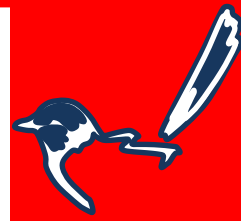


# THE LINK

A publication of Rydalmere Public School

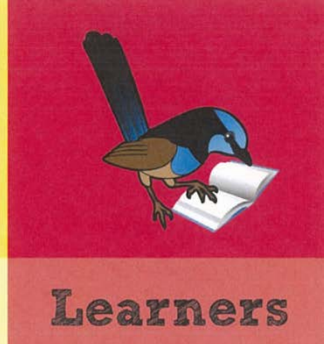
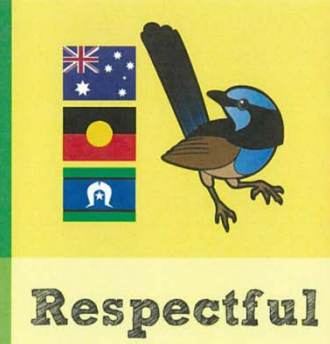
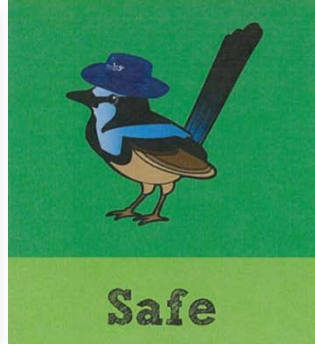


397 Victoria Road  
Rydalmere 2116

Email: rydalmere-p.school@det.nsw.edu.au  
Web: rydalmere-p.schools.nsw.edu.au

Ph: 9638 1568  
Fax: 9898 0161

Term 1 – Week 6: Issue 3/2017



## DATES TO REMEMBER

27/2/17	Parent Information Evening
1/3/17	Zone Swimming Carnival
3/3/17	Clean up Australia Day
21/3/17	Harmony Day
27/3/17	Parent Teacher Interviews

7/4/17	Easter Hat Parade

## PRINCIPAL'S REPORT

### Welcome BBQ & Disco

Thank you to all of our families who attended this event. It was a wonderful way to welcome our year and a great opportunity for us to catch up with our families. Thank you to the parent volunteers and the staff who enabled us to run this event.

### Wheel Safety

Too many students are arriving at school on 'wheels' (scooter or bike) WITHOUT wearing a helmet. Any child who does not have adequate headwear (a helmet) will not be allowed to ride their 'wheels' out of the school gate and instead be instructed to walk the scooter or bike home.

### Road Safety

It is always disappointing to be contacted by a member of the public for a misdemeanour from members of our school. Last week I was contacted after an incident involving a parent running across Victoria Road with their children on the RED man. Please don't let this happen again – life is precious.



### Swimming Carnival

Our swimming carnival was held on Friday 17 February. We took 26 eager swimmers with us – all of whom did themselves proud with their effort. This week, Mrs Ryan and I have the pleasure of taking 11 of these students who qualified, to the Zone Swimming Carnival. Best of luck to all of our students on Wednesday 1 March!!

### Playground Equipment

There is to be NO use of our playground equipment after school. Once our end of school bell rings, all students are reminded that they should go directly home or to OOSH and not play on the equipment. Our equipment is a valuable resource to develop our students' motor skills when under adequate supervision of staff. There are plenty of opportunities for students to use this equipment throughout the school day.

### Selective High School Placement Test

This will take place on Thursday 9 March for students who have previously applied for this.

*Bek Zadow*  
Principal

# ASSEMBLY AWARDS

Term 1 Week 4 16/02/2017

			
<b>K Blue</b>	Mahveen	Mitchell	Ayla
			Razvan
<b>K Purple</b>	Aila	Ahmed	Geordie
			Hana
<b>1/2M</b>	Nina	Vida	Tarryn
			Adam
			Zak
			Tyler
<b>2/3A</b>	Luke	Alexis	Ellen
			Clayton
			Atia
			Isaac
<b>3/4S</b>	Zach	Geoffrey	Rhys
			Mikayla
			Lilly
			Daniyal
<b>5/6M</b>	William	Alana	Malia
			Connor
			Sameer
			Alex

# WHAT'S HAPPENING AT OSHCare



## RYDALMERE OSHC CENTRE WEEKLY SUMMARY

Date: 20<sup>th</sup> – 24<sup>th</sup> February 2017

Hi Families,

Welcome to our Weekly Summary for this week at Rydalmere OSHC Centre. This week we did a lockdown and an emergency evacuation with the children for them to know what to do in these situations. All the children responded in an appropriate manner and followed the educator's instructions. Good job children 😊.

