

Weekly Bulletin

Google Classroom

If you are not already on Google classroom our code is:

3 Pink: yecky5k

3/4 Blush: wwwclwq

We will use this to post our Weekly Timetable and monitor student attendance. An attendance question will be made available from 9:00am each day and it needs to be submitted before 3:00pm of that day to ensure your child is marked as attending online learning for that day.

Submitting work on Google Classroom

Each week you will be assigned one task, this will be a Google Doc that is blank called "Week 3 Completed Work". This document can be used to type any work you complete or insert pictures of completed work. Teachers will be able to access and support you with your work in this document throughout the week.

Please only "turn in" your work on Friday once you have completed everything otherwise you will not be able to access it again.

Printing

There is no expectation that families print any of the resources from the timetable/Google Classroom. Students can complete tasks digitally on their assigned Google Doc for the week or via paper and upload photos to their Google Doc.

Zoom Meet Up

Our Zoom meet up will be on Wednesday at 3P 10:30am and 3/4B 12:30pm. Please make sure you have practiced joining Zoom before then to ensure you are able to get on. Attached below are steps to assist you with this. The link for our Zoom is:

3P- <https://nsweducation.zoom.us/j/69784443839?pwd=a1hWYVIMYVNNYWQyUHFFQ0Y1bG55dz09> Meeting ID: 697 8444 3839 Passcode: 3Pink

3/4B- <https://nsweducation.zoom.us/j/6566393407?pwd=U0t4ZUdEYmNtWnNHamRueWpSaHIDUT09> Meeting ID: 656 639 3407 Passcode: 34B

Science and History

Once you have completed your Science or History work for the week, please notify Mr Quach (for Science) or Miss Macris (for History) by writing a brief comment indicating you have finished in the private comments section. This will greatly assist Mr Quach and Miss Macris in viewing your work and providing feedback in a timely manner.

EDUCATION WEEK -26th-30th July: Lifelong Learners

To celebrate Education Week, join the NSW Department of Education's virtual celebration. Visit <https://education.nsw.gov.au/public-schools/education-week/ed-week-events> to see the virtual events schedule. We would like as many students to join in and watch the Education Week launch live stream on Monday 26th July at 10am. #EdWeek21 #LoveWhereYouLearn

Yr 3 & Yr4
T3 W3 Monday

Tuesday

Wednesday

Thursday

Friday

Morning

English

Writing- Our persuasive writing topic is "Team Sports are better than Individual Sports". Start planning your story using the OREO planning template.

Reading-Read your assigned book on Wushka aloud. If you are unsure of what any words mean write them down to check with an adult.

Spelling- Choose 10 sight words from your sight word grid as your spelling words for the week. Write out your chosen words and choose one activity from the spelling grid to complete.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

English

Writing- Continue your writing task from yesterday. You will need to start writing your introduction (paper or typed). Then write your persuasive paragraph 1 and 2 using your OREO planning sheet.

A video to remind you of how to write an attention grabbing introduction:
<https://youtu.be/iTRYymgKxMM>

A video to remind you of how to write a persuasive paragraph:
<https://youtu.be/nh5oEotTAqA>

Grammar- Sentence a Day. See below for work.

Reading- Read your assigned Wushka book

Zoom Check In
3P: 10:30am
3/4B: 12:30pm

English

Writing- Finish off your persuasive text today with paragraph 3 and your conclusion. Once you have finished read through it carefully checking for spelling mistakes and punctuation.

A video to remind you of how to write a conclusion:
<https://youtu.be/E2zsMceMlLw>

Grammar- Sentence a Day. See below for work.

Reading- Read your assigned Wushka book aloud. Complete one of your task cards.

Optional: Watch Education Live at 10:00am

English

Writing- Now it is time to publish your persuasive text! If you have an adult to help you get them to read and check your work. Re-write your text using neat handwriting and add some pictures to make it interesting. Don't forget to leave spaces for paragraphs and add some pictures to make it interesting.

Spelling- Choose two activities from the spelling grid to complete.

Reading- Read your assigned Wushka book aloud. Make sure you are using lots of expression when reading.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

English

Reading- Read your assigned Wushka book aloud. Complete one of your task cards.

