

Rydalmere PS framework for teaching online – Early Stage 1

You will need access to a digital device and help from a parent/carer to complete the following activities. Approximate times for each activity will be shared on our Google Classroom.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|--|--|---|---|--|
| Task | Can you dress yourself today? | Can you help make lunch? | Can you make your bed today? | Can you set the table for dinner tonight? | Can you organise your toys or books? |
| Morning | <p>English</p> <p>Visit our Google Classroom to check your sounds for the week. Check your homework folder for your sight words for the week.</p> <p>Play Phonics Pop from ICT games.</p> <p>Write the sounds you popped into your scrapbook or on a piece of paper.</p> <p>Make your sight words or letters out of playdough. If you don't have playdough,</p> | <p>English</p> <p>Practise writing your name in your scrap book or on a piece of paper.</p> <p>Play the ABC match game from Read, Write, Think.</p> <p>Read a book with a parent/carer. Find interesting words in the story and discuss them.</p> <p>Identify all the characters in the story and talk about them with your parent/carer.</p> <p>Verbally describe one of the characters – What</p> | <p>English</p> <p>Watch the Diving Giraffes video from Literacy Shed. Discuss the video with your parent/carer.</p> <p>How many words can you think of that begin with your sounds for the week? Write them down in your scrap book or on a piece of paper.</p> <p>Practise typing your name into our Google Classroom.</p> <p>Create four of your sight words out of a material</p> | <p>English</p> <p>Play Phonics Pop from ICT games.</p> <p>Write the sounds you popped into your scrapbook or on a piece of paper.</p> <p>Pretend you are hosting a big party! What food would you like? What food would your guests like? Draw/write a shopping list and upload to our Google Classroom.</p> | <p>English</p> <p>Play the ABC match game from Read, Write, Think.</p> <p>Read a book with a family member. How did the characters feel in the story? Can you see any of your sight words in the story? Write them in your scrapbook or on a piece of paper.</p> <p>Tell your parent/carer about the story. Who are the characters? What happens?</p> <p>Find a creative way to</p> |

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|---|---|---|
| | <p>practise writing your sight words or find them in a magazine or newspaper and cut them out. Upload a photo of your work to our Google Classroom.</p> <p>Read a book with your parent/carer. Record a video of you retelling what happened in the beginning, middle and end of the story. Upload the video to our Google Classroom.</p> | <p>do they look like? What do they do? What do they like/dislike?</p> <p>Draw this character and write or include labels. Add lots of detail. Upload the image to our Google Classroom.</p> | <p>of your choice, such as pegs, rocks, rice or pasta. Upload a photo of your work into our Google Classroom.</p> | | <p>write your sight words. You might want to write them on the driveway with chalk, use different coloured pencils to write your sight words as many times as you can (rainbow words), or write them onto a whiteboard.</p> |
| Break | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. |
| Middle | <p>Mathematics</p> <p>Watch video about counting to 20 forwards and backwards.</p> <p>Ask someone at home to help you find 20 objects.</p> <p>With the objects, practise counting forwards, saying one number word for each item you count. Count forwards to 20; count</p> | <p>Mathematics</p> <p>Play the matching numbers game from NRich.</p> <p>Number hunt: what numbers can you find in your house? Can you find the numbers from 0 to 20? Find higher numbers if you can. You might find numbers on a remote control or a</p> | <p>Mathematics</p> <p>Practise cutting a piece of paper in half. How do you know that the parts are equal?</p> <p>Go on a 'half hunt' around your house. Take photos of things that are in half. Draw these objects in your scrap book or on a piece of paper.</p> | <p>Mathematics</p> <p>Play the ABCya patterns game.</p> <p>Make a repeating pattern using counters or blocks. Draw your pattern in your scrap book or on a piece of paper.</p> <p>Tell your parent/carer about your pattern.</p> | <p>PDHPE</p> <p>Watch the Fundamental Movement Skills video about catching.</p> <p>Practise throwing and catching a ball with a family member.</p> <p>Draw three ways that you can keep your body healthy.</p> |

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|---|---|---|--|
| | <p>backwards from 20, taking one item away for each number word you say; and try counting forwards or backwards from any starting quantity (for example, you might already have 5 things and you want to start from there).</p> <p>Count how many steps it takes to get from the bedroom to the bathroom and back.</p> | <p>clock. Can you find numbers on shoes, on food in the cupboard or in the fridge? Upload three of the photos to our Google Classroom.</p> <p>Play a board game with a family member, for example Snakes and Ladders.</p> | | | |
| Break | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. | Break – eating time and free time with no screens. |
| Afternoon | <p>Imagine</p> <p>Your task is to design and create a cubby house that will fit in a room inside your house. Check with the people you live with about the best place to make this.</p> <p>Dream big! Create an artwork of your ultimate cubby house. Use the materials you have available and whichever</p> | <p>Plan</p> <p>Go on a material hunt in your house! What can you collect to make your cubby house tomorrow? For example, a pillow and a sheet or blocks. Ask a family member if they think you have chosen suitable materials and objects.</p> <p>(Science and Technology)</p> | <p>Create</p> <p>Ask a family member to help create your cubby house with you.</p> <p>What shape is your cubby house? Were the materials suitable? Is the cubby house large enough for you to crawl inside?</p> <p>(Science and Technology and</p> | <p>Refine</p> <p>How can you make your cubby house a special place for you and a family member to enjoy? What can you put inside the space (for example, family photos)? What does your family like to do together?</p> <p>(Geography and History)</p> | <p>Present</p> <p>Write a sentence about your cubby house.</p> <p>Take a photo or a short (10 second) video of your cubby house. Use different angles, filters or colours such as black and white or bright colours in your photo app on a device.</p> <p>(Creative Arts)</p> |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---------------------|----------|--|
| <p>form or technique you would like, including collage, sculpture, painting or drawing with pencils, textas or crayons. Make sure you use your equipment safely and respectfully, and always clean up after yourself!</p> <p>Take a photo of your artwork and try using different angles, filters or colours such as black and white or bright colours in your photo app on a device. Upload a photo of your artwork to our Google Classroom.</p> <p>(Creative Arts)</p> | <p>Look at your artwork and the materials that you have gathered, draw a design plan of the cubby house that you will build tomorrow. Label your plan.</p> <p>(Science and Technology)</p> | <p>Mathematics)</p> | | <p>Enjoy playing in your cubby house over the weekend!</p> |