Next week will mark the start of the Easter calendar. To celebrate the start of Easter next Monday Kaylah will be making some really tasty pancakes with the children's assistance, to mark the start of Easter and Shove Tuesday.

### PROGRAM

#### This week's highlights

For Animal Club this week the children made some great grizzly bears out of clay. We printed a picture for them to follow and then showed them how to mold the clay. For Science Experiment Wednesdays the children got to do a pretty fizzy experiment where they put Mentos in a coke bottle. Once they put the Mentos in the coke it created a chemical reaction leading to an explosive bottle of coke. We have received some new puzzles for them to complete. They especially loved completing the UP-Movie puzzle that was similar to a large Rubix Cube. The children have begun to paint our papier Mache planets just like the real planets in the solar system.

#### Next week's menu:

Mon	Wraps With jam, vegemite or cream cheese spreads
Tues	Raisin Toast With vanilla yogurt
Wed	Cruskits With jam, vegemite or cream cheese spreads
Thurs	Spring Rolls With carrot, cabbage and onion
Fri	Ritz With cheese and dried fruit



*Look what I built with the Mobilo*

### UPCOMING CENTRE EVENTS

Shove Tuesday- 28<sup>th</sup> February  
Tooth Fairy Day – 28<sup>th</sup> February  
Ash Wednesday – 1<sup>st</sup> March  
Zero Discrimination Day – 1<sup>st</sup> March  
World Wildlife Day – 3<sup>rd</sup> March  
Clean up Australia Day – 3<sup>rd</sup> March

### CHILDREN'S INPUT

"I liked playing Hangman"  
Alex (13<sup>th</sup> February, Daily Journal)

### FEEDBACK/STAFF UPDATE

We have received some positive feedback from our new families, thank you so very much for your fantastic feedback

CONTACT US at [pyoshc@primaryoshcare.com.au](mailto:pyoshc@primaryoshcare.com.au)  
Isabella Caruana Ph: 0419 816 734 Or  
Alison Hurst (Manager) 0447 719 883 See us at:  
[www.primaryoshcare.com.au](http://www.primaryoshcare.com.au)



[Primary OSHCare Facebook Page](#)



*Let's all read together*



## RYDALMERE PUBLIC SCHOOL COMMUNITY HUB TERM 1

### MONDAYS-

9.00am – 11.00am

"Come and join us in the Sensory Garden".

Maintain and nurture the Sensory Garden and grow Raised Garden Beds.



Equipment will be provided and NO gardening experience required.

A story book for all to listen as we sit and eat our Morning Tea in the Garden!

Bring a Hat, Water bottle, Morning Tea and a Towel/ Blanket to sit on.

Toddlers and Preschoolers encouraged joining us.

### TUESDAYS-

9.30am-11.30am

KNITTING

P AND C ROOM

Visit Hub Leader



### WEDNESDAYS-

Parent and Children's Activities.

"MCR" is rolling out.

MY CANTEEN RULES



### THURSDAYS-

Adult Ladies Swim Classes (*Beginners*)

11.45am-1.00pm

Ryde Aquatic and Leisure Centre

\$8.80 per lesson per week

"CLASS IS CURRENTLY FULL"

Expressions of interest

See Community Hub Leader.

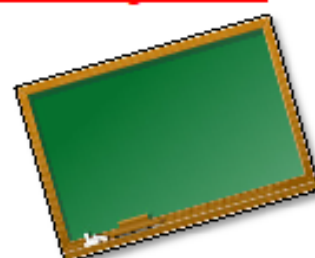
Stay informed-

Check out the chalkboard- Advertising the Community Hub Activities, Programs and Events.



Leonie Williams- Community Hub Leader – 0421 723 305

TO REGISTER WITH THE HUB FOR ALL ACTIVITIES!!