Spelling- Choose two activities from the spelling grid to complete.

Handwriting- Write out your spelling words in neat handwriting. Extra: write your words using entries and exits!

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

aloud. Complete your activity sheet.

<https://education.nsw.gov.au/parents-learning-at-home>

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

Break

Middle

Maths

Number- choose a number of the day from the options below and complete the number of the day sheet. Look at the example sheet as a guide- remember to use addition, subtraction, multiplication and division.

Easy	Medium	Hard
30	105	980

Begin to work on Math in Action Task 3- Seat Arrangement! You will have today and tomorrow to complete this task. The maths task is located below.

Maths

Number- choose a number of the day from the options below and complete the number of the day sheet. Look at the example sheet as a guide- remember to use addition, subtraction, multiplication and division.

Easy	Medium	Hard
21	118	758

Complete Math in Action Task 3- Seat Arrangement! from yesterday.

Maths

Number- choose a number of the day from the options below and complete the number of the day sheet. Look at the example sheet as a guide- remember to use addition, subtraction, multiplication and division.

Easy	Medium	Hard
42	130	765

Multiplication- practise your 3 and 6 times tables. Write them out and say them aloud. If you are familiar with them, practise the related division fact.
E.g. $6 \times 3 = 18$
 $18 \div 3 = 6$

Health

Maths

Number- choose a number of the day from the options below and complete the number of the day sheet. Look at the example sheet as a guide- remember to use addition, subtraction, multiplication and division.

Easy	Medium	Hard
60	140	920

Begin to work on Math in Action Task 4- Playdate Fun. You will have today and tomorrow to complete this task. The maths task is located below.

Maths

Number- choose a number of the day from the options below and complete the number of the day sheet. Look at the example sheet as a guide- remember to use addition, subtraction, multiplication and division.

Easy	Medium	Hard
56	230	1012

Complete Math in Action Task 4- Playdate Fun from yesterday.

			<p>The password for all of these videos is: safety</p> <p>Watch - Video 7: Crossing the road (3:26) https://vimeo.com/453528500</p> <p>Answer these questions out loud:</p> <p>Q1. Name all the steps we take when crossing the road.</p> <p>Q2. Explain what you would do at each of the STOP LOOK LISTEN & THINK steps.</p> <p>Q3. Why does holding hands with an adult when crossing the road increase your safety?</p> <p>Q4. Why is it important to wait for cars to stop before you start to cross the road?</p> <p>Complete Page 3 in your Road Safety Booklet.</p>		
Break					

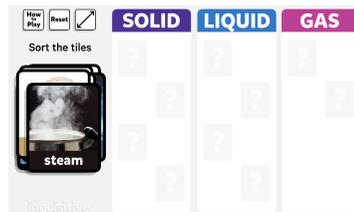
Afternoon	<u>Science</u>	<u>History</u>	<u>Sport/fitness</u>	<u>Creative Arts</u>	<u>Wellbeing</u>
	<p>We have finished all the lessons on the 'Earth, Sun and Moon' (Year 3) and 'Earth's Changing Surface' (Year 4).</p> <p>This week we are starting on a new unit called 'Changes of State'. There are 2 activities for you to do this week.</p> <p><u>Activity 1</u></p> <p>Everything around us is made of matter. Solids, liquids and gases are the three main states of matter.</p> <ol style="list-style-type: none"> 1. Please click here to watch the video called 'Solids, Liquids, Gases'. 2. After you have watched the video, please open your 'Week 3 Completed Work' Google Doc and type the following 3 headings: <ol style="list-style-type: none"> a. Solids b. Liquids c. Gases 3. Under each 	<p>Guide your research of who the Highway Men were in the 1700s and why they existed by clicking on this link. https://www.inquisitive.com/guided-research/1454-highway-men (if you do not have access to the internet use the task sheet located further down this document).</p> <p>Read through the information and choose one character to describe and draw on a wanted poster. You must include reasoning, drawings and persuasive language.</p> <p>YOU WANT THIS CRIMINAL BEHIND BARS!</p> <p>Continue reading the comic: Stories of the First Fleet Chapter 2 and write 4 sentences about what you think the characters might be saying or thinking.</p>	<p>Complete the warm up session by clicking this link to get your muscles warmed up. If you are working offline, see below for the warm up instructions. https://www.youtube.com/watch?v=SbFgQarDM50</p> <p>Complete the lesson on the fundamental movement skill-The Side Gallop and cool down yoga poses.</p> <p><i>Instructions are located further down in this document.</i></p> <p>Click the dance fever link and complete the Dance Activity #2- Iconic Mega Mix.</p> <p>https://www.dancefevermultisport.com/remote-learning-1/</p>	<p>Activity 1: Complete the Water Bottle Fish craft activity. <i>Instructions on how to do this are located further down in this document.</i></p> <p>Activity 2: Draw a picture of a fish from memory and colour.</p> <p>Activity 3: Use the following link to complete a directed drawing of a fish. https://www.youtube.com/watch?v=VkFK_2cti7g</p> <p>Upload a photo of your artworks to your weekly google doc in your google classroom.</p>	<p>Choose one activity to complete from the Wellbeing Activity Grid.</p> <p><i>Activity grid is located further down in this document.</i></p>

