

Weekly Bulletin

Google Classroom

If you are not already on Google classroom our code is:

K Purple: [rgfiifl](#)

K Blue: [k7xdjt2](#)

We will use this to post our Weekly Timetable.

Submitting work on Google Classroom

Each week you will be assigned one task, this will be a Google Doc that is blank called "Week 4 Completed Work". This document can be used to type any work you complete or insert pictures of completed work. Teachers will be able to access and support you with your work in this document throughout the week.

Please only "turn in" your work on Friday once you have completed everything otherwise you will not be able to access it again.

Printing

There is no expectation that families print any of the resources from the timetable/Google Classroom. Students can complete tasks digitally on their assigned Google Doc for the week or via paper and upload photos to their Google Doc.

Science

Once you have completed your Science work for the week, please notify Mr Quach (science teacher) by writing a brief comment indicating you have finished in the private comments section. This will greatly assist Mr Quach in viewing your work and providing feedback in a timely manner.

Zoom Meet Up

Our Zoom meet up will be on Wednesday. K Purple will be at 9:00am and K Blue will be at 12:00pm. Please make sure you have practiced joining Zoom before then to ensure you are able to get on. Attached below are steps to assist you with this. The link for our Zoom is:

K Purple: <https://nsweducation.zoom.us/j/66385971365?pwd=U2EzT2hTV1phb2J4TnZMQlcyZ0o4QT09> Meeting ID: 663 8597 1365 Passcode: kp

K Blue: <https://nsweducation.zoom.us/j/62087509605?pwd=K3ZGcmVPUXN5WGNIeUttNVN5aDBLdz09> Meeting ID: 620 8750 9605 Passcode: kb

**K Purple Zoom Meet up:
9:00am**

**K Blue Zoom Meet up:
12:00pm**

Morning	<u>English</u>	<u>English</u>	<u>English</u>	<u>English</u>	<u>English</u>
<p>Writing- Watch the lesson for Monday (Lesson 1). You can find the lesson in the Week 4 folder on Google Classroom under the material titled 'Week 4 Writing Lessons'. Today you will be writing a recount about your weekend.</p> <p>Spelling- Choose five of your sight words from the list provided. These will be your spelling words for the week. On the Tic Tac Toe grid, choose two squares to complete plus the middle square. Use your five words to complete the activities.</p> <p>Reading- Logon to Wushka and listen to your reader for Monday and Tuesday. Then practice reading it by yourself.</p>	<p>Writing- Watch the lesson for Tuesday (Lesson 2). You can find the lesson in the Week 4 folder on Google Classroom under the material titled 'Week 4 Writing Lessons'. Today you will be learning about informative texts.</p> <p>Handwriting- Practise writing the letter Rr. Use the handwriting video to help you write correctly: https://www.youtube.com/watch?v=3tosPHV0Uro</p> <p>How many words can you think of beginning with 'r'? Write them down.</p> <p>Optional extension (see video for examples): Write words with the letter 'r' in them. Make pictures using your letters.</p>	<p>Writing- Watch the lesson for Wednesday (Lesson 3). You can find the lesson in the Week 4 folder on Google Classroom under the material titled 'Week 4 Writing Lessons'. Today you will be learning about informative texts.</p> <p>Spelling- On the Tic Tac Toe grid, choose two squares to complete plus the middle square. Use your five words to complete the activities.</p> <p>Reading- Logon to Wushka and practice reading your reader for Wednesday and Thursday by yourself. After reading, complete the quiz.</p> <p>Shared Reading- Listen to the story <i>Belinda</i> By Pamela Allen:</p>	<p>Writing- Watch the lesson for Thursday (Lesson 4). You can find the lesson in the Week 4 folder on Google Classroom under the material titled 'Week 4 Writing Lessons'. Today you will be writing your Sentence a Day.</p> <p>Handwriting- Practise writing the letter Oo. Use the handwriting video to help you write correctly: https://www.youtube.com/watch?v=AmVZap0oncA</p> <p>How many words can you think of beginning with 'o'? Write them down.</p> <p>Optional extension (see video for examples): Write words with the letter 'o' in them. Make pictures using your letters.</p>	<p>Writing- Watch the lesson for Friday (Lesson 5). You can find the lesson in the Week 4 folder on Google Classroom under the material titled 'Week 4 Writing Lessons'. Today you will be writing your Sentence a Day.</p> <p>Spelling- On the Tic Tac Toe grid, choose two squares to complete plus the middle square. Use your five words to complete the activities.</p> <p>Reading- Read something you have in your house for 10 minutes before you take a break.</p> <p>If you have access to the Internet, you may listen to a story of your choice online:</p>	

After reading, complete the quiz.