## BREAKFAST CLUB – Let's get it started.

Breakfast Club requires not only volunteers to prepare the food and beverages each morning. **MOST IMPORTANTLY** it requires donations and/or financial input to sustain the program for the year.

Currently volunteers are invited to assist in sourcing the products by attending a Communal Meeting. The Breakfast Club is a program to deliver a pleasurable and social experience for all children at Rydalmere Public School.

*"It's the most important meal of the day – but one in four children in Australia skips breakfast."*

*At school, a hungry child can lose concentration in class, have no energy for playtime and snack on unhealthy foods, such as chips or biscuits.*

*A calm and healthy breakfast every day is the best defence against this happening. It also helps children to get into good habits that they can carry through life".*

*(<https://www.healthykids.nsw.gov.au/parents-carers/.../importance-of-breakfast.aspx>)*

The Breakfast Club in the future will be held inside the School Hall; Rain, Hail or Shine. Tables with cloths and chairs will be set for the children to engage socially whilst enjoying their breakfast.

### MENU

#### Summer and Spring–



Toast with Butter and Vegemite

Toast with Butter and Honey



Whole Fresh Fruit

Flavoured Milk

#### Autumn and Winter-

Muffins with Butter and Vegemite

Crumpets with Butter and Honey



Whole Fresh Fruit

Hot Milo



I would very much encourage those that wish to assist in getting this Program up and running to attend a Communal Meeting.

This meeting will be held in the School Hall this coming WEDNESDAY FROM 9.15am. Preschoolers and Toddlers welcome.

Coffee and Tea will be provided.

*Please kindly advise Community Hub Leader of your intent to attend the meeting.*



# MCR



## “MY CANTEEN RULES”

You are invited to nominate a group of people/friends/family to participate in a **Cooking Experience** for the school children at Rydalmere Public School.

It involves each group taking a turn to “wow” and “excite” the “appetites” and “taste buds” of our school children.

So be inventive and utilise all your talent and skills from cultures and traditions from around the world. Call on those recipes passed down from generations or just simply serve up your specialty!!!



**When:** *Wednesday Lunchtime*

**Time:** *As much as you need*

**Where:** *Rydalmere Public School Canteen*

**People:** *As many as you need!*

## **RULES:**

**Recipes to be handed in prior to Community Hub Leader and in turn a Date will be allocated to your Group.**



All group members must register and sign in on the day at the School Office for liability reasons.

All prepared food is to meet the criteria of "The Healthy Food Policy".

(See Community Leader for a copy).

Food is to be prepared on the day with ingredients purchased by your Group.

The food prepared is to be sold from the canteen with a maximum value of \$2 per item.

Profits made from sales are to cover individual Groups ingredients and presentation costs. (receipts **MUST** be presented).

Remaining profits will go back to the Community Hub -IN SUPPORT OF THE REOPENING OF THE BREAKFAST CLUB PROGRAM.

Children are not (as per canteen rules) permitted inside the canteen area.

Pre-schoolers are welcome to play outside of the canteen area and supervised at all times.

**BEWARE of Allergies for children within the school.  
Recipes will be reviewed to eliminate any risk to those children suffering with allergies.**

**Allergies suffered by the individual children are pasted on the walls within the canteen.**



**May the best "MCR" win?**

*Rydalmere Public School children will be provided with a survey to nominate their favourite group!*

*So give your Group a name that won't be forgotten. The winning Group will be awarded a prize by the Principal.*

*Your Group will be advertised as the "Winner" along with your recipe/recipes in the "Link Newsletter".*

## P&C NEWS



### UP COMMING EVENTS

- ✓ Thursday 16<sup>th</sup> March – P&C Meeting 7:00pm.
- ✓ Saturday 1<sup>st</sup> April- Bunnings BBQ.
- ✓ Friday 7<sup>th</sup> April – Easter Hat Parade at School.

**“Thanks to everyone who came to the Welcome Disco and BBQ, we hope you all had a fantastic night and to all that helped make it a great night”.**

All members of the school community are welcome to join our P&C and help decide on Fundraising events and what school resource we invest our money in. Membership is only \$1.