heading, please list **3** examples of solids, **3** examples of liquids and **3** examples of gases mentioned in the video.

You may use pictures from Google Images (but please label them), or you may simply type out a list of the examples.

Activity 2

1. This second activity is a simple sorting game. Please [click here](#) to launch it. You should see something like this on your screen:



2. The aim of the game is simple: look at each picture and decide if it is a solid, liquid or gas then drag the picture into the correct column.

Repeat this for each picture. If you wish, you may play a second round.

3. When you have finished, get a piece of A4 paper and fold it into 3 columns.
4. Write the headings in each column: SOLID, LIQUID and GAS.
5. Sketch and label all the pictures from the game into the right column.
6. Take a photo of your completed work and add it to the *'Week 3 Completed Work'* Google Doc.

Once you have finished both activities, please write a short comment in the comments section to say you have finished so Mr Quach knows your work is ready to be marked.

OREO

Topic: _____



Opinion

Reasons

1.	2.	3.
<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>

Explanations

1.	2.	3.
<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/>

Opinion Restated

Exits and entries

a b c d e f g h i j k l m
n o p q r s t u v w x y z

Persuasive Writing

Introductions

I think...
For this reason...
I feel that...
I am sure that...
It is certain...
I am writing to...
Of course...
In the same way...
On the other hand...
In this situation...

Making Your Point

Firstly, secondly, thirdly...
Because...
Furthermore...
In addition...
Also...
Finally...
Likewise...
Besides...
Again...
Moreover...
Similarly...
Surely...

Details

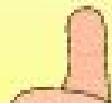
For example...
In fact...
For instance...
As evidence...
In support of this...

Endings

For these reasons...
As you can see...
In other words...
On the whole...
In short...
Without a doubt

Other Words

reasons
arguments
for
against
Unfair
pros
cons



CORE LIST - YEAR 3

weeks	strange	floor	packed	leave
beautiful	that's	person	ring	station
someone	won	people	side	stay
felt	air	straight	watch	try
street	brought	town	city	early
along	finally	across	sudden	voice
high	I'll	asleep	talk	should
hello	than	box	against	large
television	watch	clothes	Australia	course
died	animal	colour	cold	let's
everybody	anything	different	corner	slept
light	bird	dollars	nothing	sure
quickly	book	feet	parents	wouldn't
show	even	own	seen	write
slowly	hair	used	sent	able
space	games	goes	talk	already
everything	hard	rain	train	during

CORE LIST - YEAR 4

one	first	April	suddenly	minute
two	second	May	only	island
three	third	June	through	love
four	fourth	July	why	birthday
five	fifth	August	while	reached
six	sixth	September	small	tried
seven	seventh	October	here	couldn't
eight	eighth	November	few	under
nine	ninth	December	money	behind
ten	tenth	Summer	always	kept
eleven	Monday	Autumn	family	both
twelve	Tuesday	Winter	great	must
thirteen	Wednesday	Spring	it's	ready
fourteen	Thursday	where	right	wasn't
fifteen	Friday	which	finish	week
sixteen	Saturday	more	hour	say
seventeen	Sunday	until	knew	each
eighteen	January	other	o'clock	happen
nineteen	February	white	most	sometimes
twenty	March	know	caught	being
gone	past	hope	everywhere	whole
sea	planet	might	captain	ago
funny	please	war	uncle	but