Shared Reading- Listen to the story *Belinda* By Pamela Allen:
<https://vimeo.com/418373845>

Today you will focus on listening to the story. Talk to someone in your house about what you liked about this story.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

Reading- Logon to Wushka and practice reading your reader by yourself. After reading, complete the comprehension activity in the Wushka slides.

Shared Reading- Listen to the story *Belinda* By Pamela Allen:
<https://vimeo.com/418375702>

Today you will focus on thinking aloud while reading.

Answer these questions with someone in your house:

- I wonder why Bessie went to visit her daughter in the city? I wonder what Bessie's visit involved? Did they go out for the day?
- What other jobs are there to do on a farm?
- Describe Old Tom's personality. What clues lead you to think this?

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov>

<https://vimeo.com/418373845>

Today you will focus on vocabulary.

Talk to someone in your house about some new words you have learnt from the story.

Write them on a piece of paper or in a workbook you have at home. Draw a picture next to the words to show their meaning.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

Reading- Logon to Wushka and practice reading your reader by yourself. After reading, complete the comprehension activity in the Wushka slides.

Reading- With a family member, read something you have in your house for 10 minutes before you take a break.

If you have access to the Internet, you may listen to a story of your choice online:
<https://iview.abc.net.au/show/play-school-story-time>

Tell someone in your house what you liked about this story.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

<https://iview.abc.net.au/show/play-school-story-time>

Tell someone in your house what you liked about this story.

Optional: Watch Education Live at 10:00am
<https://education.nsw.gov.au/parents-learning-at-home>

		au/parents-learning-at-home			
Middle	<p><u>Maths</u></p> <p>Work your way through the material called <i>Week 4 - Math Lessons</i>. You will complete the activities for Monday - Lesson 1. You can find the Lesson in the Week 4 folder on Google Classroom under the material titled '<i>Week 4 Math Lessons</i>'</p>	<p><u>Maths</u></p> <p>Work your way through the material called <i>Week 4 - Math Lessons</i>. You will complete the activities for Tuesday - Lesson 2. You can find the Lesson in the Week 4 folder on Google Classroom under the material titled '<i>Week 4 Math Lessons</i>'</p>	<p><u>Maths</u></p> <p>Work your way through the material called <i>Week 4 - Math Lessons</i>. You will complete the activities for Wednesday - Lesson 3. You can find the Lesson in the Week 4 folder on Google Classroom under the material titled '<i>Week 4 Math Lessons</i>'</p> <p><u>Health</u></p> <p>The password for all of these videos is: safety</p> <p>Watch - Video 6: How to fit your helmet (4:10) https://vimeo.com/449243360</p> <p>DO: Practice putting on a real or imaginary helmet following the steps:</p> <ol style="list-style-type: none"> 1.Place two fingers on your forehead, just above your eyebrow, and slide your helmet down to touch 	<p><u>Maths</u></p> <p>Work your way through the material called <i>Week 4 - Math Lessons</i>. You will complete the activities for Thursday - Lesson 4. You can find the Lesson in the Week 4 folder on Google Classroom under the material titled '<i>Week 4 Math Lessons</i>'</p>	<p><u>Maths</u></p> <p>Number: Complete our 'Today in Numbers' which is located further down in this document.</p> <p>Choose two activities to complete from the Maths Choice Board. <i>The Maths Choice Board is located further down in this document.</i></p> <p>Optional Extension: Complete the Two Dice activity which is located further down in this document. Upload your results as a photo to your weekly Google Doc.</p>