### **P&C Meeting – Thursday 16<sup>th</sup> March**

Our next P&C Meeting will be held on Thursday 16th March in the school Library.  
Please arrive at 6.45pm for a 7:00pm start.

- ✓ Principal Report
- ✓ Treasurer- Financial Reports including Canteen and Uniform Shop.
- ✓ Canteen Report
- ✓ Uniform Shop Report.

**Canteen is having a training on Tuesday 28<sup>th</sup> February and on Tuesday 7<sup>th</sup> April. We will be there from 8:50am until 9:45am. Come down and learn about the canteen operation. Note that if NO VOLUNTEER ARE FOUND CANTEEN WILL CLOSE ON TUESDAYS.**

Please respect the **5 minute** zone when you drop your kids off. If you want to stay longer you need to find another area.  
Avoid being fined.

The P&C run several fundraising events throughout the year. All funds raised go directly back to the students, in the form of resources, new or upgrading facilities or subsidising the costs of camps or excursions.

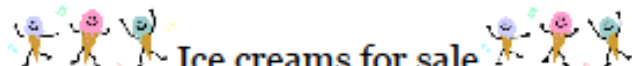
Sometimes these fundraising events are raffles, if you do not wish to receive raffle tickets to sell please let the P&C know by emailing the P&C at [rydalmerepandc@hotmail.com](mailto:rydalmerepandc@hotmail.com) , if no notification is received we will take it as an indication of your consent to receive raffle tickets to sell on behalf of the P&C.

Thank You  
Rydalmere Public School P&C

### Uniform shop

The uniform shop is open by appointment or every First Thursday of the month, in the morning between 8:50 and 9:15.

If your child has grown out of their school uniform, why not donate it to the uniform shop. All money raised from the sale of uniforms is donated back to the school to help supply resources and equipment that government funding does not cover.



### Ice creams for sale

Icy twists \$1.00  
Juicys 50c  
Zooper doopers 50c  
Chocolate paddle Pops \$1.30  
Banana paddle Pops \$1.30  
Rainbow Paddle pops \$1.30



### CANTEEN

Canteen is opened every **TUESDAY** and **FRIDAY**, for **LUNCH ORDERS ONLY**. Keep an eye, and ear, out for special days, the canteen will be opened, and special menu items. Volunteers are needed to open the Canteen on other days.  
**(If you are able to spare a few hours one day, please let Nichole know).**

### Share the Dignity Charity Drive

The P&C are again this year supporting the Share the Dignity Charity organisation who collects female hygiene products which they distribute to the female homeless. If you would like to support this worthy cause, you can drop of any personal hygiene products to the P&C/Community Hub room (**purple building**). Items include, but not limited to, toothbrush, toothpaste, brush, combs, pads, tissues, deodorant. If you have an old hand bag, in good condition, the items can be put in, that would be very helpful to. Thank you for your support.

*"When we hold events at the school. Parents if you would like to be involved come see the coordinator of the event and help. Remember many hands make light work and all money raised goes back into the school to assist with the purchasing or upgrading of school resources where funds provided by the government are insufficient."*



### **EASTER EGG RAFFLE 2017.**

Easter is just around the corner and the yummy Easter eggs are already on the shelves at the shops.

Once again, we will be having our Easter Egg raffle and we are asking each family to donate at least one Easter egg or a gift related to Easter. Could you child please bring this donation to school by **Monday 3 April 2017**. The donations will be made up into Easter Basket prizes. Please drop your donations at the office. There will be a box marked "Easter Donation".

From the 15<sup>th</sup> March, we will be sending home with each student on (1) book of raffle tickets (10 raffle tickets per book). The tickets are 50 cents each, or 3 for \$1.

There will be more tickets available at the office if you wish to sell extra tickets. Please return all tickets (sold or unsold) and the money to the school by **Monday 3 April 2017**.

The raffle will be drawn at Easter Hat Parade at School on **Friday 7 April 2017**. There will be lots of prizes to win, so good luck.

