adult Passes \$55 each exp 10/5/17 & Family pass to Ryde aquatic centre **\$25.90**
4. DKNY Sunglasses RRP **\$130**
5. City Extra \$100 Voucher & family Pass Ryde Aquatic Centre **\$25.90**
6. Scenic World 1 family pass **\$99** exp 1/6/17
7. Captain Cook Cruise – Cruise Harbour Story – Sightseeing **\$78** exp 3/6/17
8. Canterbury Ice Rink 1 family Pass **\$69** exp 31/12/16
9. Canterbury Ice Rink 1 family Pass **\$69** exp 31/12/16
10. Featherdale Wildlife Park 2 adult Passes **\$62** exp 30/1/17
11. Powerhouse Museum x 2 & Sydney Observatory passes x 2 **\$50**
12. Mens Hamper **\$50**
13. Ladies Hamper **\$50**
14. Childs Hamper **\$50**
15. Museum Of Fire – Family Pass **\$28**
16. Museum of Fire - Family Pass **\$28**
17. Family pass to Ryde Aquatic Centre **\$25.90**

Tickets are \$1 each and the prizes will be drawn on the 5th November please contact the office if you would like to purchase more tickets.

Don't forget we are still asking for donations

2nd hand books and magazines (e.g Better Homes and Gardens) that are in good condition for the white elephant/book stall

2nd hand toys, in good condition (NOT broken or dirty) for the white elephant/book stall. Class donations are still welcome as well if you have any questions please ask your class representatives for the fete.

Only 9 weeks to go!



Rydalmere Community Hub Update:

HELLO!

Greetings! We are well into Term 3; Christa and myself (Karen) are having heaps of fun connecting with students, parents, grand-parents and neighbouring community organisations. Our aim is to reach out by promoting our school Hub informing them of social activities, projects and upcoming events.

To remain informed about up-to-date activities and programs, follow us and LIKE our Rydalmere Hub page. <https://www.facebook.com/rydalmerehubcommunity>

We need your helping hand...

Can you spare 30 minutes on Mondays? Our school need your kindness to serve breakfast at in the canteen for Breakfast Club from 8:45am to 9:00am. Breakfast are for students who didn't get a chance to have breaky before attending school.

Fruit choppers needed on Wednesdays. Everyday all classrooms are provide fresh fruit for recess. We need your help to chop donated fruits.



THANK YOU for the dedication of our existing parent volunteers including the fabulous canteen team!

Your on-going help goes a long way and continues to benefit our school.

Playgroup

In total there are 13 regular parents with their children aged between 0-4 years old who attend Playgroup Mondays. The group have enjoyed playing, reading and dancing together followed by a play in the Preschool playground sandpit, cubby house, play kitchen and slides. New families welcome; the group meetings every Monday (except public holidays and school holidays from 9:30am to 11:30 at the School Hall).



TAFE Children's Services



The group of adult students (both from our school and community members from the Parramatta catchment) are actively completing

units of the Introduction to Children's Services set to complete week 2 of Term 4. The adult students have been busy learning about safety and completing practical assessments.

Huge 'thank you's' goes out to TAFE Community team, head teachers and outreach teacher

Vanessa who attends

weekly to deliver the course at Rydalmere Public School. Watch this space, Term 4 course to be announced shortly. For more information please contact Karen via 0421 723 305.



RPS Knitting Group

Every Tuesday the RPS knitting group meet to socialize and create creations together. The ladies are finalising knitted and crocheted animal toys to donate to Stewart House. Our goal is 125 to match RSP's 125 years fete celebrations which is going to be held on November 5th, 2016. In addition to the toys, the ladies have made beanies and scarfs.



Thank You to our Sponsors



All donations from our sponsors assists our school in the daily RSP Breakfast Club, Crunch n' Sip and jam for our upcoming 125 fete celebrations.

Rydalmere Community Hub Update continues ...

Upcoming events and community happenings



**RYDALMERE PUBLIC
SCHOOL**

**125 YEAR CELEBRATION
FETE**



**Saturday 5th
November 2016**

**10:00am until
2:00pm**

**597 Victoria Road
Rydalmere 2116**

**VISIT THE HALL
OF HISTORY & LAUNCH
OF PAVER PATH**

**Stalls, Entertainment, BBQ, Coffee
Rides, Cake Stalls and much more**

Rides wristbands can be pre-purchased or purchased on the day. Contact school office 02 9638 1568 or email rydalmere.p.s.125@gmail.com for further information. ENTRY via John Street, Rydalmere.

COMMUNITY NEWS



Rydalmere Public School
Learning Is Growing

Download our **NEW FREE RYDALMERE PUBLIC SCHOOL** App by scanning the QR code below, or go to your favourite app Store and search for:
Rydalmere Public School

QR codes for downloading the app are provided for Android, Apple, and HTML5.

Go4Fun®
Healthy • Active • Happy • Kids

FREE family healthy lifestyle program for 7 - 13 year olds to become fitter, healthier & happier

- Locations across Western Sydney
- After school and weekend programs available
- Limited places, register now



Health
Western Sydney
Local Health District

Register today
1800 780 900
go4fun.com.au



"Loved the outdoor games, made friends, feel great, so much fun!"
Lucas, 10 years