			<p>2. Check that the V on each side is underneath each ear</p> <p>3. Clip your helmet and check you can get two fingers beneath your chin and the strap</p> <p>Q1. What does the "wiggle test" of your helmet tell you after you have put on your helmet?</p> <p>Q2. What kind of damage to a helmet should you look out for?</p> <p>Complete Page 10 & 11 in your Road Safety Booklet.</p>		
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<p>Afternoon</p>	<p><u>Science</u></p> <p>There are 2 activities for you to do this week.</p> <p>This lesson we are focusing on the two motions of <i>pushing</i> and <i>pulling</i>.</p> <p><i>Pushing</i> is when you move an object <i>away</i> from you, while <i>pulling</i> is when you bring an object <i>towards or closer</i> to you.</p> <p>Activity 1</p> <ol style="list-style-type: none"> 1. Click here to watch the video 'Push and Pull for Kids' <p>URL: https://www.youtube.com/watch?v=-lOyW3pEUl0</p> <ol style="list-style-type: none"> 2. Discuss whether each scenario is <i>pushing</i> or <i>pulling</i>. <p>Activity 2</p> <ol style="list-style-type: none"> 1. Collect a variety of items (up to 10) around your home that can be <i>pushed</i> or <i>pulled</i>. <p>Some examples include: A ball, a toy car, socks,</p>	<p><u>History</u></p> <p>Watch the video about celebrations: https://www.inquisitive.com/video/974-celebrations-song</p> <p>Everyone loves to celebrate. Talk about the things you and your family celebrate.</p>  <p>Sometimes families do special things when they celebrate. These are called traditions. Read the ebook to see what traditions these children are following: https://drive.google.com/file/d/1R98fokDYPuySPF2ccnxbxDDLn7TU_TqF/view?usp=sharing</p> <p>Birthdays also have many traditions. Watch the video and tell a family member all the birthday</p>	<p><u>PE/fitness</u></p> <p>Complete the warm up session, lesson on the fundamental movement skill-The Skip and the cool down stretches.</p> <p><i>Instructions are located further down in this document.</i></p> <p>Click the dance fever link and complete the Dance Activity #3- Robotics</p> <p>https://www.dancefevermultisport.com/remote-learning-1/</p>	<p><u>Creative Arts</u></p> <p>Composing Music</p> <p><i>Your music lesson instructions are located further down in this document.</i></p>	<p><u>Wellbeing</u></p> <p>Choose one activity to complete from the Wellbeing Activity Grid.</p> <p><i>Activity grid is located further down in this document.</i></p>
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gloves, a pop top drink bottle, clothes pegs and some Blu Tack.

2. Take a photo of all the items you have gathered for this activity.
3. With a partner, work together to move the items either with a *push* or a *pull*. Discuss what you *pushed* and what you *pulled*.
4. Upload your photo into the 'Week 4 Completed Work' Google Doc.
5. Write two headings below the photo - **Push** and **Pull**
6. List the items you have used under the correct heading.

Once you have finished both activities, please write a short comment in the private comments section to say you have finished so Mr Quach knows your work is ready to be marked.

traditions you see and hear:

<https://www.inquisitive.com/video/975-birthday-traditions>



Activity: Write or draw some traditions that you have for your birthday.

Activity: Sometimes families have their own celebrations and traditions. Write or draw about a celebration which is special to your family.

Kindergarten Sight Words

the	of	and	to	a	in	that	is	was	am
he	for	it	with	as	his	on	be	at	run
by	I	this	had	not	are	but	or	can	no
down	up	an	they	look	you	girl	boy	we	if
all	mum	dad	did	my	see	stop	go	her	little
big	red	play	him	been	has	will	from	have	she
me	like	cat	dog	school	love	jump	walk	skip	my
baby	brother	sister	shop	good	went	got	friend	here	comes
where	over	there	some	out	their	house	said	not	yes
made	birthday	party	get	here	book	saw	when	children	says

Spelling Tic Tac Toe

Instructions: Each day, choose two squares to complete plus the middle square which is a **must** do. The two squares you choose should allow you to win tic, tac, toe by making a straight or diagonal line of three. There are four different ways to win this game - try a new way each day.

Each week, choose 5 sight words from the list provided (5 DIFFERENT words each week). These 5 words will be your spelling list for the week. Yes, you can choose 'easy' words, but you won't learn much. We challenge you to choose 5 words that will challenge you. Complete the activities below using these words you have chosen.