Thank you for your support



**P&C Committee.**



## COMMUNITY NEWS

### Clement Art School

[www.clementart.com.au](http://www.clementart.com.au)

Epping, Eastwood, Chatswood, Burwood,  
Hurstville, Hornsby, Parramatta, Killara

Craft

Drawing

Creative Art

Clay

Painting

Sketching

Email us if telephone line is not be connected



**Tel: 0414435388**

email: [clementartschool@hotmail.com](mailto:clementartschool@hotmail.com)

EPPING Shop 12, 74 Rawson Street (G/F)

BURWOOD Shop 4, 181 Burwood Rd (G/F)

EASTWOOD Suite 9, 225 Rowe St (level 1)

HORNSBY Suite 4, 169 Pacific Hwy (level 1)

PARRAMATTA 4/105 Church Street (level 2)

HURSTVILLE Suite 8, 123 Forest Rd (level 1)

KILLARA Suite J, 680 Pacific Highway (level 1)

CHATSWOOD Shop 75, Oscar St (level 1)

### Cumberland High School

*Excellence in Education*



Experience Excellence at **Cumberland High School's**  
**Open Evening.**

Monday 27 February 2017  
from 6.00pm to 8.00pm

ALL  
WELCOME



Cumberland High School provides an  
extensive range of academic and vocational  
opportunities delivered by our professional,  
experienced and highly committed teachers.

183 Pennant Hills Road Carlingford NSW 2118  
Phone 9871 7718  
[www.cumberland-h.schools.nsw.edu.au](http://www.cumberland-h.schools.nsw.edu.au)

**Narang Bir-Rong is  
looking for Aboriginal  
foster carers.**



**Providing Aboriginal Foster Care  
& Kinship Care since 2008.**

Narang Bir-rong recruits, trains and supports Aboriginal foster  
carers and case manages children and young people in out of  
home care. Narang Bir-rong places Aboriginal children and young  
people in care situations that support their individual identity and  
self-esteem and that meet their social, emotional and behavioural  
needs.

Narang Bir-rong is urgently looking for more Aboriginal carers right  
now. If you would like to know more or are interested in becoming a  
carer please contact us.

Narang Bir-Rong  
Penrith Children's Family Centre



Like us on Facebook  
[facebook.com/narangbirrong](https://facebook.com/narangbirrong)

Phone: (02) 4729 1677  
Website: [narangbirrong.org.au](http://narangbirrong.org.au)



**Barnardos  
Australia**



**Ermington Studio:** The Basement Studio at Riverside Baptist Church,  
Cnr Lawson & Kendall Sts, Ermington (Enter through side door on Kendall St.)

TUESDAY	WEDNESDAY	SATURDAY
4.00 – 5.00pm 10yrs-Teen Ballet \$150/term	3.45-4.15pm 3-5yrs Ballet \$125/term	9.00-9.30am 2-5yrs Funky Jazz/Hip Hop \$125/Term
5.00 – 6.00pm 10yrs-Teen Funky Jazz/Hip Hop \$150/term	4.15-5.15pm 6-9yrs Ballet \$150/term	9.30-10.00am 4-7yrs Acrodance \$125/term
6.30 – 7.30pm Adult Fitness & Dance Class \$150/term \$20/class	5.15 – 6.15pm 6-9yrs Funky Jazz/Hip Hop \$150/term	10.00-11.00am 9-14yrs Lyrical/Contemporary \$150/term
		11.00-12.00pm 8yrs+ Acrodance \$150/term
		12.00-1.00pm Open age Tap \$150/term

See the  
**DANCE  
SENSATION  
INSPIRING  
CLASSES**  
page on our  
website for  
more info on  
each of these  
styles of  
Performing  
Arts.  
**ALSO** we  
have over 30  
more classes  
available at  
our Lane Cove  
North Studios.

**ENROL NOW and JOIN IN THE FUN!** [www.dancesensation.com.au/enrolment/](http://www.dancesensation.com.au/enrolment/)

- Click 'Online Registration' and create an account, enter your details, create a new student and select the class/es you wish to enroll in!
- Dance Sensation is a strong supporter of age appropriate choreography and music. We endeavor to make the Performing Arts enjoyable and uplifting ☺
- \$\$\$ GREAT TERM DISCOUNTS FOR FAMILIES AND STUDENTS ATTENDING MULTIPLE CLASSES**

**Questions? Email [admin@dancesensation.com.au](mailto:admin@dancesensation.com.au)**