Each week, choose 10 sight words from the list provided (10 DIFFERENT words each week). These 10 words will be your spelling list for the week. Yes, you can choose 'easy' words, but you won't learn much. We challenge you to choose 10 words that will challenge you. Complete the activities below using these words you have chosen.

Blooms Taxonomy X Gardner's Multiple Intelligences	Verbal-Linguistic I enjoy reading, writing and speaking	Logical/Mathematical I enjoy working with numbers and science	Visual/Spatial I enjoy painting, drawing and visualising	Kinaesthetic I enjoy doing hands-on activities, sports and dance	Musical I enjoy making and listening to music	Intrapersonal I enjoy working by myself	Interpersonal I enjoy working with others
Knowing	Write out your list words in different fonts and sizes	Write out your list words from least amount of letters to most amount of letters.	Create a crossword using your list words.	Make up an action to go with each of your spelling words.	Sing your list words to a simple beat.	List the words that you find hard and easy.	Play Bananagrams with a family member using your list words.
Understanding	Choose 5 list words and use them in a short story.	Use scrabble tiles to figure out the sum of each of your words.	Choose 5 words a draw a picture of each.	Spell your words out loud like when you're in a spelling bee.	Clap and record the syllables in each of your list words.	Complete a look, say, cover, write, check for homework.	Get a parent to test you on your list words.
Applying	Create an acrostic poem for 1 of your list words.	Play spelling dollars to work out the value of your words. a=1, b=2 etc.	Write your words in a rainbow pattern.	Play a game of boggle. (if you don't know what this is google the rules)	Create a tongue twister using one of your list words.	Choose 5 words that you find difficult and write them 5 times.	Choose your favourite word from your list and explain to someone why it's your favourite.
Analysing	Complete a find a word with the list words.	Group your list words according to how many letters they have.	Choose 3 spelling words. Use those letters to make as many words as you can.	Go on a hunt around the house and find words from your list in other texts.	Create words that rhyme with your list words.	Create a word ladder, starting from your shortest words to the longest.	Jumble your words and solve them by writing/typing them un-jumbled.
Creating	Use a dictionary to find the meaning of at least 6 list words.	Place your list words into groups and explain your groupings.	Create a cartoon using a list word.	Write a conversation between 2 people using a list word.	Write a song using your list words.	Organise your words in reverse alphabetical order.	Create a new spelling activity to help someone learn their words.
Evaluating	Write 4 dictation sentences using your list words.	Put your words onto a scale from easiest to hardest.	Create an artwork using one of your list words.	Choose your favourite activity from the grid to complete.	Create a hand clapping chant with a list word - teach it to your family.	Write a story using all of your list words.	Write your list words incorrectly, and have a family member spell them correctly.



Math in Action:

Task 3



Seat Arrangement!

Charles is having a BIG birthday party at his house—in the backyard! He has 32 people coming to the party. They will use chairs and card tables. They have enough chairs for everyone coming and themselves. They need to figure out how many card tables they need. Charles wants the tables pushed together in one long row.

Task:

Determine how many card tables Charles will need for his setup.

- Form a plan.
- Take Action!
- Show all your work!

Extension:

Since you have already done the row setup, what other seating arrangements can you make with these tables and chairs?

Math in Action:

Task 4



Play Date Fun!

Amy invited Tara to come to her house after school on Friday. Amy wanted to make sure they had plenty of time between 3:30pm and 7:30pm. Amy had the idea to make up a list of activities and how much time it takes. Then, they can have a menu of choices!

Task:

Make a list of things they can do.
Make an activity "menu" with times and agenda for the play date!

- Form a plan.
- Take Action!
- Show all your work!

Extension:

Create a menu and agenda for yourself, as if your friend was coming over.