Write the words and circle all of the vowels. a, e, i, o, u	Write out your words in fancy writing.	Write out your entire list end-to end as one long word, using different colours for different words.
Make up two sets of your words using scrap paper and play a game of snap.	Write your words three times each day in your best handwriting. ** MUST DO**	Play spelling tennis with your family. Choose a word and take turns spelling it letter by letter until the word is completed.
Write short sentences using your spelling words.	Write your words forwards and backwards. Example: bump - pmub	Ladder Words- Write each spelling words as shown below: Example: exit e ex exi exit

Here's how to fit your helmet



Let's practise fitting your helmet

Step 1:
Let's practise fitting your helmet.



Step 2:
Only two fingers must fit between your eyebrows and the helmet.



Replace your helmet if the strap is frayed.

Step 3:
Make sure the strap forms a V just below each ear. Only two fingers must fit between the strap and your chin.



Your helmet must stay on your head in a crash.

Make sure your strap isn't too loose.

Adjust the strap to make a V just below your ears to keep the helmet on your head.



Why is this girl unsafe?



Instructions

1. Draw a helmet on the girl's head.
2. Draw both hands on the handlebars.
3. Colour in her clothes so she can be easily seen.

Online evaluations

Teachers and students, ask your Contact Teacher for the survey links to tell us your thoughts about the program and what you have learned.

WEDNESDAY- PE

Fundamental Movement Skill Focus- The Skip

Warm Up (8 minutes)

Get your muscles warmed up by doing a warm up with Joe and Alfie. Click the link <https://www.youtube.com/watch?v=EXt2jLRlaf8>. If you are working offline, go for a jog around the house to get your muscles warmed up.

The Skip (2 minutes)

Skipping is a rhythmical locomotor skill used in many children's games. It is also fundamental footwork in sports such as dance, basketball and netball. Click the link to see how to perform this skill. <https://www.youtube.com/watch?v=AjGHUMnb3Zc>

Skipping with your family (15 minutes)

Hold hands facing a family member and skip around in an open space. You might like to put some of your favourite music on so that you can try and skip to the rhythm. Take turns to call out the number of skips and directions i.e. "three right, four left, one left, five right" etc. Try and do the same but put something on your head to balance like a bean bag, a pillow or a soft toy.

Follow the leader (15 minutes)

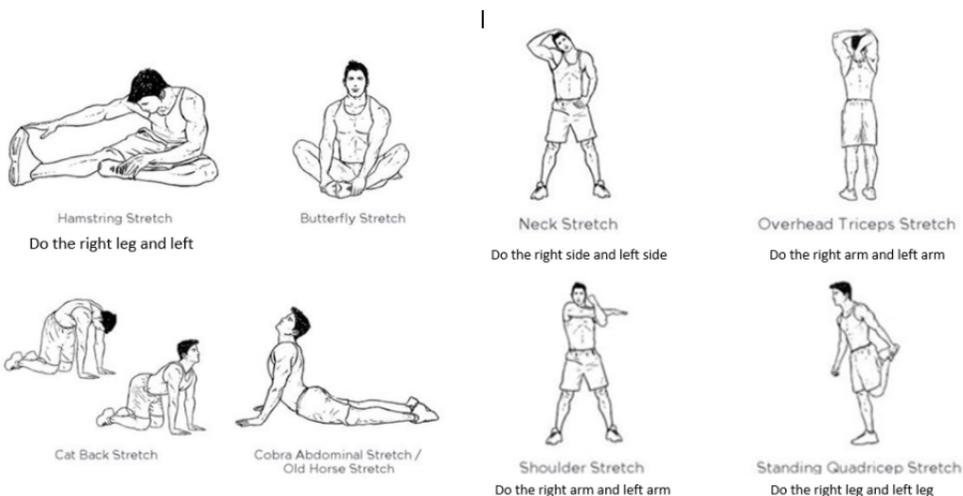
Use chalk to draw lines outside on the ground. If you do not have chalk or can't draw lines, just go up and down the footpath, or up and down your hallway. Try to involve as many people in your family as you can. Line up in a line and skip along the lines. Make sure you leave space between each other. When the leader yells change or someone blows a whistle, the leader goes to the end of the line and the second person becomes the leader. If you are playing by yourself, yell 'change' and switch your position so you are facing in the other direction. Continue to skip along the lines you have created.

'North, South, East and West' (Approximately 10 minutes)

Show children where north, south, east and west are in relation to the play area. You might like to draw with chalk on the ground these directions or use post it notes to mark the directions and place them in the correct area. One person calls out a direction and the children move to that direction by skipping.

Cool Down (Approximately 10 minutes)

Complete the Post-Workout stretches and hold each pose for 30 seconds.



THURSDAY: Creative Arts: Composing Music

Activity 1: Loud and Soft Sounds

This activity could be done on paper or directly into your google doc as a table. Fold a piece of paper in half and look for sounds around your house or classroom. Draw pictures or write a list of things that make loud sounds in one half, and things that make quiet sounds in the other half. Label one side "loud" and the other side "soft". If you have completed this on paper, upload a photo of this to your weekly google doc. Watch this link to help you understand loud and soft sounds

<https://www.youtube.com/watch?v=76FxEfcdSw>

Activity 2: Using symbols to represent loud and soft sounds

Use a small star to represent soft sounds and a big star to represent loud sounds. Using the 6 boxes below, place a star in each box to create a musical score. You can create any pattern with big and small stars.

Example

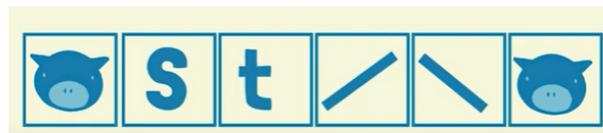
*	*	*	*	*	*
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Now that you have your musical score written, choose items from activity 1 that make loud and soft sounds.

Activity 3: Using graphic notation: Online students only

Watch the following link <https://www.youtube.com/watch?v=INYT2tgFLVY> about composing with graphic notation. If you do not have access to a computer, read the instructions further below that is labelled Activity 3: Offline students. After watching the link use the 6 boxes below to draw sounds to create a musical composition like the example used in the link. You can create any symbols or pictures, as long as you know what they mean. If you can, upload a video of you playing your composition of music to your weekly google doc.

Example:



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If you are working online- you have completed your music lesson for today.

OPTIONAL:

Use graphic notation to complete more musical compositions. Try to make your musical score go for 12 boxes.

Activity 3: Using graphic notation: Offline students only

1. We can make sounds represented by symbols or pictures. For example: in these boxes you have the following symbols. When you see the symbol you make that sound out aloud with your voice. Practise using your voice to make the sounds of these symbols.

 make an 's' sound.
  make a 't' sound
  make a pig sound
  make a sound that starts low and goes higher
  make a sound that starts high and goes lower

Now all the symbols have been placed in a pattern or sequence. This is called a composition. Follow the symbols by making these sounds with your voice.



Create your own musical composition by using graphic notation. Draw your own pictures in these boxes that represent the sound you are going to make. Once you have drawn your symbols, practise playing this. Perform your musical composition to someone at home.

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If you are working offline, you have completed your music lesson today.

OPTIONAL:

Use graphic notation to complete more musical compositions. Try to make your musical score go for 12 boxes.



Today in Numbers!



Today is: Friday



How many letters?



It is the

1st 2nd 3rd 4th 5th 6th 7th

...day of the week!

The month is:

It is the _____ month!

The season is:



Summer



Autumn



Winter



Spring

We have ...