Create a menu and agenda for another block of time, perhaps a weekend day, for your family.

NUMBERS BEFORE:

--	--	--

NUMBER:

--

NUMBERS AFTER:

--	--	--

THE NUMBER WORD IS:

--

- 10

+10

--

--

COUNT IT OUT IN BLOCKS:

--

CIRCLE IT:

ODD

EVEN

TENS

ONES

--

--

NUMBERS BEFORE:

--	--	--

NUMBER:

--

NUMBERS AFTER:

--	--	--

H

T

O

--	--	--

-10

+10

--	--

ODD

EVEN

--	--

SHOW IT WITH BLOCKS:

--

THE NUMBER:

HOW MANY SUMS CAN YOU MAKE WITH THE NUMBER OF THE DAY AS THE ANSWER?

--	--	--

Sentence a Day

Questions: A question is a sentence that asks you something. Remember that a question ends with a question mark (?).

Tuesday- Write questions which you may ask someone in a shop.

1.

2.

3.

4.

Wednesday- Write questions that you may ask a friend before a party.

1.

2.

3.

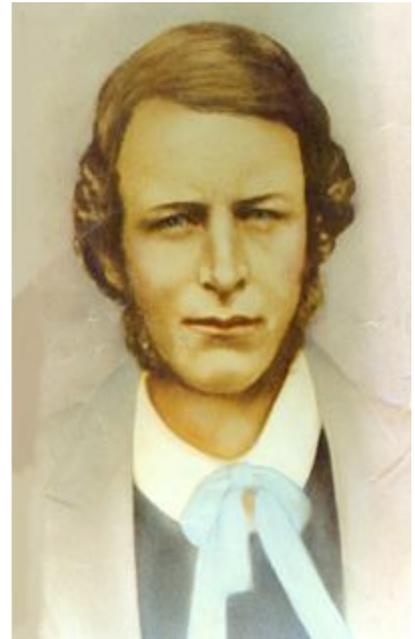
4.

Extra: Create your own rhetorical questions or jokes! (Don't forget to use question marks)

TUESDAY - HISTORY
Activity 1 Task Shee

Ben Hall (9 May 1837 — 5 May 1865) was an Australian bushranger. A bushranger is a thief who roamed the countryside and country towns of Australia, usually escaping on horseback, like a highwayman. Most bushrangers were simply criminals and thieves. Ben Hall is one of the few bushrangers, like Ned Kelly, who were thought of as outlaw heroes.

Ben Hall lived at a time when gold had been discovered in New South Wales and Victoria. Thousands of people went out to the places where gold had been discovered to "seek their fortunes" and hoping to get rich. Like many bushrangers, Ben Hall and his gang robbed coaches that were carrying gold from the goldfields. Ben Hall was able to avoid being arrested by the police for many years because he had many friends | and relatives to help him.



D Turpin (1705 - 7 April 1739) was an English highwayman. He made a lot of money through many criminal activities, such as poaching, burglary, horse theft and murder. He is most famous for 'highway robbery', on his horse, Black Bess. He was eventually captured killed at York Castle in 1739.

Turpin was born in Hempstead, Essex. He was firstly believed to be involved with a gang of poachers, who stole and sold deer that belonged to the King. The rest of his gang were captured and killed in 1735.

After this, Turpin started robbing rich people on the highways between cities. He did not stay in one place, so police could not catch up with him. He robbed people across the South of England. For a while, he tried to hide by calling himself John Palmer.

However, people were suspicious that he had a lot of money, and he was arrested for horse theft. He was charged with this offence and hanged in Knavesmire, York on 7 April 1739



Activity 1 - Wanted Poster



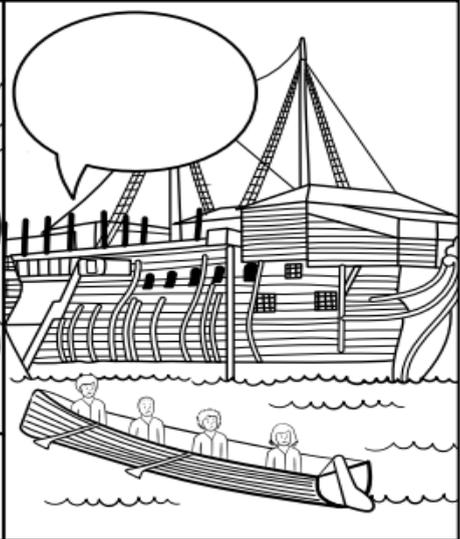
Stories of the First Fleet

Chapter 2

When we left the story, crime was on the rise...and punishments were getting tougher...