...birthdays this month

FRIDAY - MATHS CHOICE BOARD

<p>Practise writing all the ways you can make 10. (e.g. $1 + 9 = 10$) Draw picture to make sure you have all 10</p>	<p>Draw picture to solve these sentences: 5 take away 2 is__. 10 take away 5 is__. 8 take away 6 is__.</p>	<p>The teacher has 10 cookies. She shares 4 of them with a friend. How many cookies does she have left?</p>	<p>Fill in the missing numbers: __41__43__ 45__47__49__</p>
<p>Count how many ice cubes are in your freezer. Draw a picture and write to show how many.</p>	<p>Go on a shape scavenger hunt around your house. Draw all of the things you can find that are triangular.</p>	<p>I have 20 students and 16 pieces of chalk. How many more pieces of chalk do I need so everyone has a piece? Draw a picture to solve.</p>	<p>Practise writing your numbers by 10's up to 120.</p>
<p>Find the missing numbers. Draw pictures to help solve. $2 + _ = 12$ $_ + 3 = 6$ $10 + _ = 14$</p>	<p>Practise writing your numbers from 0 to 20. Circle all the numbers you would use to count by 2's.</p>	<p>Find four of your favourite toys at home. Draw them in order from heaviest to lightest.</p>	<p>I found 3 coins on the sidewalk. Then my friend gave me 4 more coins. Draw a picture to show how many coins I have all together.</p>
<p>Show all the ways you can make 14.</p>	<p>Practise writing your numbers from 0 to 30.</p>	<p>Go on a magazine scavenger hunt. Cut out 8 pictures that are square shaped. Paste them to make a new picture.</p>	<p>Find 3 containers from your house. Fill each one with water to see how much it holds. Then draw them in order from least to most capacity.</p>

Two Dice



Can you find **ALL** the numbers that can be made by adding the dots on two dice?

You can write the numbers down on the whiteboard.

What is the highest total you could make?

What is the lowest total you could make?

How will you know you've found all the possible totals?

nrich.maths.org/roadshow

FRIDAY

Choose an activity to complete on Wellbeing Fridays

Create a treasure hunt with a map and clues.	Make the alphabet from sticks or other natural items.	Build a fort using cushions and blankets.	Make dinner for your family.
Make your name or words out of recycled materials.	Write instructions to make a sandwich and let someone follow them.	Write your own book, including drawings and a cover.	Invent your own musical instrument.
Pick a word and see how many other words you can make from it.	Draw your own comic book.	Freeze a small toy or coin in water and make a time-lapse video of it melting.	Put different amounts of water in glass containers and tap them gently to make music.
Make paper aeroplanes.	Put some dirty coins in vinegar and see what happens.	Learn different bird calls.	Use playing cards to build a tower as high as you can.
Observe the moon each night and take pictures to make a time-lapse video.	Use a tape measure and measure items around your home. Draw and label these items.	Build a model city with items from your home.	Make a mini-golf course.
Paint rocks with motivational and encouraging words.	Invent a board game using small bottle lids or other small items as pieces.	Draw a detailed map of your home.	Look at the clouds and draw what you see.
Sit in your backyard, front yard or somewhere in your home and just listen. What can you hear? What is the closest sound you can hear? What is the furthest sound you can hear? Can you hear your own breathing?	Discuss with an adult why it is important that we keep our passwords safe. Can you think of 5 ways you can be a Safe Cyber Citizen? Discuss or list them.	Teach someone in your family how to do something on your device. It might be using an APP, playing a game or even taking a photo using a special filter.	List 10 ways you can be a responsible helper in your home. Think of a job/activity you would like to help with at home. Write down or discuss with an adult at home why you would be the best person for this job.
Talk to an adult at home about something you are proud of that you have achieved. Remember to listen, encourage and celebrate other people's success along with your own.	Choose a family member and write down or draw pictures of all the things you love about them. Using your list, write a letter or draw a picture telling them how much you love and why you respect them.	What are some kind words others have said to you? What are some kind words you have said to others? Write them down. Create a poster to display in your home for your family about being kind.	Search for an inspirational quote that will motivate you while you are learning from home. Get creative by making a poster of your quote and stick it somewhere you can see it while you complete your school work to help keep you motivated.
Role play and practise different ways of using your manners with a family member (eg when asking to use something, politely interrupting someone). You might like to video yourself so you can watch your role play together afterwards.	Draw or build a robot. You can build a robot out of blocks, lego or cardboard boxes. What would your robot be able to do?	Go outdoors and play a game and do some physical exercise either by yourself or with your family. Example: hopscotch, basketball, soccer, gymnastics, netball, skipping, ride your bike/scooter.	Visit https://www.youtube.com/user/cosmickid syoga and choose an episode of cosmic kids yoga.
Visit https://storylineonline.net/ and listen to a story.	Visit Arts for Kids Hub online and choose a video to complete an instructional drawing.	With an adult, make playdough or slime.	Play a board game or card game with your family.