The prisons filled. Soon they started to overflow.



Other places had to be found to keep all the prisoners. Some were kept in old ships, called hulks.



Others were sent to work off their sentence in the American colonies, which at that time, were ruled by the British.



But in 1783, America declared independence and would not take any more British prisoners. Britain had to find another place for them.



Eyes turned to Australia, or New South Wales as it was then known. There was plenty of room there. Plus, it would help with building and guarding the British Empire. It was decided to set up a penal colony there.

To be continued...

Answer the road safety questions below



1. Why is a zebra crossing a safe place to cross?

.....

.....

2. Why must you wait for cars to stop before you cross the road?

.....

.....

3. Why is it unsafe to talk on a mobile phone while crossing the road?

.....

.....

4. What will you do? Your friend James bounces his ball along the footpath on the way to school.

.....

.....

5. Write down the instructions for safely crossing the road.

.....

.....

.....

WEDNESDAY- PE

Warm Up (6 minutes)

Get your muscles warmed up by doing a warm up with Joe. Click the link below to watch the video or if you have no internet access, do the following for 5 minutes. <https://www.youtube.com/watch?v=SbFqQarDM50>

40 seconds: Star jumps

20 seconds: Have a break

40 seconds: Running and punching straight out at the same time

20 seconds: Have a break

40 seconds: Frog jumps

20 seconds: Have a break

40 seconds: Squats- up and down

20 seconds: Have a break

40 seconds: Marching on the spot with high knees using opposite elbows to touch opposite knee

Fundamental Movement Skill Focus: The Side Gallop (5 minutes)

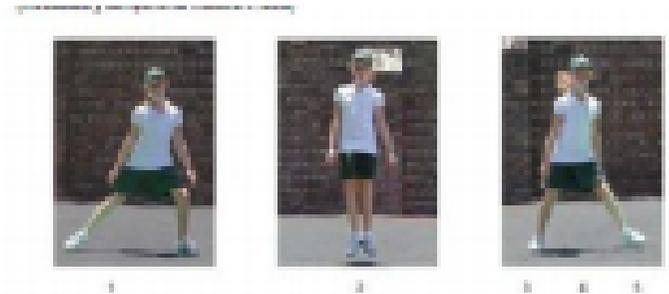
The side gallop is a skill that is used in many sports such as basketball and softball.

Click the link to watch how to perform this skill

<https://www.youtube.com/watch?v=D812EVCdy0w>

Side Galloping with your family (15 minutes)

Hold hands facing a family member and side gallop around in an open space. Practise side galloping in both directions. You might like to put some of your favourite music on so that you can try and side gallop to the rhythm. Take turns to call out the number of side gallops and directions i.e. "three right, four left, one left, five right" etc. Try and do the same but put something on your head to balance like a bean bag, a pillow or a soft toy. Once you are confident with this skill, try to perform it in slow motion and then at high speed.



Follow the leader (15 minutes)

Use chalk to draw lines outside on the ground. If you do not have chalk or can't draw lines, just go up and down the footpath, or up and down your hallway. Try to involve as many people in your family as you can. Line up in a line. Turn your body sideways and side gallop along the lines. When the leader yells change or someone blows a whistle, the leader goes to the end of the line and the second person becomes the leader. If you are playing by yourself, yell 'change' and switch your position so you are facing in the other direction. Continue to side gallop along the lines you have created.

Optional: create a routine with star jumps, side gallops, sprinting and hopping when following the lines you have drawn.

Cool Down (Approximately 10 minutes)

Finish with some yoga poses, hold each pose for 30 seconds each side. See the yoga poses below.

Hold each Yoga Pose for 30 seconds

SUPERHERO YOGA



I am brave.
WARRIOR 1 POSE



I am strong.
WARRIOR 2 POSE



I am peaceful.
PEACEFUL WARRIOR POSE



I am kind.
WARRIOR 3 POSE



I am a superhero!
HALF MOON POSE

© Kids Yoga Stories.

OCEAN YOGA



I am a jellyfish.
STANDING FORWARD BEND



I am a shark.
LOCUST POSE



I am a dolphin.
DOLPHIN POSE



I am a crab.
TABLE TOP POSE



I am a turtle.
TORTOISE POSE

© Kids Yoga Stories

THURSDAY- Creative Arts

Water Bottle Fish

1. Select your water bottle and remove any labels.
2. Draw and colour on the water bottle to make it look like a fish. Textas, sharpies or paint work the best.
3. Add eyes, scales, stripes, polka dots or any design along the body.
4. The spout of the water bottle becomes the mouth and can be coloured as well.
5. Cut off the end (the bottom) of the water bottle using scissors.
6. Staple the end of the water bottle together with some pieces of tissue paper and/or feathers. You can staple leaves if you have no access to feathers or coloured paper.



FRIDAY

<i>Choose an activity to complete on Wellbeing Fridays</i>			
Create a treasure hunt with a map and clues.	Make the alphabet from sticks or other natural items.	Build a fort using cushions and blankets.	Make dinner for your family.
Make your name or words out of recycled materials.	Write instructions to make a sandwich and let someone follow them.	Write your own book, including drawings and a cover.	Invent your own musical instrument.
Pick a word and see how many other words you can make from it.	Draw your own comic book.	Freeze a small toy or coin in water and make a time-lapse video of it melting.	Put different amounts of water in glass containers and tap them gently to make music.
Make paper aeroplanes.	Put some dirty coins in vinegar and see what happens.	Learn different bird calls.	Use playing cards to build a tower as high as you can.
Observe the moon each night and take pictures to make a time-lapse video.	Use a tape measure and measure items around your home. Draw and label these items.	Build a model city with items from your home.	Make a mini-golf course.
Paint rocks with motivational and encouraging words.	Invent a board game using small bottle lids or other small items as pieces.	Draw a detailed map of your home.	Look at the clouds and draw what you see.
Sit in your backyard, front yard or somewhere in your home and just listen. What can you hear? What is the closest sound you can hear? What is the furthest sound you can hear? Can you hear your own breathing?	Discuss with an adult why it is important that we keep our passwords safe. Can you think of 5 ways you can be a Safe Cyber Citizen? Discuss or list them.	Teach someone in your family how to do something on your device. It might be using an APP, playing a game or even taking a photo using a special filter.	List 10 ways you can be a responsible helper in your home. Think of a job/activity you would like to help with at home. Write down or discuss with an adult at home why you would be the best person for this job.
Talk to an adult at home about something you are proud of that you have achieved. Remember to listen, encourage and celebrate other people's success along with your own.	Choose a family member and write down or draw pictures of all the things you love about them. Using your list, write a letter or draw a picture telling them how much you love and why you respect them.	What are some kind words others have said to you? What are some kind words you have said to others? Write them down. Create a poster to display in your home for your family about being kind.	Search for an inspirational quote that will motivate you while you are learning from home. Get creative by making a poster of your quote and stick it somewhere you can see it while you complete your school work to help keep you motivated.
Role play and practise different ways of using your manners with a family member (eg when asking to use something, politely interrupting someone). You might like to video yourself so you can watch your role play together afterwards.	Draw or build a robot. You can build a robot out of blocks, lego or cardboard boxes. What would your robot be able to do?	Go outdoors and play a game and do some physical exercise either by yourself or with your family. Example: hopscotch, basketball, soccer, gymnastics, netball, skipping, ride your bike/scooter.	Visit https://www.youtube.com/user/cosmickidsyoga and choose an episode of cosmic kids yoga.
Visit https://storylineonline.net/ and listen to a story.	Visit Arts for Kids Hub online and choose a video to complete an instructional drawing.	With an adult, make playdough or slime.	Play a board game or card game with